



Boost your fitness while protecting your body

Collagen is the most abundant structural protein found in cartilage, muscle, tendons, ligaments and bones. It has, however, been scientifically shown that collagen diminishes at a rate of approximately 1.5% per annum from the age of 25 years onwards - which is why it is essential to supplement this reduction to ensure optimum maintenance.

Following extensive documented research and clinical trials to prove its efficacy, Pure-Col is a supplement for those who regularly train in the gym, suffer from sustained injury or experience joint pain due to its ability to protect cartilage and synovial fluid against deterioration. It is the raw material used for cartilage synthesis and repair and can also reduce oxidative damage to joints, thus stimulating significant reductions in joint pain, tenderness and swelling.

The main benefits of Pure-Col include:

Increased stamina, increased agility, speed and performance, greater mobility in joints, reduced aches and pains,

overall physiological protection, maintenance and repair, smoother, tighter skin, thicker hair and strengthened nails

So what is the difference between Pure-Col and other collagen supplements?

The company say: "With over 20 years of research and development, Pure-Col goes through a special and complicated production process to ensure maximum absorption. Unlike other collagen supplements which the body can find difficult to absorb effectively, this patented formula ensures that the objectives of optimum bioactivity and as close to 100% absorption by the body are achieved.

"It is recommended that this product be used for a minimum of three months for effective and sustained results."



For more information, call 100%

Collagen Ltd on 0191 291 3385 or visit

www.collagen4u.co.uk