

# LadyGolfer

the starter 

COMPETITIONS



WIN a round with the head professional at Liphook – and £100 to spend in his specialist ladies' shop!



LIPHOOK is renowned as one of the best ladies' courses in England – and the club's pro shop specialises in ladies' clothing and equipment.

The Hampshire heathland layout (pictured above) dates back to 1922 and is a strategic test of considerable beauty.

The club professional is Advanced Member of the PGA Ian Mowbray, and his shop stocks premier brands at competitive prices.

The winner of this competition and her companion of choice will get to play 18 holes with Ian and receive a £100 voucher to spend in Ian's outstanding shop.

Ian is also a highly regarded coach and facilities include the GASP video-analysis system and Flightscope launch monitor.

For more information on Liphook visit [www.liphookgolfclub.com](http://www.liphookgolfclub.com) and to learn more about Ian go to [www.ianmowbraygolf.com](http://www.ianmowbraygolf.com)

To enter the competition, which is completely FREE, visit [www.ladygolferonline.co.uk](http://www.ladygolferonline.co.uk) click on competitions and answer the following question:

In which county is Liphook?

## WIN a Lija style consultation and £1000-worth of clothing

ENTER a team of four to play in the Lija Style Open at Cuckfield Golf Centre and you could win this fantastic prize.

The Style Consultation will be with Linda Hipp – founder and chief designer of LIJA – the top ladies' fashion brand.

The day takes place on Monday July 6 and includes an 18-hole fourball event, a clinic from LET star Georgina Simpson, a fashion show, a LIJA goodie bag, breakfast and lunch.

Cuckfield Golf Centre is in Sussex and entry costs £40 per person with teams of four required.

To enter call Lucy Dickman on 01444 459 999 or email [lucy@cuckfieldgolf.co.uk](mailto:lucy@cuckfieldgolf.co.uk)



## WIN four months' worth of Pure-Col

HOW would you like more stamina and agility, greater mobility, reduced aches and pains, smoother skin, thicker hair and strengthened nails?

Pure-Col, a 100 per cent pure collagen formula in tablet form, does all this and could be the key to seeing your scores come down and even being able to play more often.

From the age of 25 onwards, collagen diminishes at 1.5 per cent per year so Pure-Col is the perfect supplement for those who regularly train, suffer from sustained injury or experience joint pain.

It is recommended that this product be used for a minimum of three months for effective and sustained results and we are offering TWO lucky readers four months' worth.

For more details go to [www.collagen4u.co.uk](http://www.collagen4u.co.uk) or call 0191 291 3385.

To enter visit [www.ladygolferonline.co.uk](http://www.ladygolferonline.co.uk) and click on COMPETITIONS

