

Men's Health

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WRINKLE BASHERS

The best natural products
for smoother, healthier skin



COLLAGEN

Cost £30, collagen4u.co.uk

Science "Collagen encourages faster turnover of cells and general skin health," says Mayo.

Dose Three tablets daily

Use Healthier complexion

MH Rating... "This really didn't disappoint. After three days I was savouring unprompted comments on not just my skin, but hair too. Even my dodgy knee felt better for it." **9/10**