

# TLSO Thoracic Medical Back Brace

SKU: BKB153

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## Instructions For Use

**Step 1.** Open the brace and lay flat with the back panel facing up. Move the pulley handles out of the way.

**Step 2.** Detach the side panel velcro from the pulley system panel and remove the side panel.

**Step 3.** Open the side panel and fold it to the desired waist measurement. Do this for both side panels, making sure they are folded to the same measurement on each side. Replace and re-secure the Velcro.

**Step 4.** To adjust the back brace height, pull the middle strap on the pulley panel up to unfasten the Velcro. Pull vor push the top of the back brace to shorten or lengthen as needed. Once adjusted, re-secure the velcro.

**Step 5.** Put the back brace on like a backpack. Wrap the waist panel around your waist and secure the Velcro. Fasten the chest clip and adjust the chest straps to fit. Adjust shoulder straps to fit.



**Step 6.** To adjust compression, take a deep breath in and pull the pulley handles out and away from the body. Wrap the handles around and fasten them to the waist panel.



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### Care Instructions

- Spray with a 50% Alcohol/Water Mixture
- Rinse and Air Dry.
- Do NOT dry clean, iron, or bleach.  



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