



Aftercare

-For the first 24 hours avoid intense heat. E.G. hot baths, saunas and sun beds.

-Protect your hands by avoiding harsh chemicals and wearing gloves.

-Get your nails redone every 2 to 3 weeks, to upkeep proper maintenance.

-If wearing normal polish, apply top gloss every other day.

-Do not use your nails as tools. Look after them.

-Use cuticle oil twice daily.

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