

Cervical Air Traction Collar with Touch Screen Electric Air Pump

SKU: CRC289

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Instructions For Use

- Step 1.** Turn the back knob counterclockwise and the side knobs backward to loosen to the loosest setting.
- Step 2.** Disconnect the pull tab from the anchor point to open the side of the brace. Place around the head and re-attach the pull tab back to its anchor point.
- Step 3.** Turn the back knob clockwise to the most appropriate size that feels comfortable. Turn it counterclockwise to adjust if needed.
- Step 4.** Turn the side knobs upwards for desired traction level. Turn them down if needed to feel comfortable.
- Step 5.** Connect the pump to the valve, hold and turn the valve forward to lock.
- Step 6.** Use the pump to inflate to the most comfortable level.
- Step 7.** Turn the valve backward to disconnect the pump. Leave the device in place for 10-20 minutes or for the time recommended by your physician. Push and hold the quick-release valve to release the air after therapy.
- Step 8.** Turn both side knobs downwards to the lowest.
- Step 9.** Turn the back knob counterclockwise, then disconnect the pull tab from the anchor point. Remove the device from your neck.



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Care Instructions

- Take apart the fabric pads and clean with a 50% Alcohol/Water Mixture
- Air Dry only.
- Do NOT dry clean, iron, or bleach.

