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# Growth inhibitory activity of kakadu Plum extracts against the opportunistic pathogen *Clostridium perfringens*: New leads in the prevention and treatment of clostridial myonecrosis

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## ABSTRACT

**Introduction:** *Clostridium perfringens* is the etiological agent of clostridial myonecrosis and enteritis necroticans. Infections result in exotoxin production, tissue necrosis and unless promptly treated, may result in death. *Terminalia ferdinandiana* (Kakadu plum) fruit has documented therapeutic properties as a general antiseptic agent. Fruit extracts have been reported to inhibit the growth of an extensive panel of pathogenic bacteria. Leaf extracts have also been shown to block the growth of several bacterial species associated with autoimmune inflammatory diseases. **Methods:** *T. ferdinandiana* fruit and leaf solvent extracts were investigated for growth inhibitory activity by disc diffusion assay against a clinical strain of *Clostridium perfringens*. Their MIC values were determined to quantify and compare their efficacies. Toxicity was determined using the *Artemia franciscana* nauplii bioassay. Active extracts were analysed by non-targeted HPLC-QTOF mass spectroscopy (with screening against 3 compound databases) for the identification and characterisation of individual components in the crude plant extracts. **Results:** Methanolic and aqueous *T. ferdinandiana* fruit and leaf extracts, as well as the leaf ethyl acetate extract, displayed growth inhibitory activity in the disc diffusion assay against *C. perfringens*. The leaf extracts were generally more potent growth inhibitors than the corresponding fruit extracts, although the aqueous fruit extract had substantially greater efficacy than the aqueous leaf extract. The methanolic and ethyl acetate leaf extracts were particularly potent growth inhibitors, with MIC values of 206 and 117 µg/ml respectively. The fruit

methanolic extract also displayed good efficacy, with an MIC of 716 µg/ml. In contrast, the chloroform and hexane extracts of both fruit and leaf were completely devoid of growth inhibitory activity. All *T. ferdinandiana* extracts were either nontoxic or of low toxicity in the *Artemia franciscana* bioassay. Non-biased phytochemical analysis of the methanolic and ethyl acetate leaf extracts revealed the presence of high relative levels of a diversity of gallo- and ellagi- tannins. **Conclusion:** The low toxicity of the *T. ferdinandiana* extracts and the potent growth inhibitory bioactivity of the leaf methanolic and ethyl acetate extracts against *C. perfringens* indicates their potential as medicinal agents in the treatment and prevention of clostridial myonecrosis and enteritis necroticans. Metabolomic profiling studies indicate that these extracts contained a diversity of tannins.

**Key words:** *Terminalia ferdinandiana*, Kakadu plum, Antioxidant, Australian medicinal plants, Antibacterial extracts, Myonecrosis, Enteritis necroticans, Gas gangrene.

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## INTRODUCTION

*Clostridium perfringens* is an endospore-forming, gram-positive bacterium and the etiological agent of various diseases, including clostridial myonecrosis and enteritis necroticans.<sup>1</sup> The bacterium grows strictly anaerobically (although it is aerotolerant) and is found ubiquitously in the environment as part of the natural microbial flora. It is often also present in the digestive tract of humans and other vertebrates.<sup>2</sup> Under stresses such as harsh environmental surroundings or when deprived of necessary nutrients, *C. perfringens* can produce endospores that place it in a metabolically dormant state as a defence mechanism until conditions are once again favourable for cellular proliferation.<sup>3</sup> The environmental robustness of the bacterium has significant clinical implications and under anoxic conditions is responsible for a wide variety of diseases, some of which are highly fatal.

Clostridial myonecrosis (or gas gangrene) is a rapidly progressive, highly lethal infection of the skeletal muscle caused by several exotoxin-producing *Clostridium* species. Though it is caused by a number of species within the *Clostridium* genus (including *C. septicum*, *C. histolyticum* or *C. novyi*), the predominant cause of gas gangrene is through *C. perfringens*, which is estimated to be the causative agent in 80-90% of all documented cases.<sup>4,5</sup> The bacterium is reliant on anaerobic conditions and thus infection occurs primarily in deep tissues, either as a result trauma or post-surgery.<sup>6</sup> Associated exotoxins are subsequently produced and these

necrotize the surrounding tissue, resulting in muscular degradation. Unless prompt treatment is administered, later symptoms may include acute renal failure, shock, coma and ultimately death.<sup>7</sup>

Current strategies in the treatment of *C. perfringens* induced gas gangrene involve a combination of both antibiotic therapy and aggressive surgical debridement.<sup>7</sup> Without prompt treatment, gas gangrene is highly fatal and thus the removal of necrotized tissues is often necessary to reduce the chance of host death. In recent times there has been an emphasis on producing an effective vaccine, however this is viewed more as a preventative measure than as a curative therapy and thus has no use once infection has initiated.<sup>8</sup> Furthermore, the sporadic, opportunistic nature of the pathogen results in difficulty in predicting who should receive the vaccination. Thus, the primary method of treatment currently involves the administration of a combination of penicillin and clindamycin as soon as the infection is detected.<sup>4</sup> Although the bacterium has remained relatively susceptible to antibiotics, reports of antibiotic resistant *C. perfringens* have emerged and thus there is an ever-increasing need to discover and develop alternative chemotherapeutic options for the treatment of gas gangrene.<sup>9</sup>

*Terminalia ferdinandiana* (commonly known as Kakadu plum, gubinge, billy goat plum) is an endemic Australian plant which is noted for its extremely high antioxidant content.<sup>10-1</sup> Indeed, *T. ferdinandiana* fruit

reportedly has the highest ascorbic acid levels of any plant in the world, with levels reported as high as 6% of the recorded wet weight. This is approximately 900 times higher (g/g) than the ascorbic acid content in blueberries. *T. ferdinandiana* has previously been shown to have strong antibacterial activity against an extensive panel of bacteria.<sup>12-5</sup> Solvent extracts of various polarities were tested against both gram-positive and gram-negative bacterial species. The polar extracts proved to be more effective antibacterial agents, indicating that the antibacterial components were polar. Indeed, the polar extracts inhibited the growth of nearly every bacteria tested. Both gram-positive and gram-negative bacterial species were susceptible, indicating that the inhibitory compounds may readily cross the gram-negative cell wall.

Whilst most recent interest in *T. ferdinandiana* has focussed on the fruit due to its high antioxidant capacity, there is a relative lack of evidence of its use as a therapeutic agent. Instead, it was considered by the first Australians to have greater worth as a highly nutritious food and as a tonic for general well-being. Greater emphasis has been traditionally given to the leaf, bark and sap/kinos, especially as an antiseptic agent.<sup>16-7</sup> Despite their traditional therapeutic usage, these other parts of *T. ferdinandiana* have been less well studied. Recently, *T. ferdinandiana* leaf extracts were shown to have potent inhibitory activity against the bacterial triggers of several auto immune inflammatory diseases including multiple sclerosis.<sup>18</sup> That study indicated that the inhibition of the bacterial triggers of multiple sclerosis by the leaf extracts may be due to their high tannin content. Furthermore, despite the reported broad spectrum growth inhibitory activity of *T. ferdinandiana* fruit, numerous pathogens are yet to be evaluated for the ability to inhibit their growth. The antibacterial properties of leaf extracts of this species remain largely unreported. The current study was undertaken to test the ability of *T. ferdinandiana* fruit and leaf extracts to inhibit the growth of the gram-positive anaerobic bacterium *Clostridium perfringens* and to further evaluate the phytochemical compositions of the extracts with the most potent growth inhibitory activity.

