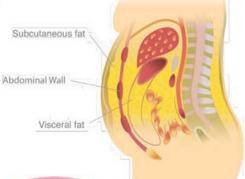


**OptiClean with Muscle Support** 

Comprehensive 5-in-1 Cleanse System

OptiClean w/Muscle Support aids the detoxification of your liver, kidney, and digestive system with five different proprietary supplementation products. Think of OptiClean like an oil change for your body. It will increase the bio-absorption of the food you eat, so you don't need as much of it to get the energy your body needs. A car that gets regular oil changes lasts longer with fewer problems as it ages; why not do the same for our bodies?

RETAIL PRICE: \$249



Lose Weight
Enhance Your Mental Clarity
Increase Your Energy Levels
Reduce Sugar Cravings
Balance Your Immune System

OptiClean is simple!
2 - Packs per day
One in the morning,
one at night!
Taken with water.

FOR EVERY

OptiClean is a unique program to cleanse toxins and reset the metabolic function of your body. Air, water, and food are a constant source of toxins that damage the metabolic function of your body. This causes premature aging, chronic fatigue, mood disorders, sleeplessness, weight gain and many other symptoms.

Toxicity also plays a role in obesity as toxins are stored in fat cells. When losing weight, fat cells shrink, pushing toxins out of the fat cells and back into the bloodstream. Detoxification can support your weight loss efforts because toxins will be reduced from fat cells allowing them to shrink easier and more permanently.

Visceral fat is fat that surrounds your internal organs including your liver, kidneys, and digestive organs. The health of these organs is so important for your skin, eyes, circulation, energy levels, detoxification, vitamin

storage and absorption, and so much more. That's why it is crucial to take their health seriously. By detoxifying your body and losing fat, you can reduce the toxins in your body which will improve your circulation and enhance nutrient absorption. For that reason, OptiClean is the perfect supplement to help with detoxifying your organs. It also helps to drink plenty of water and following a healthy lifestyle with physical activity and eating whole foods.

It is recommended that you repeat OptiClean every six months to reverse the natural occurring damage from the environment we live in and some of the "fun" life choices we make.

No judgment from us. We are here to support you in the Life you want to Live!



## **OptiClean with Muscle Support**

Comprehensive 5-in-1 Cleanse System



**CLEANSE TOXINS** Your body normally removes harmful toxins via urination, defecation and perspiration. However, due to the excess amount of toxins, your body has less resources to eliminate these toxins and ends up storing them. Toxins are most commonly stored in fat cells making it harder to lose weight, but toxins are also stored in your muscles, organs and even in your brain. Many of these toxins end up staying in your body for months, years and potentially even decades if your state of health is compromised. OptiClean contains Liver Cleanse which supports the liver and the first phase of detoxification where toxins are transformed from fat-soluble to water-soluble compounds for elimination. It also contains Bio Cleanse, which contains the signature nutrients your body needs to package up and eliminate toxins from your body in the second phase of detoxification.



**BALANCE BLOOD SUGAR** Blood sugar imbalance is a primary cause of premature aging, weight gain, chronic disease and nagging symptoms such as fatigue, sleeplessness, anxiety and depression. OptiClean is designed to coincide with the Options Diet System which helps regulate blood sugar while reducing inflammation. The dietary protocol recommended during OptiClean consists of food that will assist in regulating blood sugar. Options Nutrition Protein products will help keep your energy from crashing while your body gets accustomed to healthy food choices. It will take time for your body to accommodate to lower, yet healthier, carbohydrate intake.



**ENHANCE DIGESTION** Your body runs efficiently on the food recommended in the Options Diet System. Ingesting unhealthy food generates inflammation, which causes systems of your body, like your digestive system, to dysfunction. Ingesting food toxins eventually damage the normal lining of the digestive system, which will reduce the absorption of vital nutrients your body needs. This leads to symptoms such as acne, fatigue, depression, weight gain and a high risk of chronic illness. By reducing your caloric consumption you allow your body to focus on healing versus the process of digestion. OptiClean's Gastro Immune Support supplementation will help repair the lining of your digestive system and regenerate the normal bacteria that should be present in your digestive system.



**IMPROVE IMMUNE FUNCTION**Millions of Americans go through their entire lives dealing with chronic health concerns caused by consuming foods they are allergic to without ever knowing it. Chronic food allergies can cause hormone problems, weight gain, fatigue, insomnia, joint pain, depression, and many other chronic symptoms. During the cleanse, it's suggested you reduce or eliminate commonly allergenic foods. After OptiClean, it's common to reintroduce some of those commonly allergenic foods so we can better assess your allergies. Keeping a food diary when you reintroduce the foods back into your diet can help us identify patterns and deduct which foods your body does not do well with. Many decide not to add the commonly allergenic foods back because they realize they feel much better without them.



**ELIMINATE PARASITES** Parasite infections used to be considered a problem only for those traveling to exotic places and eating the local cuisine. Parasite infections are prevalent throughout the world, including in industrialized countries such as the United States. The most common sources of exposure include undercooked meats, improperly washed fruits and vegetables and contaminated tap water. The rate of parasitic-related disorders is skyrocketing. If you have at least three people in your home, the odds are that at least one of you has parasites living in your body, stealing your food and laying up to 300,000 eggs per day! Parasite Cleanse is a special formulation designed specifically to improve health by eliminating parasites from the body.