

Hinged Knee Brace

SKU: KNB102

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Instructions For Use

Step 1. Open the brace and remove the hinges by detaching the Velcro in the inner part of the pocket from the hinge and pulling it out.

Step 2. To set the hinge to the desired flexion/ extension settings open the hinge cover and drop the metal stops into the desired setting. Ensure both hinges have the same settings. Close the cover and replace it with the side pocket of the brace.

Step 3. Unfasten all Velcro straps and apply seated with the knee bent. Position the patella pad on the knee cap and align the hinges with the center of the knee joint.

Step 4. Fasten the calf strap first (this strap prevents slipping) and then the top strap. Fasten the popliteal strap. If slipping occurs, check that the calf strap is above the largest part of the calf muscle and tightened securely.



Still need help?
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Care Instructions

- Spray with a 50% Alcohol/Water Mixture
- Rinse and Air Dry.
- Do NOT dry clean, iron, or bleach.

