

PRODUCT GUIDE

The Powerhouse of Herbs

The Answer to Every Goal



NutraMedix 

INSTRUCTIONS FOR USE

Dosing for all NutraMedix products is based upon an adult weighing 120-170lbs.

Dosing can be adjusted up or down depending on body weight.

- Shake the liquid products well before each use.
- To ensure the proper dosage, dispense drops by holding the dropper at a 45 degree angle.
- Mix the liquid extract with water in a glass, porcelain or paper cup (not Styrofoam, plastic or metal). It is not recommended to use distilled, sparkling or reverse-osmosis water. Let sit for at least 1 minute before drinking (longer is fine – up to 2 days).
- Do not use if pregnant or nursing.
- NutraMedix liquid tinctures can be mixed together in the same 4 oz.(120mL) glass of water
- It is recommended to take all other medications and supplements at least 30 minutes after taking NutraMedix liquid tinctures.

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IMPORTANT!

NutraMedix liquid products contain 20-24% food-grade ethanol for two main reasons. When making the liquid extracts from our raw plant materials, the blend of water and ethanol is key to extract the different desired components from the raw material. Some of these compounds are water soluble and others are ethanol soluble, which allows us to obtain a more complete, full-spectrum extract.

Secondly, this blend of ethanol and water in the finished product allows the liquid extracts to be better absorbed in the body. On a cellular level, the ethanol helps to transport the nutrients into the cells.

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ADRENAL

- Athletic Support
- Adrenal Support
- Antioxidant Support
- Neurological Support
- Stress Management

Do you ever find it difficult to keep up with your desired pace? Keep your head in the game with Adrenal, our proprietary blend of the carefully selected herbs for adrenal support. Our unique formula contains Astragalus, Rhodiola, Ginseng, and Schisandra, all of which work together in harmony to offer you the daily support you're seeking. Derived from nature itself, Adrenal can be taken daily with ease so that you can get back to doing what you love most.



SUGGESTED USAGE:

Put 20 drops in 4 oz. of water and wait one minute before drinking. Take twice daily (10 minutes before breakfast and lunch) or as directed by your physician.

INGREDIENTS:

Proprietary blend: Astragalus root (*Astragalus mongholicus*) extract, Rhodiola root (*Rhodiola rosea*) extract, American Ginseng root (*Panax quinquefolius*) extract, and Schisandra berry (*Schisandra chinensis*) extract

Supplement Facts

Serving Size 20 drops	
Servings Per Container 30	
Amount Per Serving	
Proprietary Blend	1.0 mL*
Astragalus root extract,	
Rhodiola root extract,	
American Ginseng root extract,	
Schisandra berry extract	
*Daily Value not established	
Other ingredients: mineral	
water, ethanol (20-24%)	



*These statements have not been evaluated by the food and drug administration (FDA). These products are not intended to diagnose, treat, cure or prevent any disease.

ALGAS

• Detox Support

Take on the day with the defensive power of Algas. Our unique formula is strategically designed to deliver *Chondracanthus chamissoi*, a type of seaweed found in the Pacific Ocean of South America that may offer detox properties. Algas is a highly bioavailable liquid that can be easily incorporated into any daily routine. Grab hold of nature's powerful arsenal today.



SUGGESTED USAGE:

Put 20-40 drops in 4 oz (120mL) of water and wait one minute before drinking. Take every other day (30 min. before a meal) or as directed by your physician.

INGREDIENTS:

Chondracanthus chamissoi extract

Supplement Facts

Serving Size 40 drops
Servings Per Container 15

Amount Per Serving

Chondracanthus chamissoi extract 2.0 mL*

*Daily Value not established

Other ingredients: mineral water, ethanol (20-24%)



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AMANTILLA™

- Stress Management
- Relax/Sleep Support

Life is busy, and everyday stressors can wreak havoc on your mood and normal routines. Unwind with Amantilla, our daily stress support that contains valerian root extract. Valerian root may promote a sense of calm and support a restful night's sleep. Our unique liquid formula provides easier delivery for those that don't like swallowing pills and can be easily added to your daily or nightly routine.



Valerian
Root Extract

SUGGESTED USAGE:

Mild Stress Support: Put 10 drops in 4 oz. of water and wait one minute. Take 2 to 4 times per day.

Moderate to Maximum Stress Support: Put 10 to 15 drops in at least 2 oz. of water. Take every 15 minutes until feeling better. Can also put 2 droppers full (approximately 60 drops) in at least 16 oz. of water and sip over a 2 hour period, repeating as needed, then switch to 10 drops in 4 oz. of water 2 to 4 times per day for maintenance.

INGREDIENTS:

Valerian root extract

Supplement Facts

Serving Size 30 drops	
Servings Per Container 20	
Amount Per Serving	
Valerian root extract	1.5 mL*
*Daily Value not established	

Other ingredients: mineral water, ethanol (20-24%)

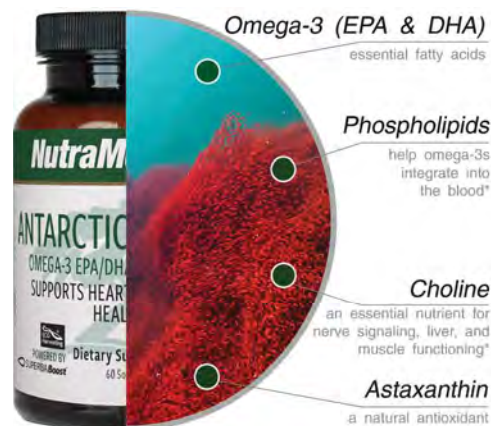
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ANTARCTIC KRILL OIL OMEGA-3 EPA/DHA/ASTAXANTHIN

- Essential Fatty Acid Support • Heart Support
- Skin Support • Neurological Support
- Ocular Support • Joint Support

NutraMedix Superba Boost is 100% traceable, certified sustainable by the Marine Stewardship Council (MSC), and packs a greater nutritional punch when it comes to providing long-chain omega-3 fatty acids (EPA & DHA), phospholipids, choline, and astaxanthin. NutraMedix Antarctic Krill Oil is super absorbent, and when used as a daily supplement, supports brain, heart, joint, and memory health.

Sourced exclusively from the krill species *Euphausia superba* in the pristine waters of the Antarctic ocean, NutraMedix Antarctic Krill Oil is 2.5x more easily absorbed by your body than fish oil.



Suggested Usage:

Take one softgel once or twice daily after a meal or as directed by your physician. Do not use if you are allergic to shellfish, or taking anticoagulant medication.

INGREDIENTS:

Choline, SuperbaBoost® Krill Oil, Phospholipids, Omega-3 Fatty Acids: EPA (eicosapentaenoic acid), DHA (docosahexaenoic acid), Astaxanthin

Supplement Facts

Serving Size 1 Softgel	
Servings Per Container 60	
Amount Per Serving	% Daily Value
Choline	30mg 5%
Superba Boost® Krill Oil	500mg *
Phospholipids	250mg *
Omega-3 Fatty Acids	135mg *
EPA (eicosapentaenoic acid)	75mg *
DHA (docosahexaenoic acid)	35mg *
Astaxanthin	43mcg *

*Daily Value not established

Other ingredients: Gelatin (Bovine), Glycerol, Sorbitol, Water and Ethyl Vanillin
Contains: Crustacean shellfish (Antarctic krill) **GLUTEN, SUGAR & DAIRY FREE**



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AVEA™

- Antioxidant Support
- Cardiovascular Support
- Inflammatory Response Support

Turmeric is an exotic spice that has been deeply rooted in Southeast Asian culture, cuisine, and medicine for centuries. Today, its popularity continues to spread throughout the world as more people discover its ancient benefits. Turmeric may help support balanced moods while promoting a positive response to everyday stressors. Our Avea was carefully formulated to deliver turmeric in a highly bioavailable, liquid form that can be easily incorporated into your daily or nightly routine.



Turmeric
Root Extract

SUGGESTED USAGE:

Put 15 drops in 4 oz (120mL) of water and wait one minute before drinking. May be taken several times per day and at bedtime, or as directed by your physician.

INGREDIENTS:

Turmeric root extract

Supplement Facts

Serving Size 15 drops	
Servings Per Container 40	
Amount Per Serving	
Turmeric root extract	0.75 mL*
*Daily Value not established	

Other ingredients: mineral water, ethanol (20-24%)



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BABUNA™

- Antioxidant Support
- Relax/Sleep Support
- Inflammatory Response Support

Rest is one of the most important parts of your everyday routine and, probably, one of the most neglected. Chamomile flower extract has been used for years around the world for its potential sleep supportive properties. It may also help promote feelings of relaxation. Our Babuna was strategically formulated to deliver chamomile flower extract in a highly bioavailable, liquid form that can be easily incorporated into your desired times of relaxation.



SUGGESTED USAGE:

Sleep Support: Put 30 drops in 4 oz. of water and wait one minute before drinking. Take at bedtime.

Maximum Sleep Support: Put 30 drops in 4 oz. of water and wait one minute before drinking. Take every 30 minutes beginning 2 hours before bedtime for 5 nights.

