

## CONFIDENTIALITY AND KINDNESS AGREEMENT

FOR PARTICIPANTS 19 OR OLDER

- 1. All personal, individual sharing amongst guests and staff/guest conversations will remain confidential. Confidentiality is a cornerstone of trust; we agree that what is said here stays here.
- 2. Before providing any feedback to each other, please always ask this question first. "Are you open to feedback?" This allows them to get into an open body position to hear or to decline your point of view politely.
- 3. When given an opportunity to share observations on other guests' experiences with the horses or other healing modalities, please use "I" statements to focus on your own feelings and reactions.
- 4. As the need arises, guests may take time away from the group for quiet reflection and/or request that the facilitator joins them to help in further processing.
- 5. Oniya is a safe place to share our intention is to support your health and happiness. All guests agree to uphold this intention by signing this agreement.
- 6. All staff and guests agree that political conversations are not to be debated on property. If they must be hashed out, they must be done outside Oniya's property boundaries. Man-made, ego-based conflict is not an energy that supports our philosophy. We are a heart-based community where nature is the prevailing law, and loving humanity remains intact.

NAME OF GUEST/STAFF		
GUEST/STAFF SIGNATURE		
DATE		