

Universal Back Brace with Adjustable Lumbar Support

SKU: BKB281

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Instructions For Use

Step 1. Open and lay the brace out flat with the back panel facing up. Reach into the pockets of the waist panel and detach the Velcro. Size the waist panel to fit by sliding the panel in or out as needed. Reattach Velcro.

Step 2. Place the cover inside the back panel and slide into place.

Step 3. Center the back panel in the middle of your lower back.

Step 4. Wrap the waist panels, ensuring a snug fit, and secure with Velcro.



Step 5. To achieve compression, take a deep breath, pull the handle, and Velcro the handle to the waist panel.



Still need help?
Perfect Fit Guarantee!

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Care Instructions

- Spray with a 50% Alcohol/Water Mixture
- Rinse and Air Dry.
- Do NOT dry clean, iron, or bleach.  



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