INGREDIENTS:

Chamomile flower extract

Supplement Facts

Serving Size 30 drops
Servings Per Container 20
Amount Per Serving
Chamomile flower extract 1.5 mL*
*Daily Value not established

Other ingredients: mineral water, ethanol (20-24%)



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BANDEROL™

- Inflammatory Response Support
- Microbial Support

Harness the defensive power of nature with Banderol. Our unique formula was strategically designed to provide *Otoba parvifolia*, a wild- harvested bark from South America that may offer microbial and inflammatory response support. As one of our best-selling products, Banderol is a highly bioavailable tincture that can be easily incorporated into any daily routine.



*Otoba
parvifolia*
Bark Extract

SUGGESTED USAGE:

Put 1 to 30 drops in 4 oz (120 mL) of water and wait one minute before drinking. Start with 1 drop (30 min. before meals) increasing slowly up to 30 drops 2-4 times per day or as directed by your physician.

INGREDIENTS:

Otoba parvifolia bark extract

Supplement Facts

Serving Size 30 drops
Servings Per Container 40

Amount Per Serving	
<i>Otoba parvifolia</i> bark extract	1.5 mL*
*Daily Value not established	

Other ingredients: mineral water,
ethanol (20-24%)



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NutraMedix

BARBERRY

- Antioxidant Support
- Immune System Support
- Gastrointestinal Support
- Microbial Support

Harness the defensive power of nature with Barberry. Our unique formula was strategically designed to provide Oregon Grape Root, which may offer antioxidant, immune gastrointestinal and microbial support. Barberry allows you to tap into nature's powerful arsenal, and this highly bioavailable liquid is an easy addition to your daily routine.



SUGGESTED USAGE:

Put 15 to 30 drops in 4 oz (120 mL) of water and wait one minute before drinking. Take 2-4 times per day or as directed by your physician.

INGREDIENTS:

Oregon grape root extract

Supplement Facts

Serving Size 30 drops
Servings Per Container 20

Amount Per Serving	
Oregon grape root extract	1.5 mL*

*Daily Value not established

Other ingredients: mineral water, ethanol (20-24%)



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BINDER PLUS

- Detox Support
- Antioxidant Support
- Cardiovascular Support
- Prebiotic



Are you looking for healthy elimination support? Help support healthy detoxification, maintain normal intestinal reabsorption, and support healthy elimination with Binder Plus. Our unique formula contains inulin from agave, bentonite clay, zeolite, aloe vera leaf, activated charcoal, fulvic minerals, and chitosan from mushrooms to maintain healthy detoxification and elimination to support a healthy you.

SUGGESTED USAGE:

Take two capsules once or twice daily or as directed by your physician. Do not use if pregnant or nursing. Stop use if adverse reactions develop.

INGREDIENTS:

Proprietary Blend: Zeolite, Activated Charcoal, Inulin, Aloe Vera leaf, Fulvic Minerals, Bentonite, Chitosan from mushrooms



Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

Amount Per Serving	% DV
Proprietary Blend	300 mg
Zeolite, Activated Charcoal, Inulin, Aloe Vera leaf, Fulvic Minerals, Bentonite Clay, Chitosan from mushrooms	

* Daily Value not established

Other ingredients: Vegetable Capsule, Vegetable Magnesium Stearate
GLUTEN, SUGAR & DAIRY FREE



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NutraMedix

BURBUR™

• Detox Support

Kick out what doesn't belong with Burbur. This detox product is derived from the *Desmodium molliculum* plant in South America, which may offer cleansing support and promote your body's healthy detoxification. Our unique formula was strategically designed to deliver this plant's extract in a highly bioavailable, liquid form that can be easily incorporated into your daily schedule. Sourced directly from the jungles of Peru, Burbur has been one of our top selling products year after year.



SUGGESTED USAGE:

Moderate Support: Put 10 drops in 4 oz. of water and wait one minute before drinking. Take 10 drops 3 to 4 times daily. May be taken several times per day as needed.

Maximum Support: Put 10 drops in 2 oz. of water and wait one minute before drinking. Take every 15 minutes as needed. Can also put 4 droppers full (approximately 60 drops) in at least 16 oz. of water and sip over a 2 hour period, repeating as needed.

INGREDIENTS:

Desmodium molliculum leaf extract

Supplement Facts

Serving Size 10 drops	
Servings Per Container 60	
Amount Per Serving	
<i>Desmodium molliculum</i> leaf extract	0.5 mL*

*Daily Value not established

Other ingredients: mineral water, ethanol (20-24%)



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BURBUR PINELLA™

- Detox Support
- Neurological Support

Burbur Pinella's unique detox formula combines the cleansing support properties of *Desmodium molliculum* and *Pimpinella spp.* These plants may contain cleansing properties and support your body's healthy detoxification. Delivered through a highly bioavailable liquid, Burbur-Pinella can be used daily to help fight off unwanted fog. Try it for yourself and see why it's our #1 best-selling product.



SUGGESTED USAGE:

Mild Support: Put 20 drops in 4 oz. of water and wait one minute before drinking. Take 1 to 2 times daily.

Moderate Support: Put 10 drops in 4 oz. of water and wait one minute before drinking. Take 3 to 4 times daily. May be taken several times per day as needed.

Maximum Support: Put 20 drops in 2 oz. of water and wait one minute before drinking. Take every 15 minutes as needed. Can also put 4 droppers full (approximately 120 drops) in at least 16 oz. of water and sip over a 2 hour period, repeating as needed.

INGREDIENTS:

Proprietary Blend: *Desmodium molliculum* leaf extract, *Pimpinella spp.* stems extract

Supplement Facts

Serving Size: 20 drops	
Servings Per Container: 60	
Amount Per Serving	% Daily Value
Proprietary Blend	1.0mL*
<i>Desmodium molliculum</i> leaf extract, <i>Pimpinella spp.</i> stems extract	

*Daily Value not established

Other ingredients: mineral water, ethanol (20-24%)



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NutraMedix

CHANCA PIEDRA STONE BREAKER

- Antioxidant Support
- Immune System Support
- Urinary System Support

Chanca Piedra is derived from a tropical plant, *Phyllanthus niruri*, which may support kidney and gallbladder health. Our unique formula delivers the leaf and stem extract of this wild harvested Peruvian plant through a highly bioavailable liquid that can be easily incorporated into any daily routine.



SUGGESTED USAGE:

Put 1 to 30 drops in 4 oz (120 mL) of water and wait one minute before drinking. Start with 1 drop (30 min. before meals) increasing slowly up to 30 drops 2-4 times per day or as directed by your physician.

INGREDIENTS:

Phyllanthus niruri leaf and stem extract

Supplement Facts

Serving Size 30 drops	
Servings Per Container 20	
Amount Per Serving	
<i>Phyllanthus niruri</i> leaf and stem extract	1.5 mL*
*Daily Value not established	

Other ingredients: mineral water, ethanol (20-24%)



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CONDURA™

• Inflammatory Response Support

Every day, various obstacles can arise that interfere with your level of comfort. Fight back with Condura, our strategically designed herbal formula that delivers Condurango bark extract through a highly bioavailable liquid extract. The properties of this South American bark may promote a more positive feeling to everyday discomforts. Sourced from nature itself, Condura allows you to tap into nature's powerful arsenal as you incorporate this highly bioavailable liquid into your daily routine.



SUGGESTED USAGE:

Put 30 drops in 4 oz (120 mL) of water and wait one minute before drinking. May be repeated several times per day.

INGREDIENTS:

Condurango bark extract

Supplement Facts

Serving Size 30 drops	
Servings Per Container 20	
Amount Per Serving	
Condurango bark extract	1.5 mL*
*Daily Value not established	

Other ingredients: mineral water, ethanol (20-24%)



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CUMANDA™

- Inflammatory Response Support
- Microbial Support

Harness the defensive power of nature with Cumanda. Our unique formula was strategically designed to provide *Campsiandra angustifolia*, a wild- harvested bark from South America that may offer microbial and inflammatory response support. As one of our best-selling products, Cumanda is a highly bioavailable tincture that can be easily incorporated into any daily routine.



SUGGESTED USAGE:

Put 1 to 30 drops in 4 oz (120 mL) of water and wait one minute before drinking. Start with 1 drop (30 min. before meals) increasing slowly up to 30 drops 2-4 times per day or as directed by your physician.

INGREDIENTS:

Campsiandra angustifolia bark extract

Supplement Facts

Serving Size 30 drops
Servings Per Container 20
Amount Per Serving
<i>Campsiandra angustifolia</i> 1.5 mL*
bark extract
*Daily Value not established

Other ingredients: mineral water, ethanol (20-24%)



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CURCUMIN

- Joint/Muscle Support
- Antioxidant Support
- Inflammatory Response Support

NutraMedix Curcumin is formulated for maximum absorption. Bonding the main active component in turmeric, curcumin, to a food substance as scaffolding increases bioavailability. This enables the delivery of a greater amount of active compounds in a more economical daily dose conveniently packaged in capsule form.

When NutraMedix Curcumin was compared to a curcumin powder standardized at 95% in a simulation of human digestion, the NutraMedix Curcumin was almost completely dissolved at 10 minutes compared to less than 20% of the 95% curcumin. The bloodstream concentration of curcuminoids was three times higher with NutraMedix Curcumin than with the 95% formulation.



Turmeric
Root Extract

SUGGESTED USAGE:

Take two capsules once daily after a meal or as directed by your physician.