## MATERIALS AND METHODS

### Plant source and extraction

*T. ferdinandiana* fruit leaves and pulp were supplied and verified by David Boehme of Wild Harvest, Northern Territory (Australia). The pulp was frozen prior to transport and kept at -10°C until processed. A voucher specimen of the pulp (KP2014GD) is maintained at School of Natural Sciences, Griffith University. The leaves were extensively dehydrated in a Sunbeam food dehydrator and the desiccated material was stored at -30°C. A voucher specimen (KP2015LA) is stored at the School of Natural Sciences, Griffith University. The plant materials were thoroughly dried and ground into a coarse powder prior to use. A mass of 1 g of ground powder was extensively extracted in 50 mL of either deionised water, methanol, chloroform, hexane or ethyl acetate for 24 h at 4°C with gentle shaking. All solvents were supplied by Ajax, Australia (AR grade). The extracts were filtered through filter paper (Whatman No. 54) and air dried at room temperature. The aqueous extract was lyophilised by rotary evaporation in an Eppendorf concentrator 5301. The resultant pellets were dissolved in 10 mL deionised water (containing 0.5% DMSO). The extract was passed through a 0.22 µm filter (Sarstedt) and stored at 4°C until used.

### Qualitative phytochemical studies

Phytochemical analysis of the extracts for the presence of triterpenoids, tannins, saponins, phytosteroids, phenolic compounds, flavonoids, cardiac glycosides, anthraquinones and alkaloids were conducted by previously described assays.<sup>19-21</sup>

### Antioxidant capacity

The antioxidant capacity of each sample was assessed using a modified DPPH free radical scavenging method.<sup>18,22</sup> Ascorbic acid (0-25 µg per well) was used as a reference and the absorbances were measured and recorded at 515 nm. All tests were completed alongside controls on each plate and all were performed in triplicate. The antioxidant capacity based on DPPH free radical scavenging ability was determined for each extract and expressed as µg ascorbic acid equivalents per gram of original plant material extracted.

### Antibacterial screening

#### Clinical *Clostridium perfringens* screening

A clinical strain of *Clostridium perfringens* was supplied by Ms. Jane Gifkins (Griffith University) and was originally isolated and verified by Dr. John Bates (Department of Queensland Health). Cultures were grown and maintained using a thioglycollate liquid media (Oxoid Ltd., Australia). All growth studies were performed using nutrient agar (Oxoid Ltd., Australia) under induced anaerobic conditions through the use of anaerobic jars and AnaeroGen™ 3.5 L atmospheric generation systems (Thermo Scientific). Incubation was at 30°C and the stock culture was subcultured and maintained in thioglycollate liquid media at 4°C.

### Evaluation of antimicrobial activity

Antimicrobial activity of all plant extracts was determined using a modified disc diffusion assay.<sup>23-4</sup> Briefly, 100 µL of *C. perfringens* was grown in 10 mL of fresh thioglycollate media until they reached a count of ~10<sup>8</sup> cells/mL. A volume of 100 µL of the bacterial suspension was spread onto nutrient agar plates and extracts were tested for antibacterial activity using 6 mm sterilised filter paper discs. Discs were impregnated with 10 µL of *T. ferdinandiana* extracts, allowed to dry and placed onto the inoculated plates. The plates were allowed to stand at 4°C for 2 h before incubation at 30°C for 24 h. The diameters of the inhibition zones were measured to the closest whole millimetre. Each assay was performed in at least triplicate. Mean values (± SEM) are reported in this study. Standard discs of penicillin (2 µg) and ampicillin (10 µg) were obtained from Oxoid Ltd., Australia and used as positive controls to compare antibacterial activity. Filter discs impregnated with 10 µL of distilled water were used as a negative control.

### Minimum inhibitory concentration (MIC) determination

The minimum inhibitory concentrations (MIC) of the extracts was determined as previously described.<sup>25-7</sup> Briefly, the plant extracts were diluted in deionised water and tested across a range of concentrations. Discs were impregnated with 10 µL of the extract dilutions, allowed to dry and placed onto inoculated plates. The assay was performed as outlined above and graphs of the zone of inhibition versus concentration were plotted. Linear regression was used to determine MIC values.

### Toxicity screening

#### Reference toxin for toxicity screening

Potassium dichromate (K<sub>2</sub>Cr<sub>2</sub>O<sub>7</sub>) (AR grade, Chem-Supply, Australia) was prepared in distilled water (4 mg/mL) and serially diluted in artificial seawater for use in the *Artemia franciscana* nauplii bioassay.

#### *Artemia franciscana* nauplii toxicity screening

Toxicity was tested using a modified *Artemia franciscana* nauplii lethality assay.<sup>28-30</sup> Briefly, 400 µL of seawater containing ~43 (mean 43.2, n=155, SD 14.5) *A. franciscana* nauplii were added to wells of a 48 well plate and immediately used in the bioassay. Volumes of 400 µL of reference toxin

or the diluted plant extracts were transferred to the wells and incubated at  $25 \pm 1^\circ\text{C}$  under artificial light (1000 Lux). A negative control (400  $\mu\text{L}$  seawater) was run in triplicate for each plate. All treatments were performed in at least triplicate. The wells were checked at regular intervals and the number of dead counted. The nauplii were deemed dead if no movement of the appendages was detected within 10 seconds. After 24 h, all nauplii were sacrificed and counted to determine the total % mortality per well. The  $\text{LC}_{50}$  with 95% confidence limits for each treatment was calculated using probit analysis.

### Non-targeted HPLC-MS QTOF analysis

Chromatographic separations were performed as previously described.<sup>14,31</sup> Briefly, 2  $\mu\text{L}$  of sample was injected onto an Agilent 1290 HPLC system fitted with a Zorbax Eclipse plus C18 column (2.1 $\times$ 100 mm, 1.8  $\mu\text{m}$  particle size). The mobile phases consisted of (A) ultrapure water and (B) 95:5 acetonitrile/water at a flow rate of 0.7 mL/min. Both mobile phases were modified with 0.1% (v/v) glacial acetic acid for mass spectrometry analysis in positive mode and with 5 mM ammonium acetate for analysis in negative mode. The chromatographic conditions utilised for the study consisted of the first 5 min run isocratically at 5% B, a gradient of (B) from 5% to 100% was applied from 5 min to 30 min, followed by 3 min isocratically at 100%. Mass spectrometry analysis was performed on an Agilent 6530 quadrupole time-of-flight spectrometer fitted with a Jet-stream electrospray ionisation source in both positive and negative mode.

