

CHOCO CACAO LAB  
— Workshops —



SÖ SCHOKOLADIG

*handmade purepower*









# HANDMADE PURE POWER

REZEPT

**90 g KAKAOBUTTER**

**86g PURE KAKAO**

- **KAKAO Nibs aus Peru Selftrade**
- **Kakao Gourmet Pulver**
- **Roh aus Sri Lanka, Vietnam**
- **Criollo-CACAO BOHNE Orphelia**

**Prise Salz**

**Msp. Vanille**

**Intelligente Zuckeralternative: Erythrit (ketolifestyle)**

**oder Süße deiner Wahl**

**optional: Msp. KAKAOBUTTER PULVER**







# HANDMADE PURE POWER

ANLEITUNG

1. Schmelzen der KAKAOBUTTER im Wasserbad

2. MIXEN + Rühren

In einer Schüssel schichten

- PURE KAKAO Portion mit Prise Bourbon Vanille, Salz, leichte Süße
- Zuletzt geschmolzenen KAKAOBUTTER zugeben und zügig rühren.
- 3. Gießen und dekorieren







# HANDMADE PURE POWER

STEP 1.

ALLE TOPPINGS UND ZUTATEN



## INGREDIENTS

Cocoa butter, cacao powder, ground cacao beans, vanilla and agave syrup.

And your favorite toppings to cover your chocolate.





# HANDMADE PURE POWER

STEP 2.

CACAOBUTTER SCHMELZEN

## 2) MELT THE BUTTER

Melt the cocoa butter in a water bath. But take care you don't heat it too much and keep water from getting in touch with the cocoa butter.

Then pour the butter into the metal bowl.







# HANDMADE PURE POWER

STEP 3. + 4.

MIXEN UND RÜHREN, DANN GIESSEN, GARNIEREN  
UND KÜHLEN

## 3) STIR IT UP

Now stir all ingredients together for about 2 minutes so you have a nice and tasty coating. If the coating is too sticky, put it on the water bath to gently warm it up.

## 4) POUR IT

Take your spoon and pour the chocolate into your mould.  
Then cover everything with your favorite toppings and leave it in the freezer for round about 10 minutes.





# Nutrition Facts

Ø Nährwerte per 100 g



Kakao



Apfel



Banane



Orange

Kalium .....	1200 mg.....	120 mg.....	370 mg.....	165 mg
Kalzium.....	84 mg.....	5 mg.....	7 mg.....	40 mg
Magnesium.....	240 mg.....	5 mg.....	30 mg.....	15 mg
Phosphor.....	340 mg.....	10 mg.....	20 mg.....	25 mg
Eisen.....	2,6 mg.....	0,2 mg.....	0,4 mg.....	0,4 mg
Zink.....	3,7 mg.....	0,1 mg.....	0,2 mg.....	0,1 mg
Vitamin B8 Biotin.....	5,8 mμ.....	0,6 mμ .....	5 mμ.....	1,5 mμ
Vitamin C.....	2,5mg.....	10mg.....	10mg.....	45mg





# HANDMADE PURE POWER

STEP 6.

GENIESSEN UND VERPACKEN





Welche  
Sorte  
360° **CHOCO**  
ist das?

**MEINE !**



Bestellungen  
unter  
[www.360purepower.com](http://www.360purepower.com)