INGREDIENTS:

Turmeric root extract (*Curcuma longa*) (as BioSOLVE™ Curcumin 20% extract powder)

Supplement Facts

Serving Size 2 Capsules

Amount Per Serving	% Daily Value
Turmeric root extract (Curcuma longa) (as BioSOLVE™ Curcumin 20% extract powder)	500 mg *

Other ingredients: Vegetable Capsule, Microcrystalline Cellulose, Vegetable Magnesium Stearate



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DANDELION

- Detox Support
- Liver Function Support
- Metabolic Support
- Microbial Support
- Inflammatory Response Support
- Mood Support

Harness the supportive power of nature with Dandelion. Used for centuries in traditional health practices, dandelion leaf may help with comprehensive health maintenance, including liver support, metabolic support, antioxidant support, and healthy inflammatory response support. It may also help with microbial support and mood support.



Dandelion
Leaf Extract

SUGGESTED USAGE:

Put 30 drops in 4 oz (120 mL) of water and wait one minute before drinking. May be taken 2-3 times per day or as directed by your physician. Do not use if pregnant or nursing. Stop use if adverse reactions develop. Keep out of reach of children.

INGREDIENTS:

Dandelion leaf extract

Supplement Facts

Serving Size 30 drops
Servings Per Container 40

Amount Per Serving	
Dandelion leaf extract	1.5 mL*

*Daily Value not established

Other ingredients: mineral water, ethanol (20-24%)



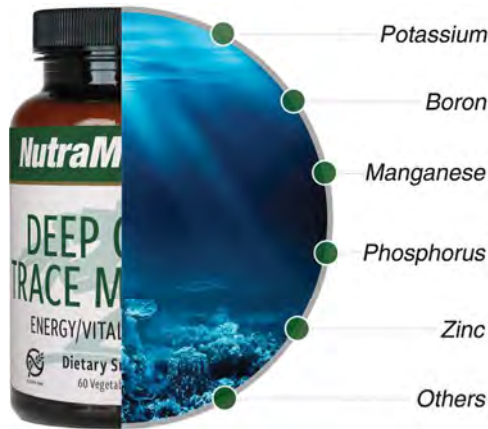
*These statements have not been evaluated by the food and drug administration (FDA). These products are not intended to diagnose, treat, cure or prevent any disease.

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DEEP OCEAN TRACE MINERALS

- Mineral/Vitamin Support
- General Wellness

Ensuring that you consistently get your daily essentials isn't easy, but our Deep Ocean Trace Minerals supplement can help. Derived from the Pacific Ocean at an optimal depth of over 600m, each capsule delivers naturally occurring trace minerals, such as Potassium, Boron, Manganese, Phosphorus, and Zinc. Our easy-to-swallow vegetable capsules were carefully designed to deliver each daily serving of essential minerals with ease.



SUGGESTED USAGE:

Take one to two capsules daily after a meal or as directed by your physician.

INGREDIENTS:

Deep Ocean Trace Minerals

Supplement Facts

Serving Size 2 Capsules	
Servings Per Container 30	
Amount Per Serving	% Daily Value
Deep Ocean Trace Minerals	1000 mg
*Daily Value not established	



Other ingredients: maltodextrin (from non-GMO tapioca), vegetable capsule, water, magnesium stearate from vegetable source, gum arabic.

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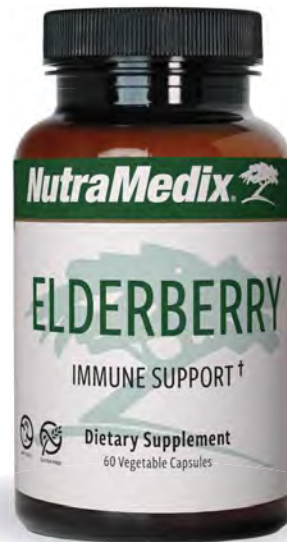
ELDERBERRY

- Antioxidant Support
- General Wellness
- Immune Support

NutraMedix Elderberry extract capsules provides ongoing support for the body's elimination activities and healthy immune system response. A water-based extraction method retains the full gamut of naturally occurring essential oils, fatty acids, and phytochemicals. The elderberry has been used to:

- Support healthy levels of mucus, especially in the upper respiratory tract
- Support a healthy inflammatory response
- Promote bowel health
- Support normal fluid balance

NutraMedix Elderberry is a sound addition and a convenient option to complement targeted interventions and round out a robust wellness strategy.



SUGGESTED USAGE:

Take one capsule once or twice daily after a meal or as directed by your physician.

INGREDIENTS:

Elderberry (5:1 Concentrate) (*Sambucus nigra*) (Fruit)

Supplement Facts

Serving Size 1 Capsule	
Servings Per Container 60	
Amount Per Serving	% Daily Value
Elderberry (5:1 Concentrate) (<i>Sambucus nigra</i>) (Fruit)	500 mg *

*Daily Value not established

Other ingredients: Vegetable Capsule, Vegetable Magnesium Stearate

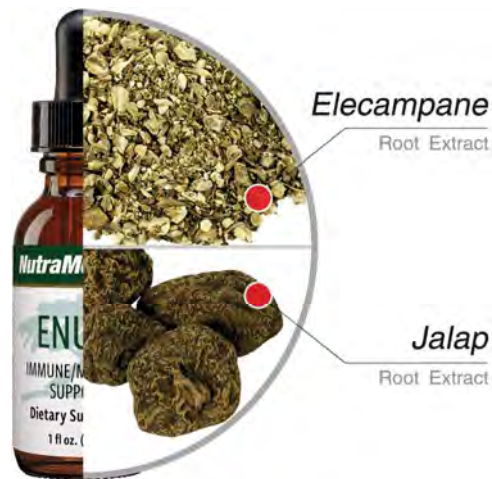


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ENULA™

- Antioxidant Support
- Immune System Support
- Microbial Support

Harness the defensive power of nature with Enula. Our unique formula was strategically designed to provide Elecampane and Jalap root tinctures that allows you to tap into nature's powerful arsenal as you incorporate this highly bioavailable tincture into your daily routine.



SUGGESTED USAGE:

Put 1 to 30 drops in 4 oz (120 mL) of water and wait one minute before drinking. Start with 1 drop (30 min. before meals) increasing slowly up to 30 drops 2-4 times per day or as directed by your physician.

INGREDIENTS:

Proprietary Blend: Elecampane root extract, Jalap root extract

Supplement Facts

Serving Size 30 drops
Servings Per Container 20

Amount Per Serving

Proprietary Blend	1.5 mL*
Elecampane root extract,	
Jalap root extract	

*Daily Value not established

Other ingredients: water, ethanol (20-24%)



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EZOV™

- Antioxidant Support
- Gastrointestinal Support
- General Wellness

Every day, a lot is thrown at you. Keep things in balance with Ezov. Our unique formula was strategically designed to deliver Hyssop herb extract, which may promote clarity and emotional support. Sourced from nature itself, Ezov allows you to tap into nature's powerful arsenal as you incorporate this highly bioavailable liquid into your nightly routine.



Hyssop
Herb Extract

SUGGESTED USAGE:

Put 1 to 15 drops in 4 oz (120mL) of water and wait one minute before drinking. Start with 1 drop daily just before bedtime, and add 1 drop every 3 days or as tolerated until reaching 15 drops, or as directed by your physician.

INGREDIENTS:

Hyssop herb extract

Supplement Facts

Serving Size	15 drops
Servings Per Container	40
Amount Per Serving	
Hyssop herb extract	0.75 mL*
*Daily Value not established	

Other ingredients: mineral water, ethanol (20-24%)



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GLUCOMEDIX®

- Metabolic Support
- Blood Sugar Support
- Immune System Support
- Cardiovascular Support

Stay balanced with GlucoMedix, a proprietary blend of stevia leaf extract and samento extract that supports healthy glucose levels. Stevia supports healthy blood sugar levels and metabolic wellness. Samento liquid extract is made from a rare pentacyclic chemotype of cat's claw and acts like a thermostat to help the body self-regulate an overactive or weak immune system. A healthy immune system is key to overall good health.

In highly bioavailable liquid form, GlucoMedix can be taken up to twice daily.



SUGGESTED USAGE:

For occasional glucose and metabolic support, take 30 minutes before meals.

- Moderate support: 30 drops twice daily.
- Maximum support: 60 drops twice daily.

Dosing may also be directed by your physician. Put drops in 4oz (120mL) of water and wait one minute before drinking.

INGREDIENTS:

Proprietary Blend: Stevia leaf extract and *Uncaria tomentosa* bark extract (pentacyclic chemotype) extract

Supplement Facts

Serving Size 60 drops (3 mL)
Servings Per Container 20

Amount Per Serving	
Proprietary Blend	3 mL*
Stevia leaf extract and <i>Uncaria tomentosa</i> bark extract (Pentacyclic chemotype)	

*Daily Value not established

Other ingredients: mineral water, ethanol (20-24%)



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HORMONAL BALANCE FOR WOMEN

- Stress Management
- Female Health Support

Don't let PMS or menopause slow you down. Help alleviate typical menopause symptoms or support normal menstrual cycles naturally with Hormonal Balance for Women. By tapping into this powerful seven-plant blend, you can keep balanced and get back to your busy daily routine.