Data was analysed using the Masshunter Qualitative analysis software package (Agilent Technologies). Blanks using each of the solvent extraction systems were analysed using the Find by Molecular Feature algorithm in the software package to generate a compound list of molecules with abundances greater than 10,000 counts. This was then used as an exclusion list to eliminate background contaminant compounds from the analysis of the extracts. Each extract was then analysed using the same parameters using the Find by Molecular Feature function to generate a putative list of compounds in the extracts. Compound lists were then screened against three accurate mass databases; a database of known plant compounds of therapeutic importance generated specifically for this study (800 compounds); the Metlin metabolomics database (24,768 compounds); and the Forensic Toxicology Database by Agilent Technologies (7,509 compounds). Empirical formula for unidentified compounds was determined using the Find Formula function in the software package

### Statistical analysis

Data is expressed as the mean  $\pm$  SEM of at least three independent experiments.

## RESULTS

### Liquid extraction yields and qualitative phytochemical screening

Kakadu plum plant extractions (1 g) with various solvents yielded dried plant extracts ranging from 18 mg to 483 mg (fruit extracts) and 58 mg to 471 mg (leaf extracts) (Table 1). Aqueous and methanolic extracts provided significantly greater yields of extracted material relative to the chloroform, ethyl acetate and hexane counterparts, which gave low to moderate yields. The dried extracts were resuspended in 10 mL of deionised water (containing 1 % DMSO), resulting in the concentrations presented in Table 1.

### Antioxidant content

Antioxidant capacity for the plant extracts (Table 1) ranged from 0.4 mg (hexane leaf extract) to a high of 660 mg ascorbic acid equivalence

per gram of dried plant material extracted (methanolic fruit extract). The aqueous and methanolic extracts generally had higher antioxidant capacities than the corresponding chloroform, hexane and ethyl acetate extracts.

### Antimicrobial activity

To determine the ability of the fruit and leaf crude extracts to inhibit *C. perfringens* growth, 10  $\mu\text{L}$  of each extract were screened using a disc diffusion assay. Bacterial growth was strongly inhibited by 5 of the 10 extracts screened (50%) (Figure 1). The methanolic leaf extract was the most potent inhibitor of growth (as judged by zone of inhibition), with inhibition zones of  $16 \pm 0.6$  mm. This compares favourably with the penicillin (2  $\mu\text{g}$ ) and ampicillin controls (10  $\mu\text{g}$ ), with the zones of inhibition of  $12.3 \pm 0.3$  and  $13 \pm 1.0$  mm respectively. The methanolic fruit extract as well as both the aqueous and ethyl acetate leaf extracts also displayed good inhibition of *C. perfringens* growth, with  $\geq 9$  mm zones of inhibition. Typically, the leaf extracts were more potent inhibitors of *C. perfringens* growth than were their corresponding fruit extract counterparts.

The antimicrobial efficacy was further quantified through the determination of MIC values against the Kakadu plum extracts (Table 2). The aqueous and methanolic extracts (both fruit and leaf), as well as the leaf ethyl acetate extract, were effective at inhibiting *C. perfringens* growth, with MIC values generally <1000  $\mu\text{g}/\text{mL}$  (<10  $\mu\text{g}$  impregnated in the disc). The methanolic and ethyl acetate leaf extracts were particularly potent, with MIC values of 206  $\mu\text{g}/\text{mL}$  (approximately 2.1  $\mu\text{g}$  infused into the disc) and 117  $\mu\text{g}/\text{mL}$  (approximately 1.2  $\mu\text{g}$  infused into the disc) respectively. These results compare well with the growth inhibitory activity of the penicillin and ampicillin controls which were tested at 2  $\mu\text{g}$  and 10  $\mu\text{g}$  respectively. The methanolic fruit extract was also a potent *C. perfringens* growth inhibitor (MIC value of 716  $\mu\text{g}/\text{mL}$ ). Whilst less potent, the aqueous fruit extract also displayed good growth inhibitory activity (MIC values of 1192  $\mu\text{g}/\text{mL}$ ). In contrast, both chloroform and hexane extracts, as well as the fruit ethyl acetate extract, were not active, or were of only low efficacy in the assay.

### Quantification of toxicity

All extracts were initially screened in the assay at 2000  $\mu\text{g}/\text{mL}$  (Figure 2). As a reference toxin, potassium dichromate was also tested in the bioassay. The potassium dichromate reference toxin was rapid in its onset of mortality, inducing nauplii death within the first 3 h of exposure and 100% mortality evident within 4-5 h (results omitted). All aqueous and methanolic extracts as well as the ethyl acetate leaf extract showed > 90 % mortality rates at 24 h. The other extracts showed < 10% mortality rates at 24 h, with the exception of the chloroform leaf extract.

To further quantify the effects of toxin concentration on the initiation of mortality, the extracts were serially diluted in artificial seawater to test across a series of concentrations in the *Artemia* nauplii bioassay at 24 hours. The  $\text{LC}_{50}$  values of the Kakadu plum extracts towards *A. franciscana* are presented in Table 2. No  $\text{LC}_{50}$  values are reported in either of the hexane or chloroform extracts, nor for the ethyl acetate fruit extract, as <50 % mortality was seen in all tested concentrations. Extracts with an  $\text{LC}_{50}$  greater than 1000  $\mu\text{g}/\text{mL}$  towards *Artemia* nauplii have been defined as being nontoxic in this assay.<sup>32</sup> As only the ethyl acetate fruit extract had an  $\text{LC}_{50}$  value of < 1000  $\mu\text{g}/\text{mL}$ , all other extracts were considered nontoxic. Whilst the  $\text{LC}_{50}$  value for the ethyl acetate leaf extract is < 1000  $\mu\text{g}/\text{mL}$ , a value of 767  $\mu\text{g}/\text{mL}$  indicates low to moderate toxicity.

### HPLC-MS QTOF analysis

As the methanolic and ethyl acetate leaf extracts had the greatest antibacterial efficacy (as determined by MIC), they were deemed the



**Table 1: The mass of dried extracted material, the concentration after resuspension in deionised water, qualitative phytochemical screenings and antioxidant capacities of the Kakadu plum extracts**

Extract	Mass of Dried Extract (mg)	Concentration of Resuspended Extract (mg/mL)	Antioxidant Capacity (mg Ascorbic Acid Equivalency)	Total Phenolics	Water Soluble Phenolics	Water Insoluble Phenolics	Cardiac Glycosides	Saponins	Triterpenes	Phytosteroids	Alkaloids (Mayer Test)	Alkaloids (Wagner Test)	Flavonoids	Tannins	Free Anthraquinones	Combined Anthraquinones
KFW	483	48.3	264	+++	+++	+++	-	+	-	-	-	-	+++	++	-	-
KFM	359	35.9	660	+++	+++	+++	-	++	+	-	+	+	+++	++	-	-
KFC	62	6.2	7	+	-	-	-	-	-	-	-	-	-	-	-	-
KFH	18	1.8	1	-	-	-	-	-	-	-	-	-	-	-	-	-
KFE	30	3	39	++	++	+	-	+	++	-	-	-	++	-	-	-
KLW	471	47.1	340	+++	+++	+++	++	+++	++	-	-	-	++	+++	+	+
KLM	331	33.1	150	+++	+++	+++	+++	++	+	-	+	+	++	+++	+	+
KLC	59	5.9	5	+	-	-	-	-	-	-	-	-	-	-	-	-
KLH	58	5.8	0.4	+	-	-	-	-	-	-	-	-	++	+	-	-
KLE	59	5.9	22	+++	+++	+++	-	-	-	-	-	-	++	++	-	-

+++ indicates a large response; ++ indicates a moderate response; + indicates a minor response; - indicates no response in the assay. KFW=aqueous Kakadu plum fruit extract; KFM=methanolic Kakadu plum fruit extract; KFC=chloroform Kakadu plum fruit extract; KFH=hexane Kakadu plum fruit extract; KFE=ethyl acetate Kakadu plum fruit extract; KLW=aqueous Kakadu plum leaf extract; KLM=methanolic Kakadu plum leaf extract; KLC=chloroform Kakadu plum leaf extract; KLH=hexane Kakadu plum leaf extract; KLE=ethyl acetate Kakadu plum leaf extract. Antioxidant capacity was determined by DPPH reduction and is expressed as mg ascorbic acid equivalence per g plant material extracted.

