# Diagnosed with Parkinson's?

#### What is a clinical trial?

A clinical trial (also known as a clinical study, or research study) helps us to learn about how well a potential new medicine, drug or device can treat, prevent or detect a specific disease or condition.

#### Do I qualify?

This study is for adults aged between 40 and 85 who have been diagnosed with Parkinson's Disease within the last 0–5 years. You must have normal or corrected vision and be able to sit calmly for 20 minutes. You must not expect any changes in your medication throughout the duration of the study and if you are currently on any treatment you must have been stable on this for at least 3 months. You must not have any additional neurological diseases.

## What is being tested?

This study tests a new eye movement measurement software to see if it can detect disease progression more quickly than the clinical assessments that are usually used.

#### Are there any risks or benefits?

There are minimal risks to the procedures we are using.

There are no benefits to you or your disease but you will be contributing to research which will help us to understand Parkinson's Disease better in the future.

#### Will I have to pay anything to take part?

No. You will be paid £200 for taking part if you complete all study visits. You will also be reimbursed for any costs related to taking part, like travel expenses.

## What is involved in the study?

The study lasts for 1 year. During this time, you will be asked to visit the study team 5 times (once every three months). Each visit will take a maximum of 2 hours.

During each visit you will complete the following assessments:



**Eye movement test:** You will need to sit in front of a computer screen for about 30–40 minutes and follow the instructions on the screen. You will be asked to perform activities such as following a dot on the screen with your eyes, without moving your head.

**Clinical assessments for Parkinson's Disease**: These assessments are likely to be familiar to you from assessments that you have with your usual doctor as part of your Parkinson's Disease care. You will be asked to perform activities such as walking 10 meters and answer some questions.

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**Discussion of personal and medical information:** You will be asked about your current health and any medications that you take. You must inform one of the study team of any change to medication or supplements, or any changes to your health.

#### How can I learn more about the PALOMA study?

To ask questions or find out if you could take part, please contact: **01332 429760**. Or email: **paloma@thevctc.com** 



# PALOMA