SUGGESTED USAGE:

Take 20 drops twice daily. Can be taken under the tongue or in 2 to 4 oz. of water.

INGREDIENTS:

Proprietary Blend: Epimedium leaf extract, Tribulus fruit extract, *Jatropha macrantha* stems extract, Muira Puama bark extract, Maca root extract, *Eurycoma longifolia* root extract, *Eustephia coccinea* bark extract

Supplement Facts

Serving Size: 20 drops
Servings Per Container: 60

Amount Per Serving	% Daily Value
Proprietary Blend	1.0mL*
Epimedium leaf extract, Tribulus fruit extract, <i>Jatropha macrantha</i> stems extract, Muira Puama bark extract, Maca root extract, <i>Eurycoma longifolia</i> root extract, <i>Eustephia coccinea</i> bark extract	

*Daily Value not established

Other ingredients: mineral water, ethanol (20-24%)



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PROFESSIONAL USE ONLY

HOULTUYNIA™

- Microbial Support
- Gastrointestinal Support
- Immune System Support

Embrace the defensive power of nature with Houttuynia. This herb has long been used in traditional Chinese medicine.

Our unique herbal formula is strategically designed to provide a highly bioavailable tincture and can be easily incorporated into any daily routine.



SUGGESTED USAGE:

Put 1 to 30 drops in 4 oz (120 mL) of water and wait one minute before drinking. Start with 1 drop (30 min. before meals) increasing slowly up to 30 drops 2-4 times per day or as directed by your physician.

INGREDIENTS:

Houttuynia herb extract

Supplement Facts

Serving Size 30 drops	
Servings Per Container 20	
Amount Per Serving	
Houttuynia herb extract	1.5 mL*
*Daily Value not established	

Other ingredients: mineral water, ethanol (20-24%)



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MACA

- Antioxidant Support
- Male Health Support
- Female Health Support

Maca is a crop native to the highlands of the Peruvian Andes. Grown at 3,500 meters above sea level, this ancient root has played a powerful role in the Incan population for centuries. Maca has long been admired and used by native Peruvians for both medicinal and nutritional purposes. Our liquid Maca supplement is derived from the same grounds in Peru that have been cultivated by past generations, and our powerful, broad-spectrum extract may help support hormonal balance.



Maca
Root Extract

SUGGESTED USAGE:

Take 20-30 drops two to three times per day.

INGREDIENTS:

Maca root extract

Supplement Facts

Serving Size: 30 drops	
Servings Per Container: 40	
Amount Per Serving	% Daily Value
Maca root extract	1.5mL*
*Daily Value not established	

Other ingredients: water, ethanol (20-24%)



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MAGNESIUM MALATE

- Bone Health Support
- Relax/Sleep Support
- Stress Management
- Athletic Support
- Joint/Muscle Support
- Mineral/Vitamin Support

Ensuring that you get your daily essentials consistently isn't easy, but our Magnesium Malate capsules can help. Magnesium is one of the essential minerals your body needs, and it may support the utilization of essential nutrients. Our unique formulation of Magnesium Malate contains magnesium that is bound to malic acid, and the two may work together to provide a boost of energy and other forms of broad support. Derived from a highly bioavailable source, our easy-to-swallow Magnesium Malate vegetable capsules deliver each serving of this daily essential with ease.



SUGGESTED USAGE:

Take two capsules twice daily before meals or as directed by your physician.

INGREDIENTS:

Magnesium (from dimagnesium malate)

Supplement Facts

Serving Size: 2 capsules	
Servings Per Container: 60	
Amount Per Serving	% Daily Value
Magnesium (from dimagnesium malate), (Albion™)	200mg 50%

*Daily Value not established

Other ingredients: Vegetable Capsule, Vegetable Magnesium Stearate



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NutraMedix

MAPALO™

- Detox Support
- General Wellness

Get rid of what's holding you back with Mapalo. Our unique herbal formula delivers the detox supportive properties of *Phoradendron crassifolium*. Native to the Peruvian jungle, this wild harvested plant supports your body's healthy detoxification. Delivered through a highly bioavailable liquid, Mapalo can be easily incorporated into your daily routine.



SUGGESTED USAGE:

Mild Support: Put 10 drops in 4 oz (120mL) of water and wait one minute before drinking. Take twice daily at least 30 minutes before meals (start with 1 drop in 4 oz. of water adding a drop with each dose).

Maximum Support: Put 15 drops in 2-4 oz. of water and wait one minute before drinking. Take every 15 minutes as needed. Can also put 4 droppers full (approximately 60 drops) in at least 16 oz. of water and sip over a 2 hour period, repeating as needed.

INGREDIENTS:

Phoradendron crassifolium bark extract

Supplement Facts	
Serving Size 10 drops	
Servings Per Container 60	
Amount Per Serving	
<i>Phoradendron crassifolium</i> bark extract	0.5 mL*
*Daily Value not established	
Other ingredients: mineral water, ethanol (20-24%)	



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MELATONIN

- Relax/Sleep Support
- Immune System Support
- Neurological Support

Make the most of your sleep with Melatonin. Ensuring a good night's rest is vital to your overall health, and Melatonin has been widely used for its sleep supportive properties. Keep your sleep a priority with our highly bioavailable liquid that can be easily incorporated into any bedtime routine.



SUGGESTED USAGE:

Put 5 to 30 drops under the tongue and swallow at bedtime as needed. Repeat during the night as needed or as directed by your physician.

INGREDIENTS:

Melatonin liquid

Supplement Facts

Serving Size 30 drops	
Servings Per Container 20	
Amount Per Serving	
Melatonin liquid	1.5 mL*
*Daily Value not established	

Other ingredients: water, ethanol (20-24%)



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METHYL COMPLETE

- Methylation Support
- Metabolic Support
- Energy Support
- Neurological Support

Are you looking for healthy methylation support? With diverse normal genetic variations, using active forms of essential vitamins may help maintain healthy methylation, which is crucial to many body processes. Our unique formula contains vitamin B2, vitamin B6 in its active form pyridoxal 5'-phosphate (P5P), vitamin B12 in its active form methylcobalamin, and folate in its active form calcium-L-methylfolate, in addition to creatine monohydrate for supporting energy metabolism and betaine anhydrous (sometimes known as trimethylglycine) for further methylation support.



SUGGESTED USAGE:

Take two capsules once or twice daily or as directed by your physician. Do not use if pregnant or nursing. Stop use if adverse reactions develop.

INGREDIENTS:

Proprietary Blend: Vitamin B2 (as Riboflavin), Vitamin B6 (as Pyridoxal-5-Phosphate), Folate (as L-Methylfolate, calcium salt), Vitamin B12 (as Methylcobalamin), Creatine Monohydrate, Betaine Anhydrous

Supplement Facts

Serving Size 2 Capsules	
Servings Per Container 60	
Amount Per Serving	% DV
Vitamin B2 (as Riboflavin)	20 mg 1538%
Vitamin B6 (as Pyridoxal-5-Phosphate)	20 mg 1176%
Folate (as L-Methylfolate, calcium salt)	400 mcg 100%
Vitamin B12 (as Methylcobalamin)	100 mcg 4167%
Creatine Monohydrate	500 mg *
Betaine Anhydrous	500 mg *

*Daily Value not established.

Other Ingredients: Vegetable Capsule, Microcrystalline Cellulose, Magnesium Stearate, Silicon Dioxide.
GLUTEN, SUGAR & DAIRY FREE



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MOODMEDIX®

- Mood Support
- Emotional Support
- Neurological Support
- Immune System Support
- Inflammatory Response Support

Support your body's response to feelings of discouragement with MoodMedix. This proprietary formula delivers the ancient benefits of turmeric, a root world-renowned for its potential to help support balanced moods. Samento is included for additional support. Samento liquid extract is made from a rare pentacyclic chemotype of cat's claw and acts like a thermostat to help the body self-regulate an overactive or weak immune system. A healthy immune system is key to overall good health.

In highly bioavailable liquid form, MoodMedix can be taken multiple times throughout the day for support as needed.



SUGGESTED USAGE:

For occasional mood or emotional support, take 10 drops 2-8 times per day as needed, or as directed by your physician. Put drops in 4oz (120mL) of water and wait one minute before drinking.

INGREDIENTS:

Proprietary Blend Turmeric root extract and *Uncaria tomentosa* bark extract (Pentacyclic chemotype)

Supplement Facts	
Serving Size 10 drops (0.5mL)	
Servings Per Container 60	
Amount Per Serving	
Proprietary Blend	0.5 mL*
Turmeric root extract and <i>Uncaria tomentosa</i> bark extract (Pentacyclic chemotype)	
*Daily Value not established	
Other ingredients: mineral water, ethanol (20-24%)	



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MORA™

- Antioxidant Support
- Inflammatory Response Support
- Gastrointestinal Support
- Neurological Support
- Microbial Support

Fight each day's battle with the defensive power of nature. Mora was carefully formulated to provide tinctures of Yarrow flowers, Capirona bark, and Blackberry leaves, which may offer multiple health benefits. This highly bioavailable natural arsenal can be easily incorporated into any daily routine.



SUGGESTED USAGE:

Put 15 to 30 drops in 4 oz (120 mL) of water and wait one minute before drinking, take 2-4 times per day or as directed by your physician.

