WCTA STRONGSVILLE SUMMER SCHEDULE 2021

DUE TO THE OHIO HEALTH DEPT GUIDELINES WE WILL CONTINUE PRACTICING SOCIAL DISTANCING:

Time	Monday (Conditioning & Kick)		Tuesday (Conditioning & Kick)		Wednesday (Poomsae & Self-Defense)		Thursday (Poomsae & Self-Defense)		Friday (Sparring)			Satu	rday
	Confidence	Focus	Confidence	Focus	Confidence	Focus	Confidence	Focus	Confidence	Focus		Confidence	Focus
4:00pm	PRIVATE LESSON BY APPOINTMENT	PRIVATE LESSON BY APPOINTMENT	PRIVATE LESSON BY APPOINTMENT	PRIVATE LESSON BY APPOINTMENT	PRIVATE LESSON BY APPOINTMENT	PRIVATE LESSON BY APPOINTMENT	PRIVATE LESSON BY APPOINTMENT	PRIVATE LESSON BY APPOINTMENT	PRIVATE LESSON BY APPOINTMENT	PRIVATE LESSON BY APPOINTMENT		CAP TEAM A&B 9:30AM TO 11:00pm	
4:45pm	YELLOW- S/GREEN	PRIVATE LESSON BY APPOINTMENT	WHITE- S/WHITE	LITTLE CHAMPION	YELLOW- S/GREEN	PRIVATE LESSON BY APPOINTMENT	WHITE- S/WHITE	LITTLE CHAMPION	SPARRING (10 AND UNDER)	PRIVATE LESSON BY APPOINTMENT			
5:30pm	WHITE- S/WHITE	5:30-7:00 CAP TEAM SPARRING TEAM A	YELLOW- S/GREEN	LITTLE CHAMPION	WHITE- S/WHITE	5:30-7:00 CAP TEAM SPARRING TEAM A	YELLOW- S/GREEN	LITTLE CHAMPION	TEEN/ADULT SPARRING (11 AND UP)	PRIVATE LESSON BY APPOINTMENT		DEMO TEAM 11:00AM TO 1:00pm	
6:15pm	-BLUE- BBC		-BLUE- BBC		-BLUE- BBC		-BLUE- BBC	PRIVATE LESSON BY APPOINTMENT	DEMO TEAM	DEMO TEAM		BIRTHDAY PARTY	
7:00pm	BLACK BELT	PRIVATE LESSON BY APPOINTMENT	FAMILY 6:15-7:00 DEMO TEAM		BLACK BELT	PRIVATE LESSON BY APPOINTMENT	FAMILY	PRIVATE LESSON BY APPOINTMENT					
7:45pm	TEEN/ADULT	PRIVATE LESSON BY APPOINTMENT	TEEN/ADULT		TEEN/ADULT	PRIVATE LESSON BY APPOINTMENT	TEEN/ADULT	PRIVATE LESSON BY APPOINTMENT					

General Guidelines & Policies for Class Schedules

- 1) Important Events: All Important events are dated and listed on top of the class schedule. These events are subject to change.
- 2) Class Etiquette: To demonstrate respect, discipline and courtesy, please come to class at least 10 minutes early. While students wait, they are to sit on the mat and stretch without talking out loud. High level students (Green & up) should report to instructors and find ways to assist on the floor if they arrive early.
- 3) Sparring Team: Sparring Team special programs are separate from our regular classes and are by invitation only.
- 4) Sparring: Sparring is part of the curriculum for all belts. For your safety and optimal training, please purchase official WCTA gear (ask a WCTA representative for more information). When we have sparring classes, sparring equipment is mandatory for safety. You may wear official WCTA T-Shirts for sparring classes.
- 5) Little Champions Program: Children ages 5 and under require more attention, and a program designed specifically for their young minds.
- We strongly recommend anyone 4 5 years of age to take advantage of our Little Champions Program. They will have fun while learning our systematic approach to martial arts. (parents participation is allowed)
- 6) Age & Level: High level students can always join junior belt classes. Junior belts must get permission from our masters before entering higher level classes.
- Students 12 years of age and above will be considered members of the Teen / Adult program. In order to achieve optimal results, we recommend that you take at least two classes per week. Feel free to make up classes when you miss assigned days.
- 7) Absent notice: If you will not attend class for 1 week or more, please notify the office.
- 8) Belt Test: A student is ready to test for his/her next belt when they have White, Yellow & Green stripes.
- 9) Schedule subject to change without notice.
- 10) Taking two classes in one day is not allowed without master's permission.
- 11) WCTA will be closed when the Strongsville city schools are closed due to the weather.
- 12) Tae Kwon Do classes are not held on test day, ceremony day and special event day.
- 13) Please make an appointment for birthday parties, private lessons, and trial lessons.