



# Product Education

## Green Magic™

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This powerful formula is quite possibly the world's most nutritious fast food packed with naturally occurring, easily digested vitamins, minerals, trace minerals, anti-oxidants, enzymes, beta carotene and phyto-nutrients yet consists of only 12 calories per serving. Green Magic™ is formulated with sixteen superfoods selected for their nutritional benefits.



## Superfoods

### Spirulina:

- ◆ The world's richest source of non-animal protein. Spirulina used in Green Magic™ is grown aquatically for New Spirit Naturals in beautiful Hawaii. This dark green Micro Algae contains approximately 60% - 65% protein which is 85% to 95% digestible.
- ◆ A rich source of Beta Carotene, Spirulina contains approximately ten times as much of this pro vitamin as carrots.
- ◆ Nature's richest natural iron food, providing the highest quality of readily absorbable iron. (Most iron tablets contain inorganic sources and should be avoided except as recommended by your doctor. Too much of this type of iron has been implicated in some forms of heart disease). Good quality iron is essential for building healthy red blood cells and hemoglobin, plus iron helps prevent anemia.
- ◆ A source of quick energy that does not tax the pancreas, but helps stabilize the blood sugar, thereby assisting the natural body processes in controlling symptoms of hypoglycemia and diabetes.
- ◆ A rich source of many enzymes, antioxidants and phytonutrients.

### Chlorella:

- ◆ A dark green micro algae that boasts many of the same qualities as Spirulina.
- ◆ Often referred to as "The Emerald Food", chlorella is noted for (and gets its name from) its high content of chlorophyll. Chlorella contains more chlorophyll than any other plant.
- ◆ Contains many vitamins, minerals, nucleic acids, amino acids, enzymes and a substance known as CGF (Chlorella Growth Factor).

### Premium De-oiled Soya Lecithin:

- ◆ High in phosphatides (phosphatidylcholine, phosphatidylethanolamine and phosphatidylinositol), lecithin is involved in many biological processes that require the emulsification of lipids and water in the body.
- ◆ A good, natural source of choline.
- ◆ An important nutrient that assists in the assimilation of all fat soluble vitamins, including vitamins A, E, D & K.

## Benefits of Green Magic™

- ◆ Gluten Free
- ◆ No grain - only plant juices.
- ◆ A Superfood consisting of 16 natural nutrients.
- ◆ 1040 ORAC units per serving
- ◆ Good source of vegetables.
- ◆ Blends easily in water or smoothies.
- ◆ Good source of natural chlorophyll.
- ◆ Helps naturally control the appetite.
- ◆ Excellent for detox.
- ◆ Increases strength & stamina.
- ◆ Helps improve skin, hair & nails.
- ◆ Supports improved digestion & elimination.
- ◆ Gives a long-lasting energy boost.
- ◆ Promotes cellular health.
- ◆ Helps boost brain health.
- ◆ Good as part of a weight loss or management program.
- ◆ Contains no chemicals, artificial hormones, preservatives, sugar or artificial ingredients.



## Rice Kernel Membrane Powder

- ◆ The outer coating and most nutritional part of rice (valuable nutrients are destroyed by modern processing).
- ◆ Great source of B vitamins, an excellent source of bran and a natural source of vitamin E.

## Icelandic Kelp & Nova Scotia Dulse (Sea Vegetables)

- ◆ Rich in naturally chelated minerals from ocean water (approximately 28% minerals).
- ◆ Seaweeds are a natural source of iodine.

## High Pectin Apple Fiber

- ◆ Apples are first pressed, eliminating the juice, then dried slowly to yield a high pectin content. Some studies show that pectin (a soluble fiber) helps bind harmful excessive cholesterol and triglycerides.
- ◆ Contains approximately 50% insoluble fiber which is beneficial in achieving good elimination.

## Wheat Sprouts

- ◆ A natural source of Superoxide Dismutase (SOD) and Catalase.
- ◆ Sprouts are a rich source of many vitamins and minerals, plus important growth factors required by the plant in its earliest days. It is growth factors that empower the plant to push through the earth into the natural sunlight so that it may begin the process of photosynthesis. These phytonutrients are often referred to as auxins.

## Coenzyme Q 10

- ◆ Found throughout all cells of the body with a special concentration in the cells of the heart. It is essential for maintaining heart health.
- ◆ Essential component in the energy cycle of making ATP.
- ◆ Coenzymes are involved in many biological processes and help form other enzymes.

## Royal Jelly

- ◆ One of the world's richest natural sources of pantothenic acid (vitamin B 5 ), sometimes referred to as the anti-stress vitamin.
- ◆ Contains many vitamins (especially B vitamins), minerals and a host of natural enzymes.
- ◆ Recognized as one of the prized foods of the orient.
- ◆ New Spirit Naturals' Royal Jelly contains over 6%10-HDA (compared to most native Royal Jelly that has only 3%).