INGREDIENTS:

Proprietary Blend: Yarrow flower extract, *Calicophyllum spruceanum* bark extract, Blackberry leaf extract

Supplement Facts

Serving Size 30 drops	
Servings Per Container 20	
Amount Per Serving	
Proprietary Blend	1.5 mL*
Yarrow flower extract,	
<i>Calicophyllum spruceanum</i> bark	
extract, Blackberry leaf extract	

*Daily Value not established

Other ingredients: mineral water, ethanol (20-24%)



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NATURAL BOOST

- Athletic Support
- Antioxidant Support
- Energy/Vitality Support
- Sexual Health Support

As a man, you have unique needs. This complex proprietary blend of 10 unique ingredients was carefully formulated with you in mind. Take back your confidence with some of our top ingredients like Epimedium, Maca, and Tribulus. This product also contains L-Arginine, which the body produces naturally and breaks down into Nitric Oxide. This may help to widen blood vessels and may aid in the body's circulatory functions. Delivered through a highly bioavailable liquid, Natural Boost can be easily incorporated into your daily routine.



SUGGESTED USAGE:

Take 20 to 30 drops in 4 oz. of water and wait one minute before drinking. Take 2 to 3 times daily.

INGREDIENTS:

Epimedium leaf extract, Tribulus fruit extract, L-Arginine HCl, *Jatropha macrantha* stem extract, Muira Puama bark extract, Maca root extract, Ginkgo leaf extract, *Eurycoma longifolia* root extract, *Eustephia coccinea* bark extract, Saffron pistil extract.

Supplement Facts

Serving Size: 30 drops	
Servings Per Container: 40	
Amount Per Serving	% DV
Proprietary Blend	1.5mL*
Epimedium leaf extract, Tribulus fruit extract, L-Arginine HCl, <i>Jatropha macrantha</i> stem extract, Muira Puama bark extract, Maca root extract, Ginkgo leaf extract, <i>Eurycoma longifolia</i> root extract, <i>Eustephia coccinea</i> bark extract, Saffron pistil extract.	

*Daily Value not established

Other ingredients: mineral water, ethanol (20-24%)



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NutraMedix

NONI

- Antioxidant Support
- Inflammatory Response Support
- Immune System Support
- Microbial Support

Originally derived from Southeast Asia and Australasia, Noni is now cultivated on multiple continents in nutrient-rich volcanic soil. Polynesians have used noni in traditional folk medicine for over 2,000 years. It is a highly bioavailable liquid that can be easily taken and integrated into any daily schedule.



*Morinda
citrifolia*
Fruit Extract

SUGGESTED USAGE:

Put 15 to 30 drops in 4 oz (120 mL) of water and wait one minute before drinking. Take 2-4 times per day, or for maximum support every 15 minutes, or as directed by your physician.

INGREDIENTS:

Noni fruit extract

Supplement Facts

Serving Size 30 drops	
Servings Per Container 20	
Amount Per Serving	
Noni fruit extract	1.5 mL*
*Daily Value not established	

Other ingredients: mineral water, ethanol (20-24%)



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NUTRA-BBS

- Microbial Support
- Antioxidant Support
- Inflammatory Response Support

Are you searching for targeted support? This comprehensive formula is a synergistic blend of Elecampane (*Inula helenium*) root, Jalapa (*Ipomoea purga*) root, Blackberry (*Rubus fruticosus*) leaves, and Capirona (*Calycophyllum spruceanum*) bark, designed to assist with microbial support, antioxidant support, and healthy inflammatory response support.



Elecampane

Root Extract

Jalap

Root Extract

Blackberry

Leaf Extract

Capirona

Bark Extract



SUGGESTED USAGE:

SHAKE WELL BEFORE EACH USE

Put 2 to 60 drops in 4 oz (120 mL) of water and wait one minute before drinking. Start with 2 drops (30 min before meals) increasing by 2 drops with each dose up to 60 drops, 2 times a day or as directed by physician. Do not use if pregnant or nursing. Stop use if adverse reactions develop. Keep out of reach of children.

INGREDIENTS:

Proprietary Blend: Elecampane root extract, Jalap root extract, Blackberry leaf extract, *Calycophyllum spruceanum* bark extract

Supplement Facts

Serving Size 60 drops (3mL)
Servings Per Container 20

Amount Per Serving	
Proprietary Blend	3 mL*
Elecampane root extract,	
Jalap root extract,	
Blackberry leaf extract, <i>Calycophyllum</i>	
<i>spruceanum</i> bark extract	

*Daily Value not established

Other ingredients: mineral water, ethanol (20-24%)



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NUTRA-BRL

- Microbial Support
- Immune System Support
- Inflammatory Response Support

Are you searching for targeted support? This comprehensive formula is a synergistic blend of Samento (*Uncaria tomentosa*) bark, Stevia (*Stevia rebaudiana*) leaf, and Banderol (*Otoba parvifolia*) bark, designed to assist with microbial support, antioxidant support, immune system support, and healthy inflammatory response support.



Stevia rebaudiana

Leaf Extract

Uncaria tomentosa

Bark Extract
Pentacyclic
chemotype

Otoba parvifolia

Bark Extract



SUGGESTED USAGE:

SHAKE WELL BEFORE EACH USE

Put 2 to 60 drops in 4 oz (120 mL) of water and wait one minute before drinking. Start with 2 drops (30 min before meals) increasing by 2 drops with each dose up to 60 drops, 2 times a day or as directed by physician. Do not use if pregnant or nursing. Stop use if adverse reactions develop. Keep out of reach of children.

INGREDIENTS:

Proprietary Blend: Stevia leaf extract, *Otoba parvifolia* bark extract, *Uncaria tomentosa* bark extract (pentacyclic chemotype)

Supplement Facts

Serving Size 60 drops (3mL)
Servings Per Container 20

Amount Per Serving	
Proprietary Blend	3 mL*
Stevia leaf extract, <i>Otoba parvifolia</i> bark extract, <i>Uncaria tomentosa</i> bark extract (Pentacyclic chemotype)	

*Daily Value not established

Other ingredients: mineral water,
ethanol (20-24%)



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NUTRA-BRT

- Microbial Support
- Immune System Support
- Inflammatory Response Support

Are you searching for targeted support? This comprehensive formula is a synergistic blend of Cumanda (*Campsiandra angustifolia*) bark and Houttuynia (*Houttuynia cordata*) herb, designed to assist with microbial support, antioxidant support, and healthy inflammatory response support.



SUGGESTED USAGE:

SHAKE WELL BEFORE EACH USE

Put 2 to 60 drops in 4 oz (120 mL) of water and wait one minute before drinking. Start with 2 drops (30 min before meals) increasing by 2 drops with each dose up to 60 drops, 2 times a day or as directed by physician. Do not use if pregnant or nursing. Stop use if adverse reactions develop. Keep out of reach of children.

INGREDIENTS:

Proprietary Blend: *Campsiandra angustifolia* bark extract and *Houttuynia* herb extract

Supplement Facts

Serving Size 60 drops (3mL)	
Servings Per Container 20	
Amount Per Serving	
Proprietary Blend	3 mL*
<i>Campsiandra angustifolia</i>	
bark extract and	
<i>Houttuynia</i> herb extract	
*Daily Value not established	

Other ingredients: mineral water, ethanol (20-24%)



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PARSLEY

- Antioxidant Support
- Detox Support
- Immune System Support

Parsley is far more than your typical herb. Harness its defensive power with our unique formula, which is strategically designed to deliver the potential detox and cleansing properties of parsley. As a highly bioavailable liquid, this product can be easily incorporated into any daily routine.



SUGGESTED USAGE:

Moderate Support: Put 10 drops in 4 oz. of water and wait one minute before drinking. Take 10 drops 3 to 4 times daily. May be taken several times per day as needed.

Maximum Support: Put 10 drops in 2 oz. of water and wait one minute before drinking. Take every 15 minutes as needed. Can also put 4 droppers full (approximately 60 drops) in at least 16 oz. of water and sip over a 2 hour period, repeating as needed.

INGREDIENTS:

Parsley leaf and stem extract

Supplement Facts

Serving Size 10 drops	
Servings Per Container 60	
Amount Per Serving	
Parsley leaf and stem extract	0.5 mL*
*Daily Value not established	

Other ingredients: mineral water, ethanol (20-24%)



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PINELLA™

- Detox Support
- Neurological Support
- Gastrointestinal Support

Our unique herbal formula delivers the cleansing support properties of *Pimpinella* spp. Used by cultures around the world, this wild harvested plant supports your body's healthy detoxification. Delivered through a highly bioavailable liquid, Pinella can be used daily to help cleanse and promote concentration.



SUGGESTED USAGE:

Mild Support: Put 10 drops in 4 oz. of water and wait one minute before drinking. Take 1 to 2 times daily.

Moderate Support: Put 10 drops in 4 oz. of water and wait one minute before drinking. Take 3 to 4 times daily. May be taken several times per day as needed.

Maximum Support: Put 10 drops in 2-4 oz. of water and wait one minute before drinking. Take every 15 minutes as needed. Can also put 4 droppers full (approximately 60 drops) in at least 16 oz. of water and sip over a 2 hour period, repeating as needed.

