

OA Unloader Knee Brace

SKU: KNB-OA-200

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Instructions For Use

Step 1. Detach all buckles and set each strap to its loosest setting for first time application.

Step 2. While seated with the knee at a 90° angle, place condyle pad on the outside center of the knee directly on the skin or a knee sleeve.

Step 3. Ensure strap 1 is above the calf and adjust strap length for a secure fit. Strap 1 placement is key to preventing sliding.

Step 4. Fasten straps 2, 3 and 4 and adjust strap length for a secure fit.

Step 5. Using hex tool, insert into the slot above the hinge and turn counterclockwise for medial (inner) pain and clockwise for lateral (outer) pain.

**Test by walking. Additional adjustments can be made until the maximum pain relief is achieved.*

Step 6. Range of motion stops - use only if you need flexion / extension control. Use the screwdriver to loosen the screws. Insert desired stop into hinge. Tighten screw back into place.



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Care Instructions

- Spray with a 50% Alcohol/Water Mixture
- Rinse and Air Dry.
- Do NOT dry clean, iron, or bleach.  