## Jerusalem Artichoke Powder - A Prebiotic

- ◆ An excellent source of natural potassium.
- ◆ Contains Fructooligosaccharides (FOS) - a phenomenal food source to promote healthy bifidus bacterium found in the lower intestine. Bifidus bacterium are essential in normalizing the pH of the colon, helping eliminate many pathogenic bacteria such as Candida Albicans.

## Lactobacillus Acidophilus & Bifidus Bacterium (Lactose Free) - Probiotics

- ◆ Probiotic organisms, known as our "friendly flora", assist the body in the digestion, assimilation and elimination processes. A healthy colony of friendly flora can do wonders in assisting the body with good digestion.

## Barley Grass Juice Powder, Wheat Grass Juice Powder and Kamut Grass Juice Powder (synergistically blended)

- ◆ New Spirit Naturals selects only the juice of tiny green plants harvested soon after they emerge from the soil. (**No grains are used in Green Magic™**, as many people are allergic to grains).
- ◆ Incredibly rich in vitamins, minerals, protein, enzymes and, of course, chlorophyll (which gives all of these nutrient rich grasses their dark green color).



## Suggested Use for Green Magic™

- ◆ Consume a minimum of one serving (3 grams of powder) of Green Magic™ each day. For optimum wellness, take three servings per day.
- ◆ Additional servings are recommended when the diet is lacking in green vegetables or where long term chronic nutritional needs persist.
- ◆ You may mix your Green Magic™ powder in your favorite juice or purified water. Many people start their day with a power shake.
- ◆ Information about making a Green Magic™ Shake is listed on your bottle. To make an outstanding nutritional protein drink, combine Green Magic™ and Meal in a Glass™ along with your favorite fruits and/or juices.
- ◆ Green Magic™ Capsules (vegetable based capsule) - 5 capsules equal 1 serving. Be sure to consume a minimum of 8 oz. liquid (purified water or your favorite juice) with each serving.
- ◆ Green Magic™ is suitable for adults, teenagers and children and even pets!



### TROPICAL DELIGHT

- 4 oz. Purified Water
- 4 oz. Aloe Vera Concentrate
- 1 Heaping spoon Green Magic™
- 1 Scoop Meal in a Glass™
- 1 Spoon Lecithin
- 1/2 cup tropical frozen fruit
- 1/2 Banana
- Ice as needed

### APPLE BLOSSOM DELIGHT

- 8 oz. Purified water
- 1 Heaping spoon Green Magic™
- 1 Scoop Meal in a Glass™
- 1 Spoon Lecithin
- 1/2 Apple
- 1/2 Banana
- 1/4 tsp. cinnamon
- Ice as needed

**Supplement Facts**

Serving Size 3 grams (Approximately 1 tsp.)  
Servings Per Container 90

Amount per Serving		%DV*
Calories	12	
Calories from Fat	3	
<b>Total Fat</b>	<1 g	<1%
<b>Cholesterol</b>	0 mg	0%
<b>Sodium</b>	10 mg	<1%
<b>Total Carb.</b>	1 g	0%
Dietary Fiber	0 g	0%
Sugars	0 g	0%
<b>Protein</b>	<1 g	<1%

\* Percent Daily Values (DV) are based on a 2,000 calorie diet

**Green Magic™** and its nutritional benefits can conveniently go anywhere you do!

**Suggested Use:** Mix 1 serving with 8 oz. of purified water or with your favorite natural beverage.

**For Vitality PLUS:** Treat yourself to 2 servings per day. Green Magic™ delivers vast amounts of nutrition in little mass, with no harmful fats and no sugar.

**Ingredients:** Soya Lecithin, **Micro-Aquatic Plant Blend** (Spirulina (*Arthrospira plantensis*), Broken Cell-Wall Chlorella (*Vulgaris*), Organic Kelp (*Laminaria digitata*), Dulse (*Palmaria palmate*)), **Terrestrial Plant Blend** (Organic Barley Grass (*Hordeum vulgare*), Organic Wheat Grass (*Triticum aestivum*), KAMUT® Khorasan Grass Juice, Wheat Sprouts (*T. turgidum durum*), Rice Bran Powder, Rice Protein), **Fiber Blend** (Organic Apple Fiber (*Malus domestica*), Apple Pectin), **Microbiome Probiotic/Prebiotic Blend** (Organic Jerusalem Artichoke Powder (*Helianthus tuberosus L.*), Lactobacillus acidophilus, Bifidobacterium bifidum, Bifidobacterium longum, Lactobacillus bulgaricus), Royal Jelly, CoEnzymeQ10, Natural Peppermint Powder (for freshness).

**NEW SPIRIT NATURALS**  
Detoxify  
Energize  
Alkalize

**GREEN MAGIC™**

A Nutrient Rich, Concentrated Harvest of Nature's Finest Foods for Your Good Health

DIETARY SUPPLEMENT • 10 OZ. (284 GRAMS)

†These statements have not been evaluated by the FDA. Information contained in this bulletin is for informational purposes only and is not intended to diagnose, treat, cure, or prevent any disease. In all cases, its is recommended that you consult with your healthcare professional before initiating a supplement program.