INGREDIENTS:

Pimpinella spp. stems extract

Supplement Facts

Serving Size 10 drops
Servings Per Container 60

Amount Per Serving	
<i>Pimpinella</i> spp. stems extract	0.5 mL*

*Daily Value not established

Other ingredients: mineral water, ethanol (20-24%)



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QUERCETIN

- Immune System Support
- Healthy Inflammatory Response
- Support for Enzyme

Quercetin is in a flavonoid family known as flavanols that may support the body's normal detoxification processes related to antioxidant activity. Some research suggests that flavonols also support zinc transport in cells. Most recently, these chemicals have been investigated for how they affect the process of cell division and communication between cells, which can be altered by normal aging. In addition to antioxidant support, this is now a major area of research into the health-supporting properties of flavonoids.

Taking quercetin with meals and snacks throughout the day may improve your body's ability to use quercetin. When taking a quercetin supplement, it is important to do so daily as the body processes and eliminates quercetin within six to 28 hours.



Sophora japonica
Flower Extract

SUGGESTED USAGE:

Take two capsules once daily after a meal or as directed by your physician. Do not use if pregnant or nursing. Stop use if adverse reactions develop.

INGREDIENTS:

Quercetin (from *Sophora japonica* flower)

Supplement Facts

Serving Size: 2 capsules	
Servings Per Container: 60	
Amount Per Serving	% DV*
Quercetin (Sophora japonica) (Flower)	500mg*
*Daily Value not established	

Other ingredients: Vegetable Capsule, Vegetable Magnesium Stearate



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QUINA™

- Inflammatory Response Support
- Healthy Blood Sugar Support
- Microbial Support

This unique herbal formula is from the bark of the Calisaya tree which is wild-harvested from South America. It may offer immunity and microbial support. Quina is a highly bioavailable liquid that can be easily incorporated into any daily routine.



SUGGESTED USAGE:

Put 1 to 30 drops in 4 oz (120 mL) of water and wait one minute before drinking. Start with 1 drop (30 min. before meals) increasing slowly up to 30 drops 2-4 times per day or as directed by your physician.

INGREDIENTS:

Calisaya (*Cinchona calisaya*) bark extract

Supplement Facts

Serving Size 30 drops	
Servings Per Container 20	
Amount Per Serving	
Calisaya (<i>Cinchona calisaya</i>) bark extract	1.5 mL*

*Daily Value not established

Other ingredients: mineral water, ethanol (20-24%)



*These statements have not been evaluated by the food and drug administration (FDA). These products are not intended to diagnose, treat, cure or prevent any disease.

RELAXMEDIX®

- Relax/Sleep Support
- Neurological Support
- Immune System Support
- Inflammatory Response Support
- Stress Management

While it might seem like sleeping and relaxing should be the easiest things we do each the day, they sometimes prove to be challenging. Find the relaxation support you're looking for with RelaxMedix.

Valerian root extract meets samento in a synergistic combination that channels the beneficial properties of both herbs. Samento liquid extract is made from a rare pentacyclic chemotype of cat's claw and acts like a thermostat to help the body self-regulate an overactive or weak immune system. A healthy immune system is key to overall good health. Valerian root may promote a sense of calm and support a restful night's sleep, while samento maximizes the formula's overall effectiveness.

In highly bioavailable liquid form, RelaxMedix can be taken multiple times throughout the day or at bedtime for support as needed.



Uncaria tomentosa

Bark Extract
Pentacyclic
Chemotype

Valerian

Root Extract

SUGGESTED USAGE:

For occasional stress support, take 10-15 drops 2-4 times per day, or for occasional sleep support, take 20-30 drops at bedtime, or as directed by your physician. Put drops in 4oz (120mL) of water and wait one minute before drinking.

INGREDIENTS:

Proprietary Blend: Valerian root extract and *Uncaria tomentosa* bark extract (pentacyclic chemotype)

Supplement Facts

Serving Size 30 drops (1.5mL)
Servings Per Container 20

Amount Per Serving

Proprietary Blend 1.5 mL*
Valerian root extract
and *Uncaria tomentosa*
bark extract (Pentacyclic
chemotype)

*Daily Value not established

Other ingredients: mineral
water, ethanol (20-24%)



*These statements have not been evaluated by the food and drug administration (FDA). These products are not intended to diagnose, treat, cure or prevent any disease.

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RESVERATROL

- Antioxidant Support • Cardiovascular Support
- General Wellness • Immune System Support

Our Resveratrol is a proprietary blend of Japanese Knotweed (*Polygonum cuspidatum*) and Red Wine (from *Vitis vinifera*) extracts. The natural polyphenols found primarily in Knotweed root and grape skins are considered to have significant antioxidant properties.

This potent combination provides valuable antioxidant protection necessary for healthy circulation, balanced metabolism, normal blood sugar levels, proper inflammatory responses, and even radiant skin. It also supports cellular health, critical to the natural aging process, by promoting the recycling of NAD⁺. Moreover, studies have demonstrated that resveratrol activates SIRT1 genes, which mimic the healthy aging effects of moderate caloric restriction.

These easy-to-swallow vegetable capsules make a great addition to your daily supplement program.



SUGGESTED USAGE:

Take one capsule once or twice daily after a meal or as directed by your physician.

INGREDIENTS:

Trans-Resveratrol [from Japanese knotweed Extract (root)], Red Wine (*Vitis vinifera*) Extract (fruit) (std. to 30% Polyphenols)

Supplement Facts

Serving Size 1 Capsule	
Servings Per Container 60	
Amount Per Serving	% Daily Value
Trans-Resveratrol 200 mg *	
[from Japanese knotweed Extract (root)]	
Red Wine (<i>Vitis vinifera</i>) Extract (fruit) (std. to 30% Polyphenols) 25 mg *	
*Daily Value not established	

Other ingredients: Microcrystalline Cellulose, Vegetable Capsule, Silica, Vegetable Magnesium Stearate



*These statements have not been evaluated by the food and drug administration (FDA). These products are not intended to diagnose, treat, cure or prevent any disease.

SAMENTO®

- Immune System
- Microbial Support
- Inflammatory Response Support
- Antioxidant Support
- Cardiovascular Support
- Neurological Support
- Cytokine Balance Support

Within the same plant species, different chemotypes may occur. Cat's Claw most commonly contains both Pentacyclic Oxindole Alkaloids (POAs) and Tetracyclic Oxindole Alkaloids (TOAs). Multiple studies published in peer-reviewed journals suggest that the preferred chemotype contains only POAs, which are often recognized for promoting a balanced immune system.

In 2000, NutraMedix introduced Samento, a rare pentacyclic chemotype of Cat's Claw that does not contain TOAs and only contains POAs.



Uncaria tomentosa

Bark Extract
Pentacyclic
chemotype

SUGGESTED USAGE:

Put 1 to 30 drops in 4 oz (120 mL) of water and wait one minute before drinking. Start with 1 drop (30 min. before meals) increasing slowly up to 30 drops 2-4 times per day or as directed by your physician.

INGREDIENTS:

Uncaria tomentosa bark extract (pentacyclic chemotype-TOA free)

Supplement Facts

Serving Size 30 drops	
Servings Per Container 40	
Amount Per Serving	
<i>Uncaria tomentosa</i> (Pentacyclic chemotype) bark extract	1.5 mL*
*Daily Value not established	

Other ingredients: mineral water, ethanol (20-24%)



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SEALANTRO™

- Antioxidant Support
- Cardiovascular Support
- Detox Support
- Immune System Support

Sealantro's unique herbal formula combines the triple detox power of Chlorella, Cilantro, and Pacific Cold-Water Red Seaweed. Sourced from nature itself, Sealantro allows you to tap into nature's powerful detox and cleansing support properties. Delivered through a highly bioavailable liquid, Sealantro can be easily incorporated into any daily routine.



SUGGESTED USAGE:

Put 40 drops in 4 oz (120mL) of water and wait one minute before drinking. Take every other day (30 min. before a meal) or as directed by your physician.

INGREDIENTS:

Proprietary Blend: Chlorella extract, *Chondracanthus chamissoi* extract, and Cilantro leaf extract

Supplement Facts

Serving Size 40 drops
Servings Per Container 15

Amount Per Serving

Proprietary Blend 2.0 mL*
Chlorella extract,
Chondracanthus chamissoi
extract, and Cilantro leaf extract

*Daily Value not established

Other ingredients: water,
ethanol (20-24%)



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SERRAPEPTASE

- Joint/Muscle Support
- Antioxidant Support
- Blood Sugar Support
- Enzymes

Taking vitamins daily can be a hassle, yet Serrapeptase capsules are easy to incorporate into your daily routine. Produced by the silkworm, Serrapeptase is a proteolytic enzyme that may assist in the process of breaking molecules of protein into amino acids. Our unique formula contains a proprietary blend of inulin from Jerusalem artichoke and Serrapeptase. These key ingredients may support healthy sinus and airway functions, as well as cardiovascular and arterial health. Derived from a highly bioavailable source, our easy-to-swallow Serrapeptase capsules deliver each serving of this daily essential with ease.



SUGGESTED USAGE:

Take one to two capsules one to three times daily (at least 30 min. before meals) with a full glass of water or as directed by your physician.

Do not use if taking blood platelet inhibitors such as Ticlid, Plavix, Coumadin or similar prescription medications.

