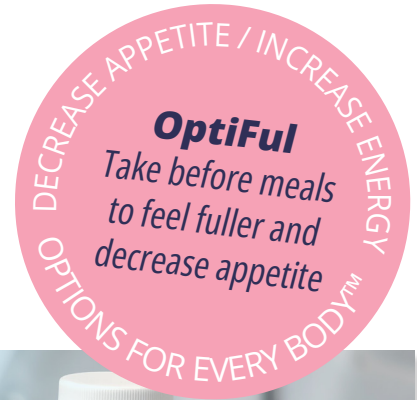


OptiFul

Beneficial for those seeking to lose weight

OptiFul is a natural, non-stimulant supplement that can help you lose weight. It contains cellulose which expands in your stomach creating the sensation of satiety, decreasing your total caloric intake.



Creates sensations of satiety

Promotes weight loss

Optimizes nutrient absorption

May increase energy levels



What is OptiFul?

The supplement ingredient in OptiFul is plant based and found by pharmacodynamic studies to provide high amounts of fiber. It may also serve as a nutrient base for several vitamins, minerals, and compounds. It helps by causing a fullness feeling, so less food intake happens at mealtimes. This product is non-stimulatory, can be taken later in the day, and is safe to take along with your prescription medications.

What are the benefits of using OptiFul?

It optimizes absorption of nutrients in supplements

Because of its chemical structure, experts have found that OptiFul is not broken down in the stomach where absorption normally occurs. It allows supplements and nutrients to be broken down in the small intestines where the micronutrients are absorbed. This function is very effective in optimizing benefits of the main ingredient in supplement forms. The main products in OptiFul are not absorbed and are passed through the digestive system.

It may increase energy levels

According to individuals who take similar supplements, the compound is effective in making them feel energized. This is also observed in several quantitative studies conducted on human subjects.

It curbs appetite

Another reason why experts say that OptiFul may promote weight loss is that it effectively curbs appetite by letting users feel that they are full. This claim has been confirmed by many individual users.

OptiFul supplementation is beneficial for individuals who are primarily seeking to lose weight. It contains no stimulants, and it is a safe to take with any Options Diet System program, any Options Nutrition products, or Options weight loss medications. It is, however, important to take OptiFul only within recommended doses.

Recommended dosage: Take 1 capsule with a full glass (8 oz or more) of water 30 minutes to 1 hour before meals. *Water intake is key to feeling full and allowing the capsule to expand. Make take up to 3 times a day. Before use, notify your medical provider if you have a history of bariatric surgery.