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NEO AYURVEDA<sup>®</sup>  
Be Healthy Again

## **CASE STUDY ON PANCREATITIS CURING THROUGH THE NEO AYURVEDIC TREATMENT**

**Dr.S.M. Raju IAS (Rtd)**

### **INTRODUCTION**

Pancreatitis is still a widespread condition that can have disastrous effects. Pancreatitis is becoming more common globally, most likely as a result of rising alcohol intake, and gallstones, changing lifestyles. pancreatitis is a condition characterized by inflammation of the pancreas. The pancreas, a large organ located behind the stomach, creates pancreatic juices. which produce multiple hormones, including insulin, and which include digestive enzymes in them. Pancreatitis mainly occurs in two types. Both acute and chronic pancreatitis have the symptoms of upper abdominal pain, nausea, vomiting, fever, lack of appetite, weight loss, and greasy stools. This discomfort may radiate to the back or get worse after eating. A patient is diagnosed with pancreatitis whenever they arrive at the following criteria. A diagnosis is supported by radiological imaging, epigastric discomfort, and serum lipase and amylase levels that are larger than three times the normal range. Commonly, for pancreatitis, the same treatment protocol is used in modern science worldwide: a hospital stay to treat dehydration with intravenous fluids and, if you can swallow them, fluids by mouth; pain medicine; antibiotics if you have an infection in your pancreas; a low-fat diet; or nutrition by feeding tube or intravenous if you can't eat. but in most cases, patients will not get complete satisfaction.

The Neo-Ayurvedic concept focuses on restoring, rejuvenating, and re-building the system at the cellular level, i.e., by de-toxifying the cell, regulating cellular metabolic activity and cellular respiration system, nourishing the under-nourished cell through phytochemicals extracted from herbal compounds and natural food items (used as medicine) by triggering gut-beneficial microbes to release specific enzymes that act as a catalyst to release particular nutrients which were deprived by the damaged organ (cells).

Ayurveda considers food to be medicine. This, in concert with specific dietary guidelines, nourishes and formation of new cells and restoration of the organ. This unique science is the result of more than 35 years of research and study into the advantages of herbal extracts and formulations, coupled with Allopathic principles of scientific research and practice. It blends the essence of ancient Vedic literature and makes it relevant for modern times. Thus, the herbal extracts used at Miracle Drinks branded products, aim at 'restoring' the imbalance or the disease process occurring within the body - to recover and regain equilibrium. Combination of beneficial phytochemicals, defined diet with Yoga and Meditation - all combine to stop cell/organ deterioration and help re-instate and restore order in the human body.

## CASE PRESENTATION

A 23-year-old young male patient with a 3-year history of Pancreatitis along with , chronic abdominal pain since 3 years , head ache , sleep disorder , constipation , stool is abnormal in nature with bleed, Acid reflux, Pain in the abdomen, and Tiredness was on painkillers, antibiotics, and Pancreas enzyme supplements in modern medicine. He has also tried Ayurvedic treatments for the same. but he didn't observe any changes. They didn't give him any permanent solutions for his problems; they advised him to continue the medications for life, and from that time on, he lost all hope in his health. However, the patient was dissatisfied with the continuation of modern treatment and medications and also did not want to take medicines for the rest of his life at this young age. So, he started searching for solutions to his problems. Finally, he saw the Miracle Drink Pancreatitis testimonials on YouTube and the Miracle Drink inventors' speeches on various TV shows, and then he got to know about Miracle Drink's Neo-Ayurvedic Cell Regeneration Process for Incurable Disorders. After that, he started Miracle Drinks Pancreatitis Protocol supplements as well as the Miracle Drinks Super Diet Protocol under the supervision of our physician and nutritionist on June 20, 2023.

### **Novel Therapy of Miracle Drinks: Treatment Protocol**

- Miracle drinks Supplement Consumption guide: (Empty stomach or before food for effective results, otherwise it can be taken after food also)
- Morning: 15 ml of Anti Ageing Support (S1) Along with 15 ml of Cardiovascular Support(S3) and 15 ml of Immune Care (S7) in the morning before meals.
- Afternoon: 15 ml of Liver Health Support(S4) and 15ml of Renal Support(S5) in the afternoon before meals.
- Night: 15 ml of Anti Ageing Support (S1) Along with 15 ml of Cardiovascular Support(S3) and 15 ml of Immune Care (S7) in the night before meals

Diet to be followed during the course of treatment.