INGREDIENTS:

Proprietary Blend: Inulin (from Jerusalem artichoke) and Serrapeptase

Supplement Facts

Serving Size: 2 capsules
Servings Per Container: 60

Amount Per Serving	% DV*
Proprietary Blend	1000mg*
Inulin (from Jerusalem artichoke) and Serrapeptase	

*Daily Value not established

Other ingredients: Vegetable Capsule, Vegetable Magnesium Stearate



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SPARGA

- Antioxidant Support
- Detox Support

Asparagus is far more than a simple vegetable side dish. Harness the cleansing power of nature with Sparga. Our unique herbal formula was strategically designed to deliver asparagus leaf and stem extract, which may offer cleansing support properties. Sparga is a highly bioavailable liquid that can be easily incorporated into any daily routine.



SUGGESTED USAGE:

Put 10 drops in 4 oz (120mL) of water and wait one minute before drinking. May be taken several times per day as needed or as directed by your physician.

INGREDIENTS:

Asparagus leaf and stem extract

Supplement Facts

Serving Size 10 drops	
Servings Per Container 60	
Amount Per Serving	
Asparagus leaf and stem extract	0.5 mL*
*Daily Value not established	

Other ingredients: mineral water, ethanol (20-24%)



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STEVIA

- Antioxidant Support
- Blood Sugar Support
- Cardiovascular Support
- Inflammatory Response Support
- Microbial Support

Stevia has attracted attention as a convenient low-carbohydrate, no-sugar sweetener. If you are avoiding sugar in your diet, this is the perfect alternative for you. Stevia can be used daily to add a dash of sweetness to your favorite food or beverage. Try it for yourself and see why this is one of our top sellers.



Stevia rebaudiana
Leaf Extract

SUGGESTED USAGE:

Put 1 to 30 drops in 4 oz (120 mL) of water and wait one minute before drinking. Start with 1 drop (30 min. before meals) increasing slowly up to 30 drops 2-4 times per day or as directed by your physician.

INGREDIENTS:

Stevia leaf extract

Supplement Facts

Serving Size 30 drops	
Servings Per Container 40	
Amount Per Serving	
Stevia leaf extract	1.5 mL*
*Daily Value not established	

Other ingredients: water, ethanol (20-24%)



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TAKUNA™

- Inflammatory Response Support
- Microbial Support

Let the power of nature defend you through Takuna. Our unique herbal formula was strategically designed to deliver *Cecropia strigosa*, a wild harvested bark from South America that may offer microbial and inflammatory response support. Takuna is easily delivered through our highly bioavailable liquid and is one of our company's personal daily favorites.



Cecropia strigosa

Bark Extract

SUGGESTED USAGE:

Moderate Support: Put 15 to 30 drops in 4 oz (120 mL) of water and wait one minute before drinking. Take 2-4 times per day, or for maximum support every 15 minutes, or as directed by your physician.

Maximum Support: Put 30 drops in 4 oz (120 mL) of water and wait one minute before drinking. Take 2 to 4 times daily at least 30 minutes before a meal and/or at bedtime.

INGREDIENTS:

Cecropia strigosa bark extract

Supplement Facts

Serving Size 30 drops	
Servings Per Container 20	
Amount Per Serving	
<i>Cecropia strigosa</i> bark extract	1.5 mL*
*Daily Value not established	

Other ingredients: mineral water, ethanol (20-24%)



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TANGARANA™

- Inflammatory Response Support
- Microbial Support

Take on the day backed by the defensive power of nature with Tangarana. Our unique herbal formula is strategically designed to provide *Triplaris peruviana*, a wild harvested bark from South America that may offer microbial and inflammatory response support. Tangarana is a highly bioavailable tincture that can be easily incorporated into any daily schedule.



Triplaris peruviana
Bark Extract

SUGGESTED USAGE:

Put 1 to 30 drops in 4 oz (120 mL) of water and wait one minute before drinking. Start with 1 drop (30 min. before meals) increasing slowly up to 30 drops 2-4 times per day or as directed by your physician.

INGREDIENTS:

Triplaris peruviana bark extract

Supplement Facts

Serving Size 30 drops	
Servings Per Container 20	
Amount Per Serving	
<i>Triplaris peruviana</i> bark extract	1.5 mL*

*Daily Value not established

Other ingredients: mineral water, ethanol (20-24%)



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TEASEL

- Antioxidant Support
- Microbial Support

Like the Venus Flytrap, teasel is a carnivorous plant that can ensnare insects with its leaves! Well known in Europe, this highly bioavailable tincture may provide antioxidant and microbial support and can be easily incorporated into any daily routine.



SUGGESTED USAGE:

Put 1 to 30 drops in 4 oz. of water and wait one minute before drinking. Start with 1 drop 2-4 times per day (30 min. before meals) increasing slowly up to 30 drops twice daily or as directed by your physician.

INGREDIENTS:

Teasel root extract

Supplement Facts

Serving Size 30 drops	
Servings Per Container 20	
Amount Per Serving	
Teasel root extract	1.5 mL*
*Daily Value not established	

Other ingredients: water, ethanol (20-24%)



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VITALMEDIX®

- Immune System Support
- Inflammatory Response Support
- Athletic Support

VitalMedix is a synergistic blend of extracts made from organically farmed Moringa from small farms in Zimbabwe, and Samento bark from the Peruvian rainforest. Moringa leaf is the most nutritious part of the plant, offering many vitamins and minerals, along with iron and protein. These leaves have been used for many centuries to help support immune health and overall vitality. Our Samento extract is made from a rare pentacyclic chemotype of cat's claw and acts like a thermostat to help the body self-regulate an overactive or weak immune system. A healthy immune system is key to overall good health.

100% of profits from this product are donated to IWashHungry.net



SUGGESTED USAGE:

Take 30 minutes before meals:

Moderate support: 20 drops twice daily.

Maximum support: 30 drops twice daily.

INGREDIENTS:

Proprietary Blend: *Moringa oleifera* leaf extract and *Uncaria tomentosa* bark extract (pentacyclic chemotype)

Supplement Facts

Serving Size 30 drops (1.5 mL)
Servings Per Container 40

Amount Per Serving	
Proprietary Blend	1.5 mL*
<i>Moringa oleifera</i> leaf extract and	
<i>Uncaria tomentosa</i> bark extract	
(Pentacyclic chemotype)	

*Daily Value not established

Other ingredients: mineral water, ethanol (20-24%)



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VITAMIN C

- Antioxidant Support
- Cardiovascular Support
- Immune System Support
- Mineral/Vitamin Support

Vitamin C supports the human body by providing optimal nutritional support. As a potent antioxidant and free radical scavenger, it may help support the body's natural defense system and vascular health. Derived from a highly purified source of ascorbic acid, our easy-to-swallow Vitamin C capsules are carefully formulated to help you meet your required serving of this daily essential.



Vitamin C
from Sorbitol

SUGGESTED USAGE:

Take one to two capsules daily after a meal or as directed by your physician.

INGREDIENTS:

Ascorbic acid

Supplement Facts

Serving Size: 2 capsules	
Servings Per Container: 60	
Amount Per Serving	% DV*
Ascorbic acid 2,000mg	3,333%
*Daily Value not established	

Other ingredients: Vegetable capsule, Vegetable Magnesium Stearate



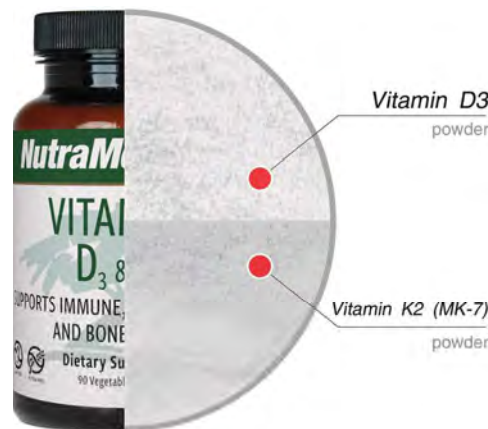
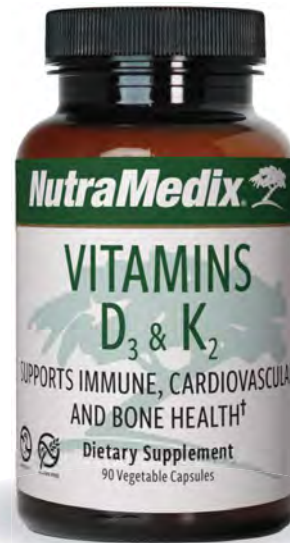
*These statements have not been evaluated by the food and drug administration (FDA). These products are not intended to diagnose, treat, cure or prevent any disease.

VITAMINS D₃ & K₂

- Bone Health Support • Cardiovascular Support
- Immune System Support • Neurological Support
- Mineral/Vitamin Support

Striking the right balance with vitamins is crucial for maintaining healthy bodily functions. Vitamin D may promote calcium and phosphorus absorption, while Vitamin K plays an important role in bone formation and cardiovascular health. The synergistic effect of Vitamins D₃ & K₂ may assist the proper absorption of calcium and its integration into bone mass.

