



Megha Analytical & Research Laboratory

(Leaf, Petiole, Foods, Feeds & Microbiological testing services)

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CERTIFICATE OF ANALYSIS

Report No. MARL/PF/2021-22/06-03	Date Of Issue : 03/06/2021	
Name Of Customer/Supplier: M/s. Organic Wisdom	SAMPLE REFERANCE	
Address Of Customer : 3H 61, Kalpataru Aura, Ghatkopar West, Mumbai-400086	Sample Name	Multigrain Daliya
	Brand Name/Trade Name	Organic Wisdom
	FSSAI Reg. no. ref.	10021022001105
Contact : Ruchika Goyal, Mob : 9819227042 Email : ruchika.goel@gmail.com		
Sample Received On : 21/06/2021	Job : USFDA Formats for Nutritional Facts Charts	

Multigrain Daliya		
Nutrition facts		
Servings per container		
Serving size	2/3 cup (55g)	
Amount per serving :		
Calories	211	
		% Daily Value*
Total Fat	0.76g	0.97%
Saturated Fat	0.32g	1.60%
Trans Fat	0g	
Cholestrol	0mg	0%
Sodium	10.14mg	0.44%
Total Carbohydrates	45.50g	16.54%
Dietary Fiber	3.39g	12.10%
Total Sugars (Natural)	>0.66g	
Includes 0g Added Sugars	0g	0%
Protein	5.48g	10.96%
Vitamin D 0 mcg	0mcg	0%
Calcium	29.82mg	2.29%
Iron	2.98mg	16.53%
Potassium	38.67mg	0.82%
*The % daily value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for for general nutrition advice.		