**Table 2: Minimum inhibitory concentration ( $\mu\text{g/mL}$ ) of the Kakadu plum fruit and leaf extracts and  $\text{LC}_{50}$  values ( $\mu\text{g/mL}$ ) in the *Artemia nauplii* bioassay**

Extract	MIC	$\text{LC}_{50}$
aqueous fruit extract	1192	2,080
methanolic fruit extract	716	2,115
chloroform fruit extract	-	-
hexane fruit extract	-	-
ethyl acetate fruit extract	-	-
aqueous leaf extract	3125	1,330
methanolic leaf extract	206	1,133
chloroform leaf extract	-	-
hexane leaf extract	-	-
ethyl acetate leaf extract	117	767

Numbers indicate the mean MIC and  $\text{LC}_{50}$  values of triplicate determinations. - indicates no inhibition.

most promising extracts for further phytochemical analysis. Optimised HPLC-MS QTOF parameters used previously for the analysis of *T. ferdinandiana* leaf extracts<sup>21</sup> were also used for the determination of the methanolic and ethyl acetate leaf extract compound profiles. The total compound chromatograms of the methanolic and ethyl acetate extracts are presented in Figure 3 and 4 respectively.

The *T. ferdinandiana* methanolic extract positive (Figure 3a) and negative ion (Figure 3b) total compound chromatograms revealed multiple overlapping peaks in the early stages of the chromatogram corresponding to the elution of polar compounds. Most of the extract compounds had eluted within 12 minutes of the chromatogram (corresponding to approximately 32% acetonitrile). However, several prominent peaks between 12 and 16 min in both chromatograms, and between

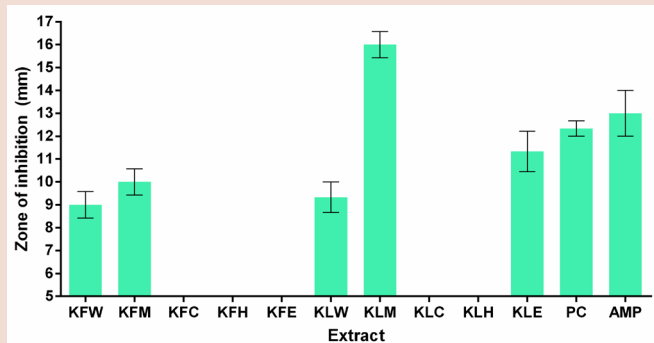
24 and 30 minutes (51-66% acetonitrile) indicates the broad spread of polarities of the compounds in this extract. The leaf ethyl acetate positive ion (Figure 4a) chromatogram had a similar elution profile to the corresponding methanolic extract, albeit with fewer peaks evident. Many of the peaks in this chromatogram corresponded to peaks at similar elution volumes in the methanolic extract, indicating that many compounds were extracted by both solvents. In contrast, much fewer peaks were evident in the leaf ethyl acetate negative ion chromatogram (Figure 4b). However, this chromatogram had significant background absorbance levels than the positive ion chromatogram due to ionisation of negative ions in this mode, possibly masking the signals for some peaks.

In total, 54 unique mass signals were noted for the *T. ferdinandiana* leaf methanolic and/or ethyl acetate extracts (Table 3). All of the 54 unique

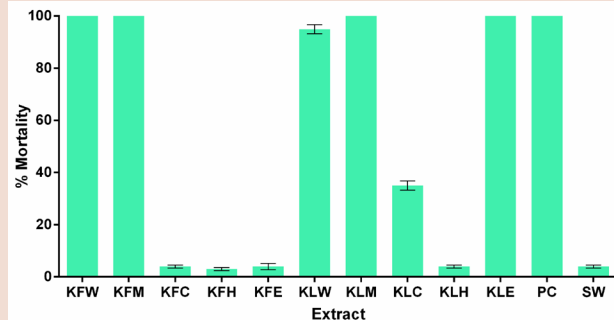
**Table 3:** Qualitative HPLC-MS/MS analysis of the *T. ferdinandiana* leaf methanolic and ethyl acetate extracts, elucidation of empirical formulas and putative identification of the compound

