

Robotic Hip & Knee Surgery

Shorter hospital stay Faster recovery time See p8-9 for more details MR NADIM ASLAM BMSc MB FRCS(Eng) FRCS(Tr & Orth) MFSEM(UK)



MOSSINATOR®

Fää

Moss Removal & Roof Cleaning Gutter Clearing & Repairs Installation of Bird Protection Solar Panel & Skylight Cleaning Render & Brickwork Softwashing

Enhance the appearance of your property with our quality assured service Contact us: info@mossinator.co.uk 01865 362797 www.mossinator.co.uk



Co-educational day & boarding school for students aged 11-18 years old, in an idyllic Cotswold setting

OPEN EVENING

Thursday 21 September

BOOK NOW

burford.oxon.sch.uk

admissions@burford.oxon.sch.uk

01993 823303



Artisan Food & Drink
 Interior Design Showroom
 Bespoke Furniture & Upholstery
 Fabric & Wallpapers

For an inspirational shopping experience, visit our established Cotswold Interior Showroom today

33 High Street, Burford, OX18 4QA C

01993 822 680





Professional House Clearance & Waste Disposal Service CLEARANCE

Services we offer:

- Full House Clearances
- Rubbish & Waste Clearances
- Garage & Shed Clearances
- End Of Tenancy Clearances
- Garden Clearances
- Shed / Summerhouse Dismantle & Disposal
- Attic, Basement & Cellar Clearances
- End Of Tenancy Cleaning Services
- 24/7 Emergency Fly Tip Clearance Service

Why Choose us?

- Fully Uniformed Staff & Vehicles
- Experienced, Professional & Friendly Team

Waste Carriers Licence Number: CBDU287970

- Licensed By The Environmental Agency
- Hassle Free Service
- Free No-Obligation Quote



CONTACT OUR TEAM FOR ANY OF THE SERVICES WE OFFER AND A MEMBER OF STAFF WILL BE ABLE TO ASSIST YOU FURTHER ()0()

> 01865 238343 www.oxfordshireclearance.co.uk info@oxfordshireclearance.co.uk





The Finest Made to Measure Curtains. **Roman Blinds and Soft Furnishings**

Contact: Anita Shakespeare-Smith Phone: 01242 890831 / 07518 963975 Email: countryhousecurtainsandblinds@hotmail.com www.countryhousecurtains.com



Join a different kind of company

We think differently, do you? At Burford Garden Co. we actively encourage creativity and forward thinking. As an independent, family-owned business, we pride ourselves on our warm and inspirational working environment, with generous benefits and a great team spirit.

With a variety of opportunities across all departments, we are currently looking for talented individuals to complement and enhance our vibrant team.

Please visit burford.co.uk/careers for details of all current vacancies, to view our full-time, part-time and weekend opportunities, and for further information on how you can apply. We also welcome speculative applications, by way of a CV and covering letter via email

E: recruitment@burford.co.uk W: www.burford.co.uk/careers T: 01993 823117

Shilton Road, Burford, Oxfordshire, OX18 4PA



BARRINGTON KITCHENS AND INTERIORS



- Fitting bespoke furniture for over 20 years... English Bespoke kitchens, bathrooms, bedrooms,
- boot rooms and home offices
- Contemporary German kitchens
- Wide selection of quartz worktops
- Exclusive indoor/outdoor wall & floor tiles

Call for a personal appointment: 01993 225944 www.barringtonkitchens.co.uk

New Showroom, Pinchpool Farm, Windrush, Burford, OX18 4TT Follow us on Instagram: barringtonkitchensandinteriors. Email: info@barringtonkitchens.co.uk













The average bathroom takes us 5 days to install and we want you to be 100% happy with the end result. We don't just re-fit bathrooms, we build new facilities into attics, cellars, extensions and any other suitable Incation

Come and visit us at our showroom in Witney. 85 High Street, Witney, Oxfordshire, OX28 6HY (off-street parking available behind shop)

Free expert advice and estimates given with no obligation. Visit us in store or online to start the journey to your dream bathroom ...

> 01993 213435 countrybathroomsandtiles.co.uk www.countrybathroomsandtiles.co.uk



We are a local family run business and have had a presence in Witney for over 20 years.Come and visit our Witney showroom to see our collection of: Glass Splashbacks, Wall & Floor Tiles, Luxury Vinyl Tiles & Flooring, Mosaics, Outdoor Porcelain, Natural Stone and much more. From porches to patios, feature walls to fireplaceswe've got something for every project. We also have a wide range of Wall Panels, Worktops and Bathroom & Kitchen Furniture on display in our showroom which is open to both retail customers and the trade.

Our showroom is open to everyone, with no obligation to use our installation services and our team is dedicated to finding you the best products, within budget, for your project. Come and see how we can further your project or business

> 85 High Street, Witney. OX28 6HY 01993 213435 info@countrybathroomsandtiles.co.uk

Painting & Decorating Service based in the Cotswolds

Give your home a beautiful new look this year

Specialising in Hand Painted Kitchens Built in Wardrobes and Bespoke Furniture

- Fitted or free standing furniture
 Oak Pine Varnished or waxed even laminated kitchens and furniture can all be transformed with a hand painted finish
 MDF furniture



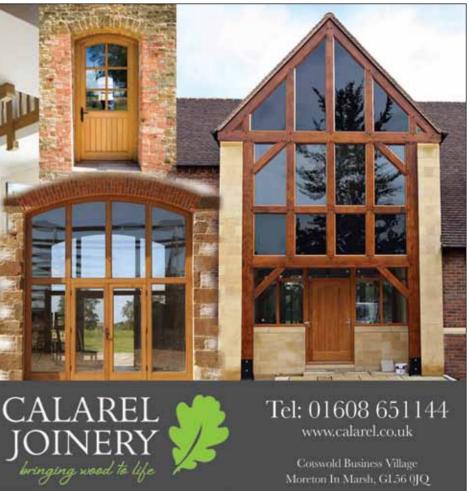
Transform your kitchen with the right colour and finish, working with the finest quality water based eggshells from Farrow & Ball to Little Greene and many more

Are you looking at your kitchen and wondering if it can be hand painted? The answer is yes it can!

ALL INTERIOR PAINTING & DECORATING REQUIREMENTS UNDERTAKEN

 Colour Consultancy | Painting & Decorating For a professional finish Call Paul Dadge
 Fully Insured | Reliable and Trusted Service 01451 821295 | 07527 017914 Free Quote & Consultation Professionally Qualified







What is Separation Anxiety (SA) in Dogs

......

Separation Anxiety in dogs is an inability to cope when left alone. The most common form of this is isolation distress; the most severe form is clinical separation anxiety or hyper-attachment disorder.

It's not known how and why dogs develop SA. Research has suggested that certain breeds may be more susceptible; epigenetics (the science of how our genes respond to the environment) may factor; a frightening event or experience in the home when alone; and post-COVID, dogs who got used to their family being at home 24/7 are all within my caseload. Often, there is no identifiable reason.

SA is an anxiety or panic disorder. The dog does not feel safe when left alone. Clear signs of SA are if a dog barks or howls for long periods; they eliminate in the house when normally they are well housetrained: they destroy furnishings or try to escape by digging at the floor or walls at door-

These only wavs. happen when a dog is left alone.

It's a myth that your of systematic desensitisation, which is taidog is somehow paylored exactly to each individual dog. This is similar to treatment of human anxiety/ ing you back, being phobias, but as we are working with dogs dominant, stubborn, or naughty by doing who cannot tell us how they are feeling, an expert eye on their body language and this. The dog is severely stressed and signalling is an integral tool of success. anxious and is not in control of their emo- I offer a 30-minute consultation phone call or Zoom chat free of charge to talk about tions. your dog and their separation-related be-

Helping a dog to overcome their SA can be a long and frustrating challenge and many

families that I help have come to the end of their ability to cope and to hope of better times for them and their dog. SA is truly a disorder that affects the whole family.

I am qualified as a Certified Separation Anxiety Trainer (CSAT). I understand the hopelessness that often comes with trying

NEW ACCESSIBLE MINIBUS SERVICE

SHOPPER ROUTES

- Tuesdays Moreton-in-Marsh (market day)
- Thursdays Stow-on-the-Wold (market day)
- Pre-bookable collection from your door
- Bus passes accepted

GROUP HIRE

- Door to door pre-bookable service
- Collect group members and drop them to club
- Hire the bus and driver for special trips



CALL OR EMAIL TO BOOK

0345 680 5029 info@communityconnexions.org.uk www.communityconnexions.org.uk

New bus service in the **North Cotswolds**

far, please get in touch.

Separation Anxiety Mentor

to support your dog to be ok with being

alone. I am a resource and mentor to peo-

ple who find themselves in this position. I

work with my clients using a programme

haviour. If you are concerned that your

dog may have SA, or you have been try-

ing to help your dog but have only got so

You can arrange your consultation by visiting

www.sa-mentor.com/contact or by calling

me on 07766 756 095. You need not worry

about your dog anymore - I can help.

Community Connexions is a Gloucestershire-based charity and is the largest provider of community transport in the county.

With the support of Motability, Community Connexions has introduced a new accessible minibus service for the North Cotswolds. This supplements the existing services provided by Cotswold Friends.

The new service provides door-to-door services for people who cannot access any other form of transport. Primarily it provides shopper routes - taking people from rurally isolated areas to their nearest supermarket, thereby providing independence and choice. It is also an opportunity for people to chat to their fellow passengers.

The shopper routes run on a Tuesday morning to Moreton-in-Marsh market and supermarkets and on a Thursday morning to Stow-on-the-Wold supermarkets and the monthly market. The services are door to door, our driver will collect passengers from their homes, not a bus stop. Bus passes are accepted on these routes and carers are free to travel with the passenger if required. Pre booking is essential, you can book by calling or emailing the office (details below).

The accessible bus will will also serve clubs, other charities and social events where larger groups of people need to get to one destination.

To book a seat, organise a bus for your club or find out more please email info@communityconnexions.org.uk or call 0345 680 5029.



The Cotswold Tutor **Professional Tuition with**

John Harris (BA. ERAS. PG.C.E) Preparation for GCSE, IGCSE, Common **Entrance and KS3 in Maths and Science**

Experience in teaching children of all abilities. Call now to discuss your child's requirements

Tel: 01451 860044 Mob: 07717 030595 Email: thecotswoldtutor@aol.com **DBS** Registered Member of The Tutor's Association



Communit



Alain Rouveure Galleries · Gardens · Cafe & The Healing Sound Centre

...a Haven of Tranquillity, Products from Nepal and the Himalayas made by Talented Craftsmen All profits raised by the Galleries fund essential social projects in Nepal

The Alain Rouveure Nepal Fund Making a Difference Where it Matter

Todenham • Near Moreton-in-Marsh • Gloucestershire GL56 9NU Closed Mondays & Tuesdays - 01608 650 418

Introducing RoboDoc Mr Nadim Aslam **Consultant Orthopaedic Robotic Hip and Knee Surgeon**

I am one of a few Orthopaedic Surgeons in the UK currently performing Mako robotic-arm assisted surgery for total knee and total hip replacements and have one of the fastest set-up's in the UK.

By using the latest technology to plan the surgery using a CT-based 3D modelling of bone anatomy, the hip or knee can be replaced with less soft tissue damage, enabling a more predictable surgical experience with increased precision and accuracy.

"Patients who have opted for robotic-arm assisted surgery have seen great results, faster recovery, a shorter hospital stay and rapid return to full function."

- worcesterkneeandhipclinic
- Worcestershire Knee and Hip Clinic Robotics
- www.youtube.com/@nadimaslammako

Practice addresses:

Spire South Bank Hospital: 139 Bath Road, Worcester, WR5 3YB The Droitwich Spa Hospital: St Andrews Road, Droitwich, WR9 8DN

To book a consultation with RoboDoc or for more information, contact: 01905 362003 / 01905 362005 / info@wkhc.co.uk / wkhc.co.uk

Risks and Rewards of Mako Robotic-Arm Assisted Hip and Knee Surgery

I am one of a few Orthopaedic Robotic Surgeons in the UK currently using this revolutionary technique Mako robotic-arm assisted surgery for total knee and hip replacements.

I warmly welcome this state-of-the-art technology to Spire South Bank Hospital in Worcester. In this article

I explain what Mako is, how it works and the advantages of using the robot.

What is Mako robotic arm technology?

Stryker has developed Mako robotic-arm assisted technology taking surgery into the next generation. The Company worked alongside Orthopaedic Surgeons to design an innovative system, that can be used to

pre-plan joint replacements procedures using a CTbased 3D scan of the patients unique anatomy. Mako assists with more accurate positioning of standard implants, which help to improve clinical outcomes.

How does Mako work?

Before surgery, patients have a CT-based scan of the damaged joint. A 3D virtual model of their unique anatomy is loaded into the Mako system software and used to create a personalised pre-operative plan. During surgery, I guide the robotic arm, using it to prepare the joint to receive the prosthetic implant.

The Mako system supports me to remain within the pre-defined area of the joint, so only damaged or diseased tissue is removed. As a result, the implant is positioned in precisely the right place and as much of the patient's natural joint as possible is retained. If a revision joint replacement is needed at a future date to replace a worn-out prosthesis, then having had an initial Mako assisted joint replacement can reduce the risk of complications and ensure better outcomes.

Where is the robot based and how can I get further information?

The robot is based at Spire South Bank Hospital in Worcester.



Contact: info@wkhc.co.uk www.wkhc.co.uk 01905 362003



What are the rewards of Mako robotic-arm assisted surgery?

The rewards of having a Mako procedure include: Accuracy – Because the system allows me to create a personalised surgical plan, implants are positioned with even greater accuracy. This is important as even fractional



misalignment can cause pain, discomfort and reduced performance.

 Safety – The Mako system supports my skill, helping me to remain within the area identified in their pre-operative planning stage and reducing the chances of human error.

 Minimising stress on soft tissues Mako maps the natural movement patterns of the joint to reduce stress on soft tissues and ligaments and ensure the joint can move naturally using

the artificial implant.

 Fewer complications – Results show fewer prosthesis complications after surgery and shorter rehabilitation times. There may also be reduced blood loss as there is less unnecessary exposed bone surface.

 Reduced risk of implant failure – Improving accuracy helps to reduce the risk of implant failure and potentially the need for revision surgery in the future.

