



Legends Haul

2023 CATALOG



Legends Haul

Bestselling products curated by our team of Chefs to add inspiration to every meal.

As consumers, we felt these items were missing from retailers. Every day staples that become every home's essentials. From meatballs and macaroni to cookie dough. Meals that reinvigorate the freezer aisle and dinner tables across the province.





Vegan Tomato Coconut Soup



SKU ID 12797 / 700G

Ingredients: Tomatoes, Coconut milk, Onion, Garlic, Sugar, Coriander seed, Salt
Case size: 12
Dietary: Gluten Free, Vegan

Shelf life: 9 months

Location: Freezer



Superfood Carrot & Ginger Soup



SKU ID 12869 / 700ML

Ingredients: Carrots, Coconut milk, Onion, White wine, Ginger, Brown sugar, Sherry vinegar, Coriander seed, Garlic, Turmeric, Serrano peppers, Cinnamon, Salt

Case size: 12

Dietary: Gluten Free, Vegan

Shelf life: 9 months

Location: Freezer



Bison & Bean Protein Packed Chili



SKU ID 12870 / 700G

Ingredients: Tomatoes, Free-range bison, Black beans, White beans, Spices, Carrots, Onion, Celery, Salt, Garlic, Serrano peppers

Case size: 12

Dietary: Gluten Free, Dairy Free

Shelf life: 9 months

Location: Freezer



Green Goddess Falafels



SKU ID 12780 / 8 x 50G

Ingredients: Chickpeas, White onion, Kale, Parsley, Mint, Spinach, Cilantro, Garlic, Kosher salt, Baking soda, Cumin, Coriander

Case size: 12

Dietary: Gluten Free, Vegan

Shelf life: 9 months

Location: Freezer



Moroccan Beet Falafels



SKU ID 14103 / 8 x 50G

Ingredients: Chickpeas, White onion, Tomato paste, Beets, Garlic, Kosher salt, Baking soda, Chili flakes, Paprika, Cumin, Coