



How to Make a Bloom Quilt

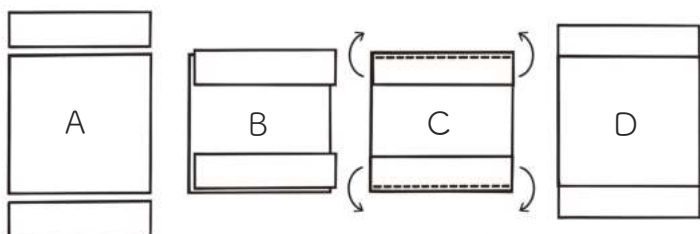
by Arounna Khounnoraj
of bookhou

- The quilt is made from approx. 6 yards of fabric in four or five different patterns.
- Cotton batting in a low loft approx. 53" W x 53" H.
- Clear plastic ruler
- Rotary knife or scissors
- Hand sewing needles

This quilt's finished size is roughly 48 W x 48 H inches, but the design can be easily modified for a smaller or larger size. The quilt starts from the center square roughly 11" W x 11" H and builds out with a series of strips about 2.5" wide and then finishes with an outside border made of panels and corners, roughly 11" W x 11" H. But these dimensions can change based on how large you want it to be. When cutting the strips you may need to sew shorter pieces together - use this as an opportunity to create visual interest with your design.

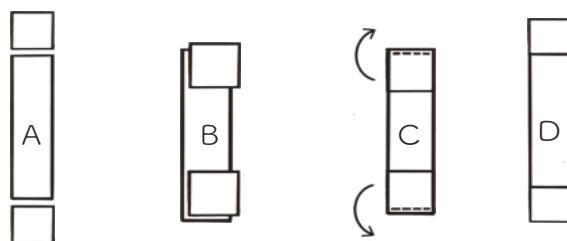
HOW TO MAKE

STEP 1: MAKING THE CENTER SQUARE



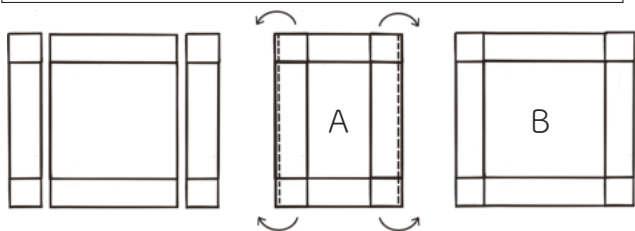
- A) Cut the center piece approx. 11" x 11" and two 2.5" x 11" wide strips in varying prints.
- B) With the center square facing up, place a strip on top with the right sides facing each other and aligned along one edge.
- C) Sew together along the aligned edge with a 3/8" of an inch seam allowance. Repeat on the opposite side.
- D) Open up the seams and press flat.

STEP 2: MAKING THE STRIPS



- A) Cut two 2.5" W x 11" H inch strips and cut four 2.5" W x 2.5" H square pieces.
- B) With the strip facing up, place a square on top so that the right sides are facing each other, aligned along the end of the strip.
- C) Sew together along the edge with a 3/8" of an inch seam allowance.
- D) Repeat on the other end, then repeat with the other strip and squares. Open the seams up and press flat.

STEP 3: ATTACHING THE STRIPS TO THE CENTER SQUARE



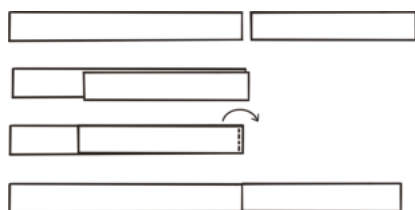
- A) Sew the two strips from step 2 onto the sides of the centre square. You now have a large square strips and corners on all sides.
- B) Repeat this process to build your quilt on all four sides, adjusting the length of the strips as you go.

For this quilt, four layers of 2.5" strips with corner squares were used. The front was finished in the same manner as above with a larger border consisting of strips and corners 11" wide.

STEP 4: ATTACHING THE BATTING & QUILTING THE PIECE

- 1) Once you have the front of your quilt sewn. Press with an iron making sure your seams are open flat. The back panel of the quilt is made of mostly large pieces of the yardage, piecing them together randomly using just a few different prints. Make your quilt back slightly larger than the top so that it can be trimmed to size.
- 2) Place the quilt back on your table facing down. Place the batting layer and the top, trimmed to the same size as the back.
- 3) Place the quilt front on top with the right side facing up, making sure that the back and batting extend beyond a little on all four sides. You now have three layers together. Smooth the layers out with your hand to remove any wrinkles and pin in place.
- 3) Trim the edges of the back and batting to the same size as the front.
- 4) Lastly, hand quilt all the layers together by sewing a running stitch along the centre of the strips to create concentric squares of stitching. Continue this spacing out the edges of the quilt and the entire piece is sewn.

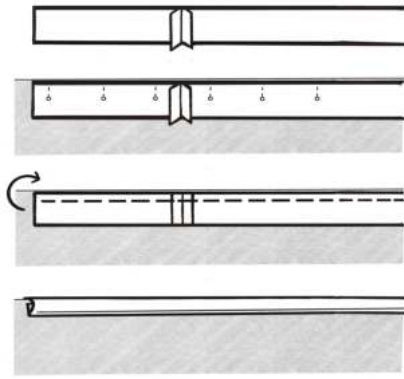
STEP 5: MAKE THE BINDING



Sew together strips of fabric to create a continuous strip about 4" wide and long enough to cover all four edges of the quilt, with a little extra. A variety of patterns and colors and patterns were used for the binding.

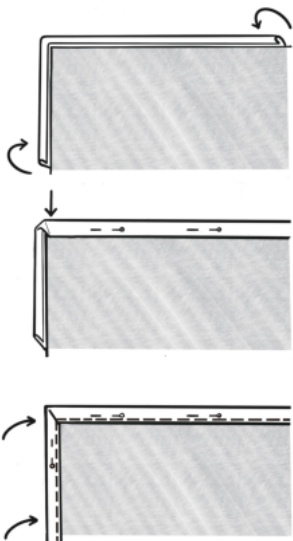


STEP 5: ATTACHING THE BINDING



Starting in the middle of one side, place the binding strip along the edge of the quilt front with the good sides facing each other, aligned along the outer edge. Sew along the edge using 3/8 of an inch seam allowance until you are about 1/2 of an inch from a corner.

STEP 7: FINISH THE BINDING



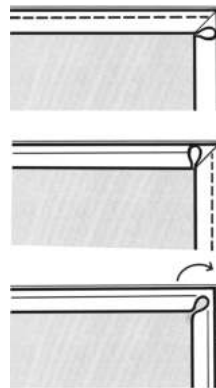
A) Once you have sewn the binding around the perimeter of the front and wrap it around the edge to the back,

B) Fold the fabric once more so that the frayed edges are tucked under and you have a border of about 1".

C) Pin the strip down every 6 inches or so and sew the edge and corners down in a similar manner as the front with a blind stitch all around the edge.

STEP 6: MAKE A MITRED CORNER

To create a mitred corner first fold the binding strip at the corner so that it creates a 90 degree angle, then continues along the edge of the next side of the quilt and forms a neat triangle fold at the corner. Pin in place.



A) Fold the triangle down opposite to where you stopped sewing 1/2 of an inch from the corner, and then continue sewing until you reach the fold of the mitre.

B) Then fold it down the opposite way and continue sewing on the next side starting at the mitre fold.

C) Repeat this on all four sides and corners until you reach your starting point where you can overlap the binding strip a small amount.

FINISHED!



Once you finish the binding, your Bloom Quilt is complete!

