

# Carbon Fiber AFO

SKU: FTB-CL-CK-289

Prefer watching videos?

We've got you covered!

Visit our YouTube @BraceDirect or scan the QR code



## Preparation:

Unfasten the cuff strap of the AFO and place the footplate inside of the shoe. The AFO may have to be trimmed slightly to fit properly (Please see trimming instructions below. Note that once trimmed, the AFO can not be returned) For best results, select footwear with a good heel and a half size larger than your normal size. The footplate of the AFO should keep consistent contact with the shoe to ensure proper performance, and a lack of consistent contact could result in decreased performance. Use of this AFO with sandals is NOT recommended.

## Application:

1. While seated, place foot inside shoe with the AFO, making sure the heel is aligned with the heel of the AFO.
2. Fasten the closure strap so that the AFO fits snug to the leg and little movement is experienced.
3. Fasten the shoe so that the foot, the AFO, and the shoe all have consistent contact with one another.

## Trimming Instructions:

Grinding of the footplate can be performed to aid in a proper fit and should be done so with caution. It is suggested that no more than 8mm (5/16") from the finished perimeter of the AFO, and no more grinding/alterations should be done with 10mm (1 3/3") on either side of the Y-strut. The toe area can also be trimmed to achieve a specific amount of flex, or to receive the proper gait pattern for an individual patient. All grinding/trimming should be finished by hand sanding, using 320-600 wet/dry sand paper and water to achieve the proper smoothness. It is also suggested that these areas are sprayed with clear lacquer, as any nicks/irregularities could cause potential splintering and breakage.



Still need help?  
**Perfect Fit Guarantee!**

Visit our website or scan the QR code to find out more.

### Care Instructions

- Hand Wash with a 50% Alcohol/Water Mixture
- Rinse and Air Dry.
- Do NOT dry clean, iron, or bleach.   

