



Kimberley outside the Aloe Vera Centre in Whitley Bay

Pure-Col is a 100% pure collagen formula in tablet form which claims to reduce lines and wrinkles, boost the complexion, achieve lustrous hair, strengthen nails and firm cellulite-prone skin. Collagen is the body's natural protein and, as the essential structural component of all connective tissue, is regularly described as "the building blocks of the skin".

Perfect C is a completely natural herbal supplement, designed to enhance the size and shape of breasts by up to three cup sizes without the pain and health risks of surgical implant. It works by combining a mix of rare botanicals that naturally contain oestrogenic properties. When consumed, it is claimed, these properties stimulate the oestrogen receptor sites which in turn encourage the growth of new breast tissue.

husband and I also set up 100% Collagen Ltd, a company that distributes natural health products and supplements nationally such as Pure-Col (100% collagen capsule), Perfect C (natural bust enhancer) and Perfect W8 (natural slimming supplement). These products offer people a natural way to enhance their skin, body and mind and the company is going from strength to strength.

"I am no longer a victim of Crohn's although I still have the disease. I always asked myself the question, 'what am I doing that is making me feel unwell?' As a result of my search for a solution, I found the answer that quite literally transformed my life. My nutritionist gave me control back over my own body.

"Since I opened my clinic, I have learned that many people are looking for a quick fix. I teach them that this is not the answer — it's about a lifestyle change that is ongoing. My clinic helps people with minor to serious conditions, enabling them to regain control of their lives with natural products."

Digestive problem
I specialise in digestive and bowel problems as well as inflammation. Often, we find that clients who come for a headache, for instance, have a digestive problem. The orthodox system may have been treating them for days, weeks and even months for a headache and not ever considering the root cause.

For more information on 100% Collagen phone 0191 291 3385 or visit www.collagen4uk.co.uk

The Aloe Vera Centre is at Duchess Street, Whitley Bay NE26 3TN. Tel: 0191 297 2212.