

Frozen Ice

SKU: CTY194

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Step 1. Begin by pressing the red button to open the machine. Fill it with ice up to the marked line, and add water to the marked water line. Close the lid securely by pushing it down until you hear it click.

Step 2. To attach the thermal tubing, press the metal clamps on the ports located on the back of the unit. Insert the female end of the tubing into the ports until you hear a click.

Step 3. To attach the universal or accessory pad, press the metal clamps down on the other end of the thermal tubing and then insert the universal pad fittings until you hear a click.

Step 4. Find the power port on the back, near the tubing. Plug in the AC adapter and turn on the device using the power switch.

Step 5. Place the pad with the plastic side down and gray side away. Apply to the affected body part and use the elastic wraps to secure the pad to the body.

Step 6. Press and hold the Mode (M) button to choose your treatment settings. Use the arrow buttons to adjust the flow rate ⚙️ and treatment time ⌚. Press Mode again to finish setting up. Begin the therapy by pressing the start/pause ▶️ button. You can pause it at any time by pressing the same button.



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Care Instructions

- Hand Wash with a 50% Alcohol/Water Mixture
- Rinse and Air Dry.
- Do NOT dry clean, iron, or bleach.  