Recent studies also indicate that Vitamin D may support the maintenance of normal glucose levels, in addition to promoting a healthy metabolism and immune system. It also may contribute to emotional well-being. Although our bodies naturally produce Vitamin D through sunlight exposure, proper supplementation can assist those who live and work indoors, or who live in northern climates. Vitamin K, meanwhile, is critical in the formation of a strong bone matrix, as well as supporting proper calcium metabolism in vascular structures. Vitamin K₂, specifically in this MK-7 subtype, is a readily active and biologically available form of Vitamin K.



SUGGESTED USAGE:

Take one capsule daily after a meal or as directed by your physician.

INGREDIENTS:

Vitamin D₃ (as Cholecalciferol), Vitamin K₂ (as Menaquinone-7)

Supplement Facts

Serving Size 1 Capsule Servings Per Container 90		
Amount Per Serving		% Daily Value
Vitamin D ₃ (as Cholecalciferol)	125mcg (5000 IU)	625%
Vitamin K ₂ (as Menaquinone-7)	150mcg	125%

Other ingredients: Microcrystalline Cellulose, Vegetable Capsule, Dicalcium Phosphate, Vegetable Magnesium Stearate.



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ZINC

- Mineral/Vitamin Support
- Gastrointestinal Support
- General Wellness
- Immune System Support
- Skin Support

The oral bioavailability of zinc bisglycinate chelate was compared in two clinical research trials to zinc gluconate, a commonly used chelate form in zinc supplements. The first trial, a randomized crossover trial, showed that a single dose of zinc bisglycinate had a significantly higher bioavailability than zinc gluconate.

A subsequent double-blind, placebo-controlled trial revealed that a 60 mg daily dose of zinc bisglycinate significantly increased plasma zinc. Also, once again, zinc bisglycinate had superior bioavailability to the gluconate form, promoting increased absorption.

NutraMedix Zinc, in bisglycinate chelate form, is an educated choice for any zinc need.



SUGGESTED USAGE:

Take one capsule once or twice daily after a meal or as directed by your physician.

INGREDIENTS:

Zinc (as Zinc Bisglycinate Chelate) (TRAACS™)

Supplement Facts

Serving Size 1 Capsule	
Servings Per Container 60	
Amount Per Serving	% Daily Value
Zinc 50 mg	455%
(as Zinc Bisglycinate Chelate) (TRAACS™)	
*Daily Value not established	

Other ingredients: Microcrystalline Cellulose, Vegetable Capsule, Vegetable Magnesium Stearate



COWDEN SUPPORT PROGRAM



The **Cowden Support Program (CSP)** is our strategically designed, widely known monthly protocol that utilizes 14 NutraMedix products on a rotational basis. Products are taken daily according to a set schedule, and each product serves an essential purpose. All products are prepackaged into individual monthly sets, and those starting the program should begin with Month 1 and follow the program in numerical order. Dr Cowden recommends following this program until feeling well, then continue the program for 2 more months.



COWDEN SUPPORT PROGRAM APP



Following the **Cowden Support Program (CSP)** is now easier than ever with our app. Track your daily doses straight from your device with our customizable scheduling tool, at home or on-the-go. The app also features daily water reminders, as proper water intake is vital to the effectiveness of the program. Download the CSP app now in the iOS App or Google Play store.



COWDEN SUPPORT PROGRAM: MONTH 1

- Banderol 2oz. (1)
- Burbur-Pinella 2oz. (1)
- Magnesium Malate (1)
- Parsley (1)
- Samento 2oz. (1)
- Sealantro (1)
- Serrapeptase (1)
- Sparga (1)
- Stevia 2oz. (1)
- Takuna 2oz. (1)



COWDEN SUPPORT PROGRAM: MONTH 2

- Banderol 1oz. (1)
- Banderol 2oz. (1)
- Burbur-Pinella 2oz. (1)
- Magnesium Malate (1)
- Parsley (1)
- Samento 1oz. (1)
- Samento 2oz. (1)
- Sealantro (1)
- Sparga (1)
- Stevia 1oz. (1)
- Stevia 2oz. (1)
- Takuna 1oz. (1)



COWDEN SUPPORT PROGRAM: MONTH 3

- Banderol 2oz. (1)
- Burbur-Pinella 2oz. (1)
- Cumanda (2)
- Magnesium Malate (1)
- Mora (2)
- Parsley (1)
- Samento 1oz. (1)
- Samento 2oz. (1)
- Sealantro (1)
- Serrapeptase (1)
- Sparga (1)
- Stevia 2oz. (1)
- Stevia 1oz. (1)
- Takuna 2oz. (1)
- Takuna 1oz. (1)



COWDEN SUPPORT PROGRAM: MONTH 4

- Banderol 1oz. (1)
- Burbur-Pinella 2oz. (1)
- Enula (2)
- Houttuynia (2)
- Magnesium Malate (1)
- Parsley (1)
- Samento 2oz. (1)
- Sealantro (1)
- Sparga (1)
- Stevia 2oz. (1)
- Stevia 1oz. (1)



COWDEN SUPPORT PROGRAM: MONTH 5

- Banderol 1oz. (1)
- Burbur-Pinella 2oz. (1)
- Cumanda (1)
- Enula (1)
- Houttuynia (1)
- Magnesium Malate (1)
- Mora (1)
- Parsley (1)
- Samento 2oz. (1)
- Sealantro (1)
- Serrapeptase (1)
- Sparga (1)
- Stevia 2oz. (1)
- Stevia 1oz. (1)



COWDEN SUPPORT PROGRAM: MONTH 6

- Banderol 1 oz. (1)
- Burbur-Pinella 2oz. (1)
- Cumanda (1)
- Enula (1)
- Houttuynia (1)
- Magnesium Malate (1)
- Mora (1)
- Parsley (1)
- Samento 1oz. (1)
- Samento 2oz. (1)
- Sealantro (1)
- Sparga (1)
- Stevia 2oz. (1)
- Stevia 1oz. (1)



COWDEN SUPPORT PROGRAM: MONTH 7

- Banderol 1oz. (1)
- Burbur-Pinella 2oz. (1)
- Enula (1)
- Houttuynia (1)
- Magnesium Malate (1)
- Mora and Cumanda (1)
- Parsley (1)
- Samento 2oz. (1)
- Sealantro (1)
- Serrapeptase (1)
- Sparga (1)
- Stevia 2oz. (1)
- Stevia 1oz. (1)



COWDEN SUPPORT PROGRAM: MONTH 8

- Banderol 1oz. (1)
- Burbur-Pinella 2oz. (1)
- Cumanda (1)
- Enula (1)
- Houttuynia (1)
- Magnesium Malate (1)
- Mora (1)
- Parsley (1)
- Samento 2oz. (1)
- Sealantro (1)
- Sparga (1)
- Stevia 2oz. (1)



COWDEN SUPPORT PROGRAM: MONTH 9

- Banderol 1oz. (1)
- Burbur-Pinella 2oz. (1)
- Cumanda (1)
- Enula (1)
- Houttuynia (1)
- Magnesium Malate (1)
- Mora (1)
- Parsley (1)
- Samento 1oz. (1)
- Samento 2oz. (1)
- Sealantro (1)
- Serrapeptase (1)
- Sparga (1)
- Stevia 1oz. (1)
- Stevia 2oz. (1)



UNLEASHING THE POWER OF SAMENTO

On its own Samento has many benefits as millions of our customers have experienced since 2000. Recent university research has discovered Samento's powerful synergistic effects when combined with other herbs.

GLUCOMEDIX

Samento + Stevia

Stevia has long been used as a 'zero-calorie' sweetener, but research shows how beneficial it is for blood sugar support. Synergized with Samento, this unique combination promotes immune health by supporting healthy blood sugar.

MOODMEDIX

Samento + Avea

We combined Samento with Avea (curcumin) to support healthy oxygen flow in the brain and a healthy mood. It is a powerful one-two punch to support balanced moods while promoting a positive response to everyday stressors, resulting in positive support for your immune system.

RELAXMEDIX

Samento + Amantilla

Properly used, Amantilla (valerian) can be instrumental in a relaxation protocol. And when synergized with Samento, its calming effects are amplified. Managing the stress of the day before bedtime promotes restorative sleep, which is great for the immune system.



VITALMEDIX



VitalMedix is a synergistic blend of extracts made from organically farmed Moringa from small farms in Zimbabwe, and Samento bark from the Peruvian rainforest. Moringa leaf is the most nutritious part of the plant, offering many vitamins and minerals, along with iron and protein. These leaves have been used for many centuries to help support immune health and overall vitality. Our Samento extract is made from a rare pentacyclic chemotype of cat's claw and acts like a thermostat to help the body self-regulate an overactive or weak immune system. A healthy immune system is key to overall good health.

100% of profits from this product are donated to IWasHungry.net



HOLISTIC APPROACH

We begin with a holistic approach to production. Each ingredient addresses health, economic, social, spiritual, and environmental well-being. We choose herbs for their quality, then scientifically validate their efficacy and safety.

Beyond fair trade:

- We pay fair and honest wages to support local economies.

Honoring herbal traditions:

- We recognize the spiritual bonds between people and herbs.

Sustainable ecology:

- We support regenerating the land and protecting its biodiversity.

Science driven and tested:

- We test for vibrancy and safety, and scientifically test to confirm herb identity.
- We invest in clinical studies at major research institutions worldwide.

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