Name	Formula	Mass	RT	KLM	KLE
Chebolic acid (isomer 1)	C <sub>14</sub> H <sub>12</sub> O <sub>11</sub>	356.0395	0.363	-	+/-
Shikimic acid	C <sub>7</sub> H <sub>10</sub> O <sub>5</sub>	174.0542	0.403	-	-
Theophylline	C <sub>7</sub> H <sub>8</sub> N <sub>4</sub> O <sub>2</sub>	180.0649	0.424	-	-
(1S,5R)-4-Oxo-6,8-dioxabicyclo[3.2.1]oct-2-ene-2-carboxylic acid	C <sub>7</sub> H <sub>6</sub> O <sub>5</sub>	170.0221	0.484	-	-
Mannitol	C <sub>6</sub> H <sub>14</sub> O <sub>6</sub>	182.0793	0.505	-	+
Diprophylline	C <sub>10</sub> H <sub>14</sub> N <sub>4</sub> O <sub>4</sub>	254.1012	0.512	-	+
Protocatechuic acid	C <sub>7</sub> H <sub>6</sub> O <sub>4</sub>	154.0272	0.522	-	-
Propionylglycine methyl ester	C <sub>6</sub> H <sub>11</sub> N <sub>1</sub> O <sub>3</sub>	145.0744	0.529	+	-
Naphtho[2",3":4',5']imidazo[2',1':2,3][1,3]thiazolo[4,5-b]quinoxaline	C <sub>19</sub> H <sub>10</sub> N <sub>4</sub> S	326.0645	0.621	-	-
Vanilpyruvic acid	C <sub>10</sub> H <sub>10</sub> O <sub>5</sub>	210.0529	0.632	-	-
Valdipromide	C <sub>11</sub> H <sub>23</sub> NO	185.1785	0.91	-	+
Ellagic acid dihydrate	C <sub>14</sub> H <sub>10</sub> O <sub>10</sub>	338.0285	1.067	+/-	+
Punicalagin	C <sub>48</sub> H <sub>28</sub> O <sub>30</sub>	1084.065	1.157	-	-
Chebolic acid (isomer 2)	C <sub>14</sub> H <sub>12</sub> O <sub>11</sub>	356.0388	1.533	+/-	+
Phloroglucinol	C <sub>6</sub> H <sub>6</sub> O <sub>3</sub>	126.0322	1.605	+	-
Phosphoribosylaminoimidazolesuccinocarboxamide (SAICAR)	C <sub>13</sub> H <sub>19</sub> N <sub>4</sub> O <sub>12</sub> P	454.0751	2.489	-	-
2-Cyclohexylpiperidine oxalate	C <sub>13</sub> H <sub>23</sub> N <sub>2</sub> O <sub>4</sub>	257.163	3.268	-	+
(2-Methyl-4-oxo-4H-pyran-3-yloxy)-acetic acid	C <sub>8</sub> H <sub>8</sub> O <sub>5</sub>	184.0377	3.745	-	-
Ellagic acid	C <sub>14</sub> H <sub>6</sub> O <sub>8</sub>	302.0073	4.372	+/-	+
(2-Methyl-4-oxo-4H-pyran-3-yloxy)-acetic acid	C <sub>8</sub> H <sub>8</sub> O <sub>5</sub>	184.0374	4.788	-	-
1 $\alpha$ ,25-Dihydroxy-26,27-dimethyl-22,22,23,23-tetradehydrovitamin D3	C <sub>29</sub> H <sub>44</sub> O <sub>3</sub>	440.3262	6.929	-	+
Chebulagic acid (isomer 1)	C <sub>41</sub> H <sub>30</sub> O <sub>27</sub>	954.0979	7.629	-	-
Castalagin (isomer 1)	C <sub>41</sub> H <sub>26</sub> O <sub>26</sub>	934.0719	7.671	-	-
Corilagin	C <sub>27</sub> H <sub>22</sub> O <sub>18</sub>	634.0815	7.773	+/-	+/-
8-Epiiridodial glucoside	C <sub>16</sub> H <sub>24</sub> O <sub>8</sub>	344.1475	8.42	-	-
Punicalin	C <sub>34</sub> H <sub>22</sub> O <sub>22</sub>	782.0619	8.498	+	+
Chebulinic acid (isomer 1)	C <sub>41</sub> H <sub>32</sub> O <sub>27</sub>	956.1131	8.602	-	-
Luteolin (isomer 1)	C <sub>21</sub> H <sub>20</sub> O <sub>11</sub>	448.1018	8.726	+/-	+/-
Castalagin (isomer 2)	C <sub>41</sub> H <sub>26</sub> O <sub>26</sub>	934.0705	8.767	-	-
Vitexin	C <sub>21</sub> H <sub>20</sub> O <sub>10</sub>	432.1067	9.201	+/-	+/-
Exifone	C <sub>13</sub> H <sub>10</sub> O <sub>7</sub>	278.0431	9.314	+/-	+/-
Rutin	C <sub>27</sub> H <sub>30</sub> O <sub>16</sub>	610.1542	9.34	-	-
Punicalin	C <sub>34</sub> H <sub>22</sub> O <sub>22</sub>	782.0619	9.368	+	+
Luteolin (isomer 2)	C <sub>21</sub> H <sub>20</sub> O <sub>11</sub>	448.1011	9.779	+/-	+/-
Chebulagic acid (isomer 2)	C <sub>41</sub> H <sub>30</sub> O <sub>27</sub>	954.0978	9.847	-	-
Casuarinin	C <sub>41</sub> H <sub>28</sub> O <sub>26</sub>	936.0868	9.852	-	-
Norstictic acid pentaacetate	C <sub>28</sub> H <sub>24</sub> O <sub>15</sub>	600.1117	9.996	+/-	+
9,12,13-Trihydroxy-10,15-octadecadienoic acid	C <sub>18</sub> H <sub>32</sub> O <sub>5</sub>	328.2253	11.398	-	-
Punicalin	C <sub>34</sub> H <sub>22</sub> O <sub>22</sub>	782.0619	11.448	+	-
Jasmonic acid	C <sub>12</sub> H <sub>18</sub> O <sub>3</sub>	210.1257	11.536	-	+
Luteolin (isomer 3)	C <sub>15</sub> H <sub>10</sub> O <sub>6</sub>	286.0484	11.864	+/-	+/-
Quercetin	C <sub>15</sub> H <sub>10</sub> O <sub>7</sub>	302.0434	11.91	-	-
4,12-Dihydroxy-hexadecanoic acid	C <sub>16</sub> H <sub>32</sub> O <sub>4</sub>	288.2306	11.913	-	-
Methyl-p-coumarate	C <sub>10</sub> H <sub>10</sub> O <sub>3</sub>	178.0632	12.005	-	-
9,12,13-Trihydroxy-10-octadecenoic acid	C <sub>18</sub> H <sub>34</sub> O <sub>5</sub>	330.2412	12.491	-	-
Trimethyl ellagic acid (isomer 1)	C <sub>17</sub> H <sub>12</sub> O <sub>8</sub>	344.0543	12.574	+/-	+/-
methyl 9,12-dihydroxy-13-oxo-10-octadecenoate	C <sub>19</sub> H <sub>34</sub> O <sub>5</sub>	342.2412	12.664	-	-
Gingerol	C <sub>17</sub> H <sub>26</sub> O <sub>4</sub>	294.1837	13.015	-	-
Trimethyl ellagic acid (isomer 2)	C <sub>17</sub> H <sub>12</sub> O <sub>8</sub>	344.0545	14.238	+/-	+/-
Trimethyl ellagic acid (isomer 3)	C <sub>17</sub> H <sub>12</sub> O <sub>8</sub>	344.0545	15.116	+/-	+/-
16-Hydroperoxy-9Z,12,14E-octadecatrienoic acid	C <sub>18</sub> H <sub>30</sub> O <sub>4</sub>	310.2145	15.251	-	-
9,13-Dihydroxy-11-octadecenoic acid	C <sub>18</sub> H <sub>34</sub> O <sub>4</sub>	314.246	20.265	-	-
Heptylheptanoate	C <sub>14</sub> H <sub>28</sub> O <sub>2</sub>	228.2091	20.996	-	-
Palmitic acid	C <sub>16</sub> H <sub>32</sub> O <sub>2</sub>	256.2413	23.869	-	-

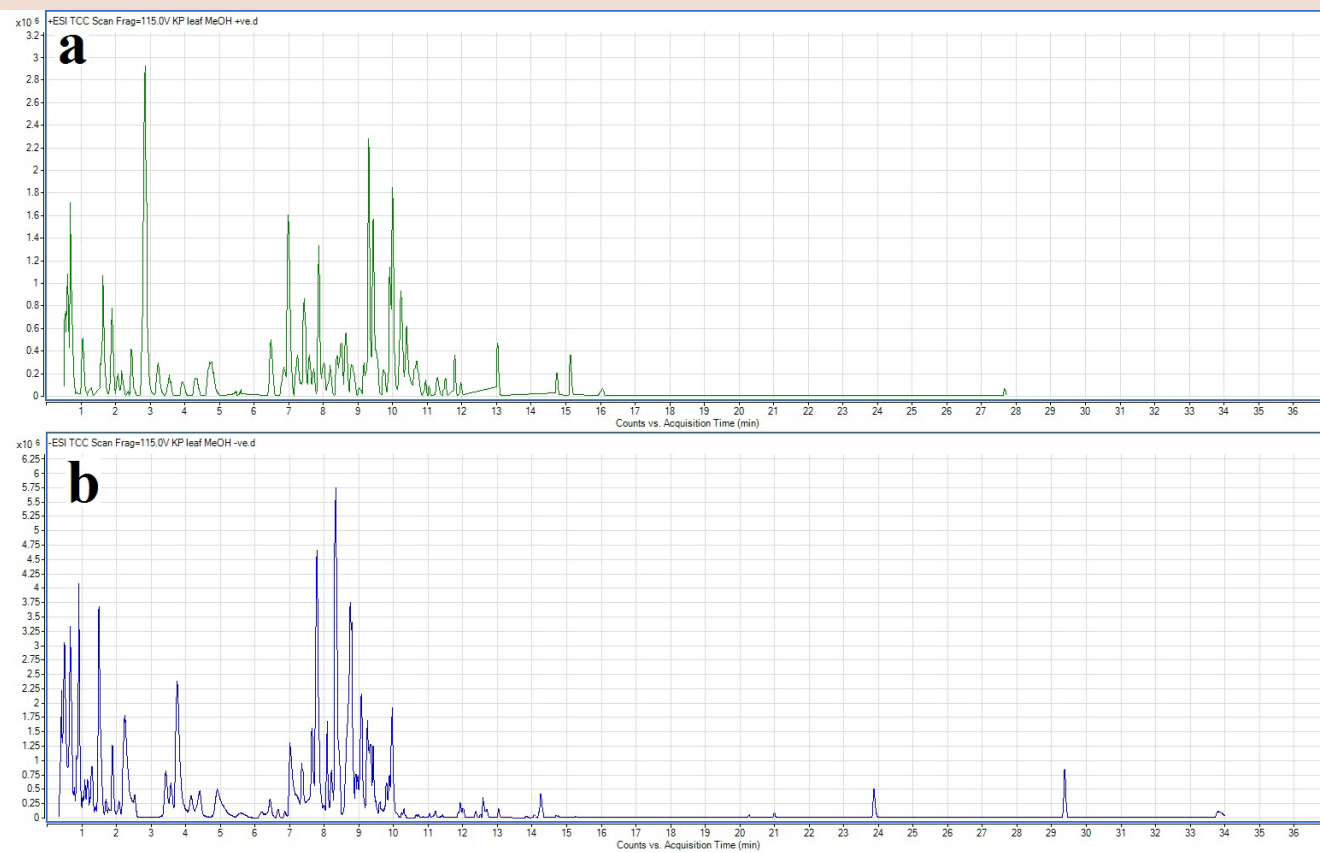
+ and - refers to the relevant ionisation mode in which the compound was detected. KLM=Kakadu plum leaf methanolic extract; KLE=Kakadu plum ethyl acetate extract.



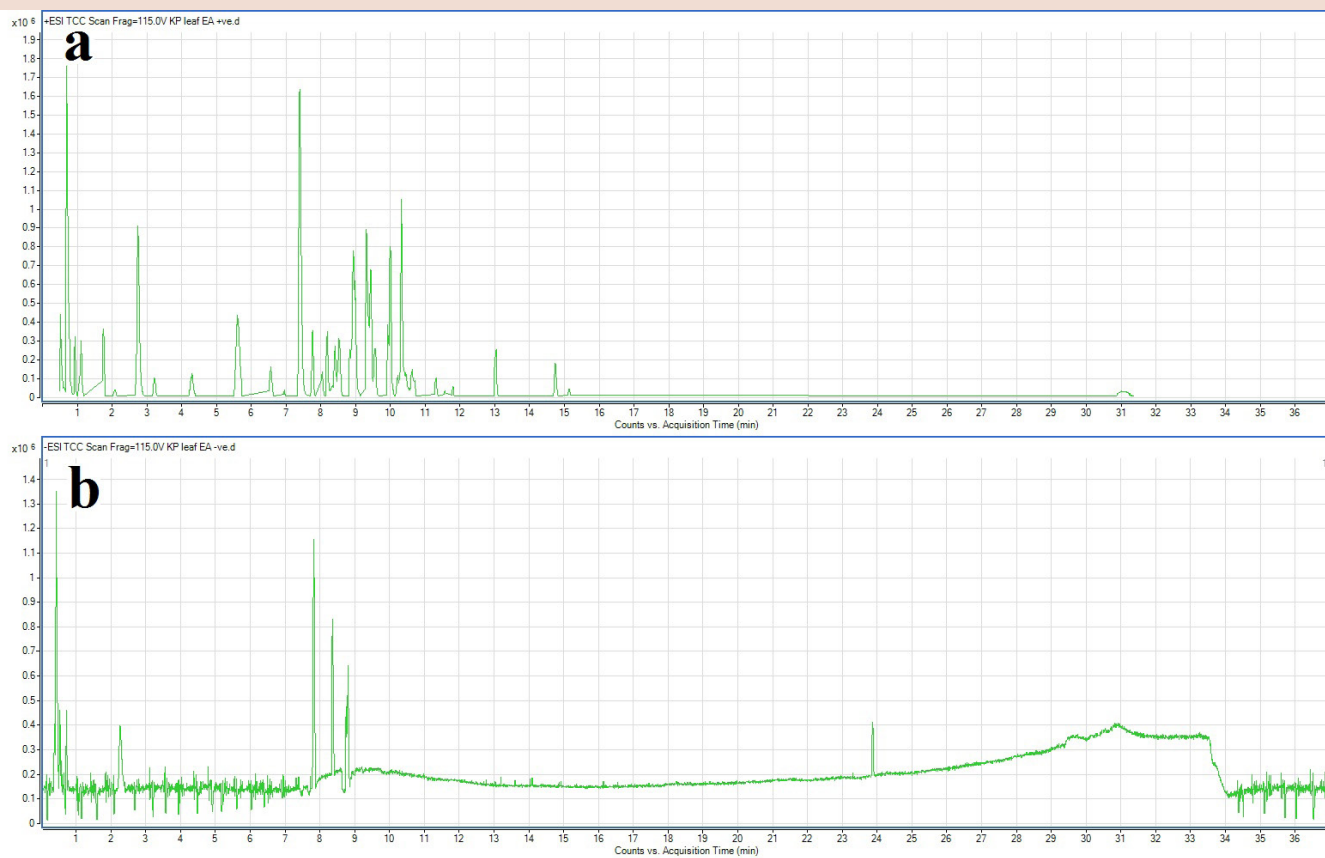
**Figure 1:** Growth inhibitory activity of Kakadu plum plant extracts against the *C. perfringens* environmental isolate measured as zones of inhibition (mm). KFW=aqueous Kakadu plum fruit extract; KFM=methanolic Kakadu plum fruit extract; KFC=chloroform Kakadu plum fruit extract; KFH=hexane Kakadu plum fruit extract; KFE=ethyl acetate Kakadu plum fruit extract; KLV=aqueous Kakadu plum leaf extract; KLM=methanolic Kakadu plum leaf extract; KLC=chloroform Kakadu plum leaf extract; KLH=hexane Kakadu plum leaf extract; KLE=ethyl acetate Kakadu plum leaf extract; PC=penicillin (2 µg); AMP=ampicillin (10 µg). Results are expressed as mean zones of inhibition ± SEM.



