



Megha Analytical & Research Laboratory

(Leaf, Petiole, Foods, Feeds & Microbiological testing services)

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CERTIFICATE OF ANALYSIS

Report No. MARL/PF/2021-22/06-06	Date Of Issue : 03/06/2021	
Name Of Customer/Supplier: M/s. Organic Wisdom	SAMPLE REFERENCE	
Address Of Customer : 3H 61, Kalpataru Aura, Ghatkopar West, Mumbai-400086 Contact : Mrs. Ruchika Goyal, Mob : 9819227042 Email : ruchika.goel@gmail.com	Sample Name	Ragi Rawa
	Brand Name/Trade Name	Organic Wisdom
	FSSAI Reg. no. ref.	10021022001105
Sample Received On : 21/06/2021	Job : USFDA Formats for Nutritional Facts Charts	

Ragi Rawa		
Nutrition facts		
Servings per container		
Serving size	25g	
Amount per serving :		
Calories	90	
		% Daily Value*
Total Fat	0.41g	0.55%
Saturated Fat	0.084g	0.42%
Trans Fat	0g	0.00%
Cholesterol	0mg	0.00%
Sodium	0.003mg	0.00%
Total Carbohydrates	19.64g	6.94%
Dietary Fiber	0.98g	3.50%
Total Sugars (Natural)	0.3g	0.00%
Includes 0g Added Sugars	0g	0.00%
Protein	1.83g	3.67%
Calcium	73.75mg	5.67%
Iron	0.87mg	4.87%
Phosphorous	65mg	5.20%
Zinc	4.87mg	44.31%
Potassium	140.75mg	2.99%
*The % daily value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for for general nutrition advice.		