

Fitting Instructions

Step 1. Open the brace and lay support out flat with back panel facing up. Open velcro on flap and lift the cover up. Detach both side panels from the pulley belt.

Step 2. Size indications are marked on each side panel. Fold both side panels to the proper size marker, reinstall panels to the pulley belt and close the back flap.

Step 3. Unbuckle one of the shoulder straps and put the brace on like a backpack.

Step 4. Position the brace so the back panel is centered on your back and comfortably aligned with your spine's curve. If at this point it needs to be adjusted for height (shorter or taller) lay the brace out flat with the back panel facing up. Unfasten the back panel cover, unfasten Velcro on the strap located in the center of the pulley belt. Use the shoulder straps to move the back support up or down to either lengthen or shorten.

Step 5. Once height of back panel has been adjusted, replace the brace back on your body. Taking the waist panels in your hand, wrap them snugly around your waist and secure over the top of the anterior panel

Step 6. Grasp the pull rings, take a deep breath and pull them simultaneously, securing them to the waist panels with the velcro.

Step 7. Pull the shoulder straps until desired fit is achieved.





Still need help? Perfect Fit Guarantee! Visit our website or scan the QR code to find out more.

Care Instructions

- Hand Wash with a 50% Alcohol/Water Mixture
- Rinse and Air Dry.
- Do NOT dry clean, iron, or bleach. 💹 💥



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