

GLUTEN FREE - The Fruity One

Servings Per Packet:	8	Quantity	Quantity
Serve Size:	75 g	Per Serve	Per 100g
Energy (kJ):		758	1010
Protein (g):		1.3	1.7
Fat, Total (g):		4.1	5.5
- Saturated (g):		0.6	0.8
Carbohydrate (g):		32.8	43.7
- Sugars (g):		6.8	9.1
Sodium (mg):		256	341
Fibre (g):		1	1
Vitamin B12 (UI):		0	0

INGREDIENTS: WATER, MODIFIED TAPIOCA FLOUR, SULTANAS, MAIZE FLOUR, SORGHUM FLOUR, OLIVE OIL, WHITE RICE FLOUR, DRIED APRICOTS, DRIED CRANBERRIES, PSYLLIUM HUSK, SUGAR, VEGETABLE GUM 464, SALT, SPICES, YEAST, XANTHAN GUM.