- Foods or beverages which act like a poison to the body and should not consume during the treatment period
- More than 5 grams of salt a day.
- All forms of oils and fats
- Milk and milk-based products (Except for curds/yogurt without cream)
- Processed baked foods such as cookies, biscuits, etc.
- Alcohol
- Aerated Beverages
- Food or beverages should be taken during the Treatment Period

i. Prebiotics: (a) Garlic – About 2-3 small pieces. (b) Ginger – About ½ cm sliced. (c) Fenugreek Seeds [soaked in water or sprouted overnight] – ½ teaspoon. It should be consumed once in the morning on an empty stomach. This is beneficial for the microbes in the gut of the body; these microbes help in breaking down the foods in the gut effectively, and the nutrients from the foods help in nourishing the cells in the body.

- ii. Banana Stem Juice: Two times a day, once in the morning and once in the evening. It helps in removing calcareous formations in the arteries and capillaries. This must be consumed twice a day (if possible), 50-60 ml each time.
- iii. Flax Drink: Two times, morning and evening.: 70-80 grams per serving should be consumed. It contains omega three and omega six essential fatty acids (this helps in regulating the cellular metabolic activity and the cellular respiratory system) and high amounts of lignans (which help in detoxifying the cells). One portion of the flax diet has the nutritional equivalent of 100 KG of peanuts. Flax diet should be taken twice a day without mixing water.
- iv. Vegetable juice should be consumed twice a day. It acts as a natural supplement for maintaining cholesterol levels in the body and helps in thinning the blood. It also adds a rich nutritional value to the Diet.
- v. Leafy vegetables and vegetables: Minimum 40-60% of leached, baked Leafy vegetables and vegetables in every meal.
- vi. Pulses: Only 5-10% of pulses should be present in the meal. Add with any food preparation. Preferable green gram or chickpeas as it contains easily digestible protein.
- vii. Cereals: Only rice and wheat should be consumed as it contains low levels of potassium. No more than 25-30% of cereals should be consumed in each meal as cereals contain 13-14% protein which will increase the creatinine level in the body. No coarse grains should be consumed as it contains high levels of potash.
- viii. Fish: Up to 20% Baked fish with herbs can be consumed as it supports in regeneration of the kidneys and other organs.
- ix. Chicken: Baked chicken can be consumed. However, it should not constitute more than 5% of the entire meal.

## Conclusion

At the beginning of the miracle drink treatment, patients' systematic complaints include Acid reflex, Abdominal Pain, Indigestion, and tiredness. His Laboratory reports showed an abnormal level of Pancreatic enzymes, i.e., Lipase and amylase, of 2236 U/L and 198 U/L, respectively. Compared to their reference range of 23-300 U/L and 30-110 U/L, After starting the Miracle Drinks treatment protocol with a defined diet protocol, 3 years chronic abdominal pain is reduced in 3 days. Acid reflux, Indigestion, and Tiredness were reduced and normal stool passing in 5 days. Also, He stopped Pancreatic enzyme supplements on the first day of Miracle Drink treatment. However, after 15 days of Miracle Drinks Novel therapy, this patient's 198 U/L Amylase rate has decreased to 64 U/L, and his lipases have decreased from 2236 U/L to 72.4 U/L. This is the resultant effect of the cell regeneration process in the dysfunctional organ through Neo-Ayurvedic principles of treatment.

**Scan QR Code for Pancreatitis,  
Mr. Subramanya Hegde**





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## Amylase and Lipase before treatment

Sri Sringeri Sharada Peetham Charitable Trust  
**Rangalore Memorial Hospital**  
Sri Sringeri Math & BKF Initiative  
1st Cross, Shankarapuram, Basavanagudi, Bengaluru 560004 Tel. : +91 80 2698 3333 / 22 / 00 Email : info@rmhospita

**BIOCHEMISTRY**

Patient Name : MR. SUBRAMANYA HEGDE IP / OP No : 2036093  
Ordered Loc : Hospital OPD Gender : Male  
Ordered By : Dr. SERVICES - JC MEDICAL Age : 22 Y O M 1 D  
Class : OPD Vch No : 1589454  
Current Loc : Received Dt : 07/02/2023 01:53 PM  
Sample No : 23012444 Reported On : 07/02/2023 05:18 PM

| INVESTIGATION                                       | RESULT VALUE | UNIT | REFERENCE RANGE |
|-----------------------------------------------------|--------------|------|-----------------|
| LIPASE<br><i>Peroxidase Two Point Method</i>        | 2236         | U/L  | 23 - 300        |
| AMYLASE<br><i>Dyed Amylopectin Two Point Method</i> | 198          | U/L  | 30 - 110        |

