

Shoulder Immobilizer with Abductor

SKU: ARS167

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Instructions For Use

Step 1. Unfasten the velcro on the envelope. Open and locate the shoulder strap with the padding.

Step 2. Open the clip on the waist strap, using the velcro on the strap to size to a proper, snug fit, and re-clip to secure.

Step 3. Unbuckle the padded shoulder strap, unfasten the velcro of the thumb strap, and open the envelope.

Step 4. Place the elbow all the way to the back of the envelope and Velcro the thumb and top straps to secure the arm in the sling.

Step 5. Unfasten the velcro on the shoulder strap, position the padding on the shoulder, and adjust the strap length as needed. Reattach the Velcro to the strap and buckle back together to secure.

Step 6. Velcro the exercise ball holder to the waist strap and insert exercise ball. Use the exercise ball as needed to increase circulation and strength. The abduction pillow can be kept in place or removed if not needed.



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Care Instructions

- Hand Wash with a 50% Alcohol/Water Mixture
- Rinse thoroughly and Air Dry.
- Do NOT dry clean, iron, or bleach.

