

Cervical Neck Traction Collar

SKU: CNC193

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Instructions For Use

Step 1. Tighten valve clockwise before inflation. Turn the back knob counter clockwise all the way to the end and both side knobs to the bottom.

Step 2. Release the pull tab pin and open the brace. Insert head with chin slightly raised and centered.

Step 3. Push the front panel towards your neck so it stays fit and fix the pull tab to the knob.

Step 4. Turn the back knob clockwise to your comfort level. Turn it counter clockwise to loosen if uncomfortable.

Step 5. Turn the side knobs upwards for the desired level of traction. Turn the knobs down to lessen traction.

Step 6. Attach the air pump clamp to the valve.

Step 7. Use the pump to inflate to the most comfortable level.



Step 8. Remove the clamp from the valve. Leave traction device in place for 10-20 minutes or as advised by your physician.



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Care Instructions

- Wipe device and air bladder with a damp cloth
- Do NOT submerge in water
- Air Dry only
- Do NOT dry clean, iron, or bleach.  



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