



## Asian Jicama Salad

From Deryk Thompson-Astilla  
of Life Changing Dinners.

### Ingredients:

- 2-4 cups spinach, ripped
- 1 cucumber sliced (with a #5 cone if you have a SaladMaster)
- ½ jicama chopped in thin strips (or grate with a #2 cone if you have a SaladMaster)
- 2-3 tablespoons rice vinegar
- 2-3 tablespoons liquid aminos
- 1-2 tablespoons sesame oil
- Sesame seeds for garnish

### Directions:

Simply prepare each ingredient and then mix them together.