**Figure 2:** The lethality of the Australian plant extracts (2000 µg/mL) and the potassium dichromate control (1000 µg/mL) towards *Artemia franciscana* nauplii after 24 h exposure. KFW=aqueous Kakadu plum fruit extract; KFM=methanolic Kakadu plum fruit extract; KFC=chloroform Kakadu plum fruit extract; KFH=hexane Kakadu plum fruit extract; KFE=ethyl acetate Kakadu plum fruit extract; KLV=aqueous Kakadu plum leaf extract; KLM=methanolic Kakadu plum leaf extract; KLC=chloroform Kakadu plum leaf extract; KLH=hexane Kakadu plum leaf extract; KLE=ethyl acetate Kakadu plum leaf extract; PC=potassium dichromate control; SW=seawater control. Results are expressed as mean % mortality ± SEM.



**Figure 3:** (a) Positive and (b) negative ion RP-HPLC total compound chromatograms (TCC) of 2 µl injections of *T. ferdinandiana* leaf methanolic extract.



**Figure 4:** (a) Positive and (b) negative ion RP-HPLC total compound chromatograms (TCC) of 2 µl injections of *T. ferdinandiana* leaf ethyl acetate extract.

molecular mass signals detected were putatively identified by comparison to the Metlin metabolomics, forensic toxicology (Agilent) and phytochemicals (developed in this laboratory) databases. Seventeen and 8 compounds were detected only in the methanolic and ethyl acetate extracts respectively. The remaining 29 compounds were present in both extracts. The diversity of tannin compounds is noteworthy, with 14 tannin compounds putatively identified across the methanolic and ethyl acetate leaf extracts. In particular, chebulic acid (Figure 5a), protocatechuic acid (Figure 5b), ellagic acid dehydrate (Figure 5c), punicalagin (Figure 5d), ellagic acid (Figure 5e), chebulagic acid (Figure 5f), castalagin (Figure 5g), corilagin (Figure 5h), punicalin (Figure 5i), chebulinic acid (Figure 5j), punicalin (Figure 5k), trimethylellagic acid isomers (Figure 5l and Figure 5m) were putatively identified.

## DISCUSSION

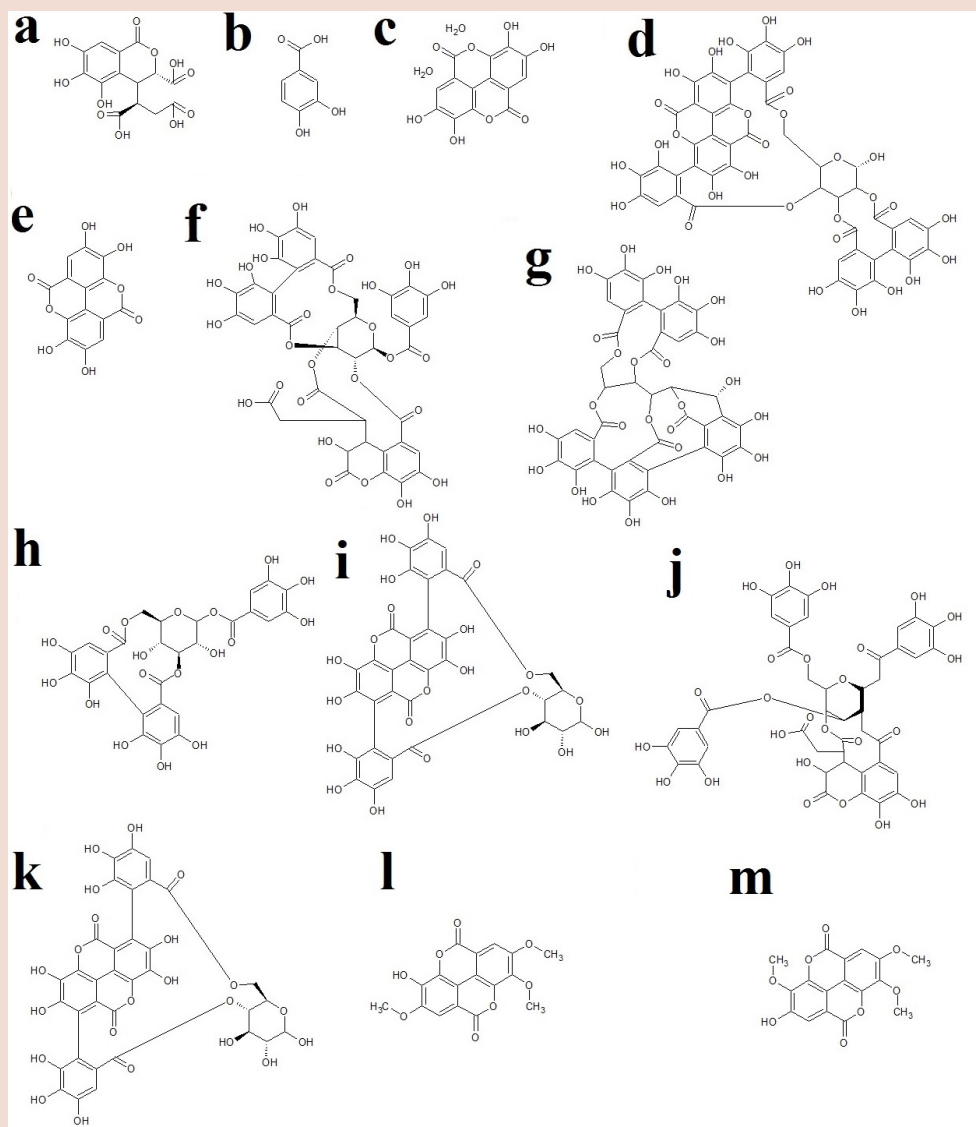
Previous studies within our laboratory have reported potent growth inhibitory activity for *T. ferdinandiana* fruit extracts against a panel of pathogenic bacterial species.<sup>12-5</sup> Recently, we also reported growth inhibitory activity of *T. ferdinandiana* fruit<sup>13-4</sup> and leaf extracts,<sup>18</sup> against some microbial triggers of selected autoimmune inflammatory diseases. Furthermore, the latter study also screened the phytochemical profile of the bioactive ethyl acetate leaf extract and determined that the extract contained relatively high levels of a number of tannin components including exifone (4-galloylpyrogallol), ellagic acid dehydrate, trimethyl ellagic acid, chebulic acid, corilagen, castalagin, chebulagic acid. Our current study detected a similar tannin profile in the ethyl acetate

extract, and also analysed the methanolic leaf extract. The methanolic extract also contained the same tannin compounds, as well as chebulinic acid, ellagic acid, protocatechuic acid, punicalin and punicalagin.

