

# Plantar Fasciitis Day Splint

SKU: FTW201

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## Instructions For Use

**Step 1.** Open both the ankle and the foot strap. Wrap the ankle strap around your ankle and fasten with Velcro closure.

**Step 2.** Place the foot strap under your foot at the arch and secure to the ankle strap with the Velcro tabs.

**Step 3.** Once secured in place, the splint can be used with or without shoes.



Still need help?  
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### Care Instructions

- Hand Wash with a 50% Alcohol/Water Mixture
- Rinse and Air Dry.
- Do NOT dry clean, iron, or bleach.  

