

ARRIVAL  
**New**

# LUMBAR TRACTION DEVICE

**LOWER BACK PAIN SOLUTION**



*Life Can Feel Good Again*

**MANUAL**

**Please carefully read this manual before using the device**

# LUMBAR TRACTION DEVICE

Please read this manual carefully and understand it thoroughly before operation.  
Keep this manual for future reference.

*NOTE: This device is intended to provide a relax massage at home not for medical treatment.*

## PRODUCT PARTS



- ① Vibrator
- ② Heating film
- ③ EMS pads
- ④ Airbag
- ⑤ Control panel
- ⑥ Base plate

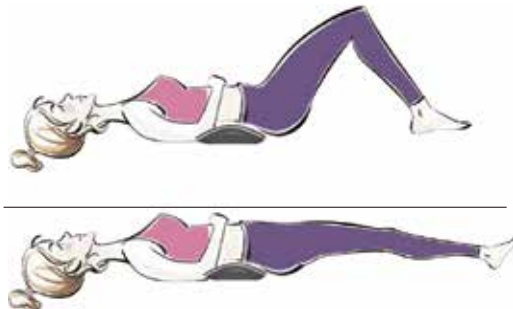
## ADAPTER

(Goods in kind prevail. The adaptor fits for your local power standard)



## POSITION FOR OPERATION

- Comfort is the most important.
- Please put the device under your waist between lumbar no. L1 and L5.
- Please place device on a hard surface or use a hard cushion under the device to keep level for operation.



# FEATURES

- Air stretching system
- Adjustable temperature level (Low / Middle / High)
- Vibration Massage
- Include one pair electric pad
- Comfortable, ergonomically designed according to body curve
- Plugs into an AC outlet, and DC inlet to the device

## NOTE

- The default time for heat therapy is 15 minutes. After 10 minutes rest, press the On/Off button on the control panel again if you need more cycles.
- In different mode, some buttons for different functions will be locked. Please read HOW TO OPERATE to get more details.
- Patients with diabetes and hyperthermalgesia should use this device carefully

**Notice: Do not use the EMS function and extra electrode pads in the same time.**





# OPERATE

## READY BEFORE TREATMENT



To choose a right place for operation, please refer to "POSITION FOR OPERATION" on page 2.

### 1. Turn On/Off and Mode Switch


Touch the  button to turn on the device and manual mode. Touch the  button to switch between Auto 1, Auto 2 and Manual Mode. Press and hold to turn off.

### 2. Manual Mode


#### A- Dynamic Back Stretching

Press and hold  button to start back stretching, the waist will be lifted, release the button once a desired comfortable height is reached. Press  button again to release the pressure.


#### B- Vibration Massage

Touch the  button to turn on the vibration massage and switch between Low, Medium, High intensity and turn off.

#### C- Heating


Touch the  button to turn on the heating mode and switch between low, medium, high temperature and turn off.

#### D- Electrical Muscle Stimulate

Touch the  button to turn on the EMS and switch between Mode 1, 2,3 and turn off.

Touch the  to increase the intensity, the  to decrease. The intensity level will be present in the screen . 20 is the highest intensity.

### 3. Auto Mode

A- AUTO Mode  (Dynamic Back Stretching + Vibration). In this mode, you can adjust the heating and EMS, the stretching and vibration will run automatically.

B- Auto Mode  (Dynamic Back Stretching + Heating + EMS). In this mode, you can adjust all the function.

## Kindly Notes:

- 1.The heating pad will adjust the temperature automatically according to its working condition (User is with or without the clothes on). The temperature will be higher when using with the clothes on.
- 2.The device is with temperature auto-induction system. Please do not change to skin-directly-touch immediately during clothed-touch operating, to avoid any discomfort caused by high initial temperature.

# INSTRUCTION FOR LOW FREQUENCY IMPULSE



1. Insert the cable into the electrical pulse output port of the device, connect the patch, and remove the protective film to stick the position where it needs massage, such as arms, legs, waist, etc.
2. Pls stick a protective paper on Electric pulse patch after finishing use, in order to next use.

## PARAMETERS

NAME	LUMBAR TRACTION DEVICE
MATERIAL	ABS + PC
CURRENT	2A
POWER	24W
VOLTAGE	12V DC
CYCLE	15 MINUTES
FUNCTION	AIR TRACTION, MASSAGE, HEATING, EMS
APPLICABILITY	LOWER BACK PAIN, MUSCLE RELAX

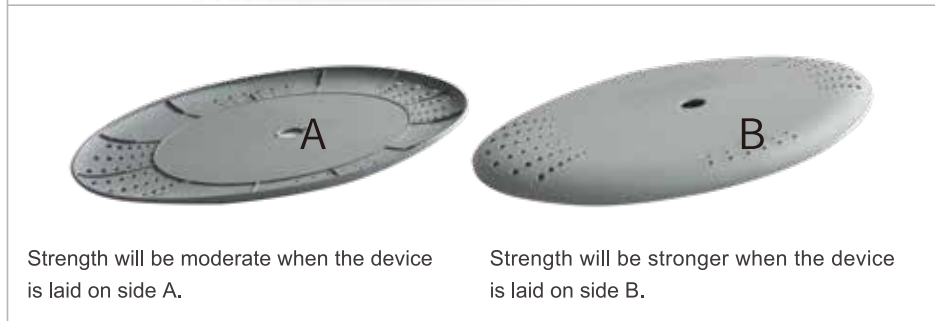
## BASE PLATE

### How to use

1. The base plate must be placed beneath the device
2. The plate was designed to improve the overall experience when using the traction device on a soft surface, as in a soft bed, couch, or foam-rubber cushion. (See Figure I)
3. You can operate the traction device with or without the plate when the device is placed a hard surface, ie bed or floor.
4. Do not tread on the plate or used for the other purposes.
5. Please adjust the plate according to your personal situation.



Figure I



On sofa



On soft bed

## IMPORTANT INFORMATION

1. Only use the adapter that was supplied with the device.
2. Do not let the device fall from high places, and do not keep it around sharp objects.
3. Do not use this product when sleeping.
4. Do not use other medical electronic devices at the same time, such as pacemakers, heart-lung machines or electrocardiographs as this could be dangerous. If the patient is simultaneously using high frequency surgical equipment or other related equipment, the electrical pulse patches in the device may cause burns or damage the equipment. If the equipment is used near a microwave, the output of the device may become unstable.
5. Consult your physician before using this device, especially if you are pregnant, have skin sensitivities, heart disease, blood pressure abnormalities, malignant tumors, cerebrovascular diseases, diabetes, etc.
6. Please keep away from children.
7. When using the electric pulse function, do not move or change the position.

### CARE AND MAINTENANCE

- Store this device in a moisture-free, dry place when not in use.
- Do not wrap the power cord around the device.
- Do not use the power cord as a handle.
- Keep away from all solvents and harsh detergents.
- Unplug the device and allow it to cool before cleaning. Wipe with a soft, dry cloth as needed.
- Do not submerge the device in water or other liquids.
- Do not use abrasive cleaners, brushes, gasoline, kerosene, glass/furniture polish, or paint thinner to clean the massager.