

# Shoulder Support Brace

PDAC L3960 • SKU: ARB-AD5100-E

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## Fitting Instructions

**Step 1.** Begin by slipping the shoulder strap over the neck so the Shoulder Support Brace is positioned under the arm in desired abduction (This device is designed to fit the left or right arm) Tighten the shoulder strap until the bend on the support brace is tucked snugly into the armpit.

**Step 2.** Wrap the waist strap around the waist and secure.

**Step 3.** Attach the provided wedge into the bend under the arm of the shoulder abduction system (Note: The corner that is placed in the “bend” dictates the angle of the shoulder positioning, as marked on the side of the wedge, in increments of 0, 15, 30, 60, and 90 degrees)

**Step 4.** Starting at the upper arm, attach each arm strap so that the arm fits securely against the brace and little movement is experienced. Continue down the arm, securing each strap.

*\*Assistance may be required for this step.*

**Step 5.** Tighten and adjust as needed. If applied properly, the Shoulder Support Brace should be fitted at the waist and should also fit tight into the armpit to ensure proper positioning. Subsequently, the wedge should fit in the “bend” of the Shoulder Support Brace, flush with the armpit. Each arm strap should hold the arm securely in place.



Still need help?  
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### Care Instructions

- Hand Wash with a 50% Alcohol/Water Mixture
- Rinse and Air Dry.
- Do NOT dry clean, iron, or bleach.  