-----End Of Report-----

**LAB REPORT**

**DEPARTMENT OF MEDICAL IMAGING & RADIO DIAGNOSIS**

|           |                       |      |              |
|-----------|-----------------------|------|--------------|
| Name      | : Subramanya R. Hegde | Date | : 08/07/2023 |
| Age / Sex | : 22 yrs / Male       |      |              |
| Ref By    | : Dr. Rajesh Shet. MD |      |              |

**USG ABDOMEN**


- Liver is normal in size with diffuse increase in echogenicity due to fatty infiltration. No focal lesion. Intra and extra hepatic biliary radicles are not dilated.
- Gall Bladder is adequately distended showing smooth contour. GB wall thickness is normal. No intraluminal calculi. No CBD calculi.
- Portal vein and CBD are normal in calibre.
- **Pancreas parenchyma appears hyperechoic with mild irregular contour**
- **Main pancreatic duct appears prominent. No peri pancreatic fluid.**
- Spleen is normal in size and echotexture. No focal lesions. Splenic vein is normal in calibre.
  - Kidneys are normal in size and echopattern. Normal cortico - medullary differentiation. No e/o calculi / Hydronephroureterosis.
- Aorta and IVC are normal in course and calibre. No retro-peritoneal adenopathy.
- Urinary bladder-Adequately distended with smooth contour. No vesical calculi or debris.
- Prostate is normal in size and echotexture. No focal lesions.
- No free peritoneal or pleural fluid

Impression :-

- **Chronic Pancreatitis.**
- **Liver normal in size with inhomogeneous fatty infiltration.**

Clinical correlation and further evaluation.

Thanks for reference,  
With regards,

  
Dr Anand Hegde  
Radiologist



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## Amylase and Lipase after treatment

Vishwa Seva Samiti  
Dr. Lalita R. Kamat Memorial Pathological Laboratory  
Rotary Charitable Hospital, SIRSI - 581 401  
Ph: 08384 - 226980, 228490

| NAME   | SUBRAMANYA R HEGDE | RECEIVED TIME | 1.55 PM    |
|--------|--------------------|---------------|------------|
| AGE    | 22 YEARS           | REPORTED TIME | 2.35 PM    |
| SEX    | MALE               | DATE          | 08.07.2023 |
| REF DR | RAJESH SHET        | LAB NO        | 489        |

| TEST DESCRIPTION   | OBSERVED VALUE | REFERENCE RANGE    |
|--------------------|----------------|--------------------|
| RANDOM BLOOD SUGAR | :98.0 mg/dl    | : 80.0-140.0 mg/dl |
| SERUM AMYLASE      | : 64.0 U/l     | : < 90.0 U/l       |

**LIVER FUNCTION TEST :-**

|                             |             |                                    |
|-----------------------------|-------------|------------------------------------|
| SERUM TOTAL BILIRUBIN       | : 0.8 mg/dl | : UP TO 1.2 mg/dl                  |
| SERUM DIRCT BILIRUBIN       | : 0.2 mg/dl | : UP TO 0.4 mg/dl                  |
| S.G.O.T (A.S.T)             | : 19.0 U/L  | : 10-35 U/L                        |
| S.G.P.T (A.L.T)             | : 32.0 U/L  | : 0-38.0 U/L                       |
| ALKALINE PHOSPHATES (A.L.P) | : 44.0 U/L  | : Male >115 U/L<br>Female >105 U/L |
| TOTAL PROTEIN               | : 7.2 mg/dl | : 6.0-8.0 mg/dl                    |
| SERUM ALBUMIN               | : 3.9 g/dl  | : 3.5-5.2g/dl                      |
| SERUM GLOBULIN              | : 3.3 mg/dl | : 2.5-3.5mg/dl                     |
| ALB / G/ B RATIO            | : 1.1:1     |                                    |

TECHNOLOGIST

www.maxpathlabs.in e-Mail : maxpathlabs@gmail.in

**MAX Pathlabs**  
CLINICAL LABORATORY REPORT

Name : Mr. SUBRAMANYA R HEGDE Age : 22 Year(s)  
Date : 10/07/2023 11:17 Sex : Male  
Lab. No. C 389339 Ref. by :DR. RAJESH SHET  
Corporate ROTARY CHARITABLE HOSP Reference Range

| Test Name | Result   | Reference Range |
|-----------|----------|-----------------|
| Lipase    | 72.4 U/L | UP TO 60        |

----- End of Report -----

Dr. Shreedhar Murthy  
MD Pathology

K.R. Mohan Reddy  
MSc Biochem