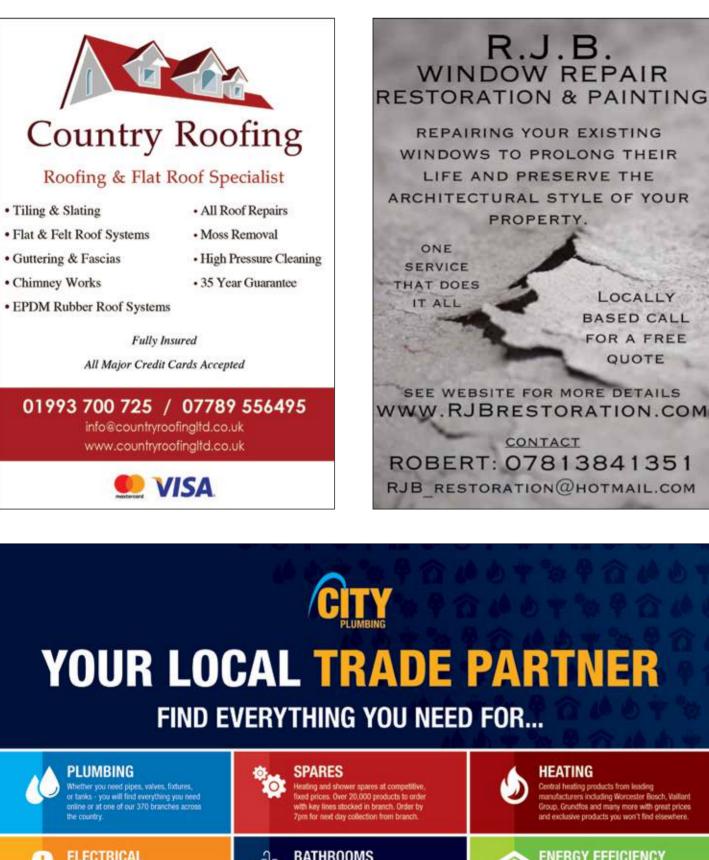
Are there any risks with Mako robotic surgery?

All surgery carries risks and Mako robotic arm assisted hip and knee replacements are no exception. I will discuss any potential risks with you.

To book a consultation or for further information contact: RoboDoc Mr Nadim Aslam Orthopaedic Robotic Surgeon, of the Worcestershire Knee & Hip Clinic

info@wkhc.co.uk wkhc.co.uk 01905 362003 / 01905 362005





Shop in branch or online at cityplumbing.co.uk





LOCALLY

BASED CALL

FOR A FREE

QUOTE

10 COTSWOLDLINK

Personal Care

Dementia Care

Home Help



MUSTOES HAULAGE LTD

Unit 4, Farmington Raod, Northleach, GL54 3FR

Suppliers of sand, gravel, decorative aggregates, Cotswolds walling stone, Top soil, compost, bark nuggets available for collection of delivery

Grab hire, tipper hire, crane off load and site clearance

Email: colinmustoe@yahoo.com Website: www.mustoeshalugae.co.uk Mobile 07976 235 679 or 01451 860 888





Rissingtons Local History Society

Friday 13th October @ 7.30pm

"Most Secret - Defford Airfield

& the story of Airborne Radar"

- a talk by Tim Barney.

A short AGM will be held prior to the talk.

Venue: Village Hall, Upper Rissington GL54 2QW

Visitors Welcome £3.50 to include refreshments.

For enquiries contact information.RLHS@gmail.com /

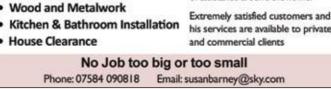
Kate O'Brien 07815 606770





12 COTSWOLDLINK





Thomas Contracting

 General Groundworks Excavations

- Drainage
- Site Clearance
- Hard Landscaping
- Brick & Stone Work
- Re-Pointing



Dry Stone Walling

Agricultural Ground

Block Paving

Site Clearance

Maintenance

Fencing

Turfing



Tel: 01451 810819 / 01386 841642 Mobile: 07710 411856 www.thomascontracting.co.uk



Start your building project today at Feldonbuildersltd.co.uk







Cotswold Depot Station Yard Ind Estate Chipping Norton OX75HX Tel: 01608 644227





A family owned and operated company with generations of experience in construction, bespoke joinery, and renovation across an impressive portfolio of

Feldon Builders also makes bespoke joinery, beautifully undertaken in our workshop by our highly skilled joiners. We also offer a bespoke paint spraying service to finish off the joinery in house. We can help with design, manufacturing and installation.

Renovations to inspire and transform, performed with integrity and dedication by Feldon Builders Ltd.

E: info@feldonbuildersltd.co.uk



Quality built general joinery stairs, windows, doors

We offer: Supply only; Supply and fit; and Carpentry services (including 1st & 2nd fix)

Tel: Alan Minchin 01451 822295 or 07808 960803

See our work at www.eckersleyandminchin.co.uk





14 COTSWOLDLINK



Commercial • Domestic • Industrial	
	Joinestic - Industrial
Inspection & Testing	 Electric underfloor heating
PAT Testing	 Central heating control wiring
Replacement fuse boards	TV Wiring & Telephones
Garden & Security Lightin	ng • Full rewires • New builds
Call Now For a FREE Quotation 📕 🔍 📖	
	07881 943271 / 01451 822761
	www.pwheelerelectrical.co.uk info@pwheelerelectrical.co.uk

COTSWOLD PETROLEUM

Cotswold Petroleum is an independent family run business, situated in the heart of the Cotswolds and is the local name in home heating oil, agricultural diesel and road diesel. From the local depot at Springhill near Broadway, Cotswold Petroleum distributes a full range of heating oils, agricultural diesel and road fuels for home, farm and industry. If you would like further information on our service or products please visit our website, or call the Cotswold Petroleum Hotline on: 01386 579579



ALDERMINSTER renewables electrics

EXPERTS YOU CAN TRUST

Design & Install: Solar PV Systems **Battery Storage Systems** Air Source Heat Pumps

To book a free consultation please call or email: 01608 690605 Email: info@alderminstergroup.co.uk



Unit 8 Shipston Business Village, Tilemans Lane, Shipston on Stour, CV36 4FF



YOUR PERFECT BATHROOM IS CLOSER THAN YOU THINK

From taps to tiles and cloakrooms to family bathrooms, we have it all. We also offer a FREE 3D design & planning service, so you can see your new bathroom before it's fitted.

We work with leading manufacturers offering market-leading guarantees to bring you quality products to suit every sized bathroom, style and budget.

Visitus Today Unit 5 Beech Court, Bourton Industrial Park, Bourton-on-the-Water, GL54 2SB

bathrooms.com





heating

Electric Vehicle Charge Points







A family business offering a tailored customer experience from start to finish



Visit our showroom in Woodstock displaying our range of bespoke products, specially designed for conservation areas.

RESIDENCE COLLECTION

The Residence Collection is a flush window which replicates traditional timber windows, without the necessary high maintenance.

Brochures are available to download from our website also by email on request. Over 100 excellent customer reviews on trust a trader.

Free no obligation quotations Tel 01993 811133 Mobile: 07813 530811 Email: office@elitewindowsltd.co.uk Website: www.elitewindowsltd.co.uk Office / Showroom: Suite 1, Knibbs Barn, 90 Manor Road, Woodstock, Oxfordshire, OX20 IXL ** By appointment only



Victoria Mannion

"I couldn't raise this holliant company roore! Paulwee lowardsdgaebie, analy contactable and put or ename, we trusted him from the start, tan, the installer of our 2 doers and 10 windows linkuling a tricity concale window and a domary window which was output upon discreased in sex superbiter was punctual, polite, incredibly hardworking and above all lith husan spottees I weak highly recommend that company! Thank you as much Paul. It is:

Kate

This is the succed time we've used Elite and they've nothing atset of fantastic. They've always as helpful and a very brench tasm, Ou installent dd a worderful job and no've werver and core is our lonois aircaig. I wordpith's health to recommend them and the basedful traditional spice of heidbases flargi helpful as alded. It makes not home back form and is beautiful traditional spice of heidbases flargi helpful as alded. It makes not home back form and is beautiful the term, while still getting all the bareafits of UPVC*



Beautiful Oak-Framed Buildings

HANDCRAFTED

Garden Rooms · Orangeries · Home Offices · Garages · Porches

COTSWOLD FAMILY-RUN BUSINESS

MITREOAK.CO.UK



01905 828139

www.cotswoldlink.co.uk