The diversity of ellagitannins in the methanolic and ethyl acetate *T. ferdinandiana* leaf extracts was particularly noteworthy. As well as from ellagic acid and the dehydrated and trimethylated derivatives, the more complex, higher molecular weight compounds chebulinic acid and punicalin were also putatively identified and are likely to contribute to the *C. perfringens* growth inhibitory activity of these extracts. Ellagitannins have previously been reported to be potent inhibitors of the growth of a broad panel of bacteria, with MIC values as low as 62.5 µg/ml.<sup>33-4</sup> Ellagitannins have also been reported to function via several antibiotic mechanisms including interaction with cytoplasmic oxidoreductases and by disrupting bacterial cell walls.<sup>33-4</sup> Gallotannins are also potent bacterial growth inhibitors and have been reported to inhibit the growth of a broad spectrum of bacterial species<sup>33</sup> through a variety of mechanisms including binding cell surface molecules including lipoteichoic acid and proline-rich cell surface proteins,<sup>34-5</sup> and by inhibiting glucosyltransferase enzymes.<sup>36</sup>

An important consideration of any metabolomic technique is that it will not detect all compounds in a complex mixture, but instead will only detect a portion of them. This is not necessarily a problem when a directed/biased study is undertaken to detect a particular compound or class of compounds and the separation and detection conditions can be optimised for the study. However, when the aim of the study is metabolomic profiling rather than metabolomic fingerprinting, the technique





**Figure 5:** Chemical structures of *T. ferdinandiana* leaf tannin compounds detected in the methanolic and/or ethyl acetate extracts: (a) chebulic acid; (b) protocatechuic acid; (c) ellagic acid dihydrate; (d) punicalagin; (e) ellagic acid; (f) chebulagic acid; (g) castalagin; (h) corilagin; (i) punicalin; (j) chebulinic acid; (k) punicalin; (l-m) trimethylellagic acid isomers.

conditions must be chosen and optimised to separate and detect the largest amount of compounds, with the broadest possible physical and chemical characteristics. Generally, HPLC-MS is a good choice for such metabolomic profiling studies as it generally detects a larger amount of compounds of varying polarities than the other commonly used techniques. However, this method is limited to studies of the mid-highly polar compounds and is not as useful for studies aimed at highly non-polar compounds. Thus, many nonpolar phytosterols, saponins, stilbenes and terpenes which may contribute to the inhibitory activity of the leaf extracts may escape detection by HPLC-MS. For this reason, further studies using GC-MS metabolomics analysis are required to detect more of the less polar compounds and provide a more complete picture of the *T. ferdinandiana* leaf metabolome.

Identification of the less polar compounds was beyond the scope of this study and future studies aimed at identifying these components in the

inhibitory leaf extracts are required. Parallel studies have already reported the low polarity compound composition of *T. ferdinandiana* fruit extracts.<sup>13</sup> A number of monoterpenoids including isomyrcerene, cineole, cuminol, camphor and isomenthol were detected in the ethyl acetate fruit extract.<sup>13</sup> The amyryl triterpenoid (3 $\beta$ ,4 $\alpha$ ,16 $\alpha$ ,21 $\beta$ , 22 $\alpha$ ) olean-12-ene-3,16,21,22,23,28-hexol was also detected by GC-MS in the same study. Many of these terpenoids have been previously reported to have potent broad spectrum antibacterial activity<sup>37</sup> and therefore may contribute to the growth inhibitory activity against *C. perfringens* if they are subsequently detected in the leaf extracts.

Our studies provide insight into the phytochemical composition of these extracts. However, it is noteworthy that mass spectral techniques alone are generally not capable of differentiating between structural isomers. Further studies using a wider variety of techniques are required to confirm the identity of the compounds putatively identified here. Our

findings also demonstrated that the *T. ferdinandiana* extracts display low toxicity towards *Artemia franciscana*. Indeed, with the exception of the leaf ethyl acetate extract (MIC 767 µg/mL), the LC<sub>50</sub> values for all extracts were well in excess of 1000 µg/mL and are therefore nontoxic. Furthermore, whilst the results of our study are promising, it must be noted that the growth inhibitory studies screened against vegetative cells. As *Clostridium* spp. are spore formers, further studies are required to determine whether the *T. ferdinandiana* extracts with *C. perfringens* growth inhibitory activity also affect bacterial growth from the spores.

## CONCLUSION

The results of this study demonstrate the potential of *T. ferdinandiana* leaf methanolic and ethyl acetate and methanolic fruit extracts to block *C. perfringens* growth. As these extracts are nontoxic or of low toxicity, they have potential in the prevention and treatment of clostridial myonecrosis and enteritis necroticans. Further studies aimed at the purification and identification of the bioactive components are needed to examine the mechanisms of action of these agents.

## ACKNOWLEDGEMENTS

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## CONFLICT OF INTEREST

The authors declare no conflicts of interest.

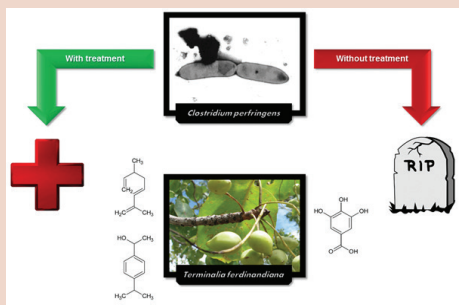
## ABBREVIATION USED

**DMSO:** Dimethyl sulfoxide; **IC<sub>50</sub>:** The concentration required to achieve a 50 % reduction of the untreated value; **LC<sub>50</sub>:** The concentration required to achieve 50% mortality; **MIC:** Minimum inhibitory concentration.

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### PICTORIAL ABSTRACT



### SUMMARY

- *T. ferdinandiana* fruit and leaf extracts were inhibitors of *Clostridium perfringens* growth.
- Methanolic and ethyl acetate leaf extracts were particularly potent growth inhibitors, with MIC's of 206 and 117 µg/ml µg/mL respectively.
- All inhibitory extracts were non-toxic in the *Artemia* nauplii assay.
- LC-MS metabolomic profiling of the inhibitory extracts highlighted a diversity of tannin compounds in the inhibitory leaf extracts.

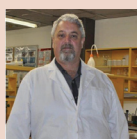
### ABOUT AUTHORS



**Dr Mitchell Wright:** Received his PhD in 2014, for his work investigating the manganese reduction and oxidation characteristics of environmental bacteria. He is currently a postdoctoral researcher at Griffith University, Australia, where he is working on several projects both in the areas of geomicrobiology and pharmacognosy. His present research interests are the use of biogenic manganese oxides in the bioremediation of metal-contaminated sites as well as the use of Australian native plants in the treatment and prevention of various pathogenic bacteria.



**Dr Anthony Greene:** Is a senior lecturer and researcher at Griffith University, Brisbane Australia. He obtained his PhD in Microbiology from the University of New South Wales and focuses on extreme environments, bioremediation and geomicrobiology. His specific interests include the microbial ecology of thermophilic, saline and alkaliphilic environments and the mechanisms and industrial potential of extremophilic bacteria contained therein.



**Dr Ian Cock:** Leads a research team in the Environmental Futures Research Institute and the School of Natural Sciences at Griffith University, Australia. His research involves bioactivity and phytochemical studies into a variety of plant species of both Australian and international origin, including *Aloe vera*, South Asian and South American tropical fruits, as well as Australia plants including *Scaevola spinescens*, *Pittosporum phylliraeoides*, *Terminalia ferdinandiana* (Kakadu plum), Australian Acacias, Syzygiums, *Petalostigmas* and *Xanthorrhoea johnsonii* (grass trees). This range of projects has resulted in nearly 200 publications in a variety of peer reviewed journals.