Prefer watching videos? We've got you covered! Visit our YouTube @BraceDirect or scan the QR code



## **Fitting Instructions**

Locate the included compression wrap, gel pack, and hand pump with tube. \*Freeze gel pack at least two hours before use.

**Step 1.** Place the frozen gel pack on the compression wrap.

**Step 2.** Connect the tubing and hand pump to the nozzle on the ON/OFF switch.

**Step 3.** Place compression wrap and frozen gel pack on the right or left foot and secure with Velcro. Turn the switch to "ON" to begin adding compression.

**Step 4.** Using the hand pump, squeeze several times until desired compression is reached.

**Step 5.** When you are finished with treatment, release the pressure before removing. Be sure to replace gel pack into the freezer for the next use.











Still need help? **Perfect Fit Guarantee!** Visit our website or scan the QR code to find out more. **Care Instructions** 

- Hand Wash with a 50% Alcohol/Water Mixture
- Rinse and Air Dry.
- Do NOT dry clean, iron, or bleach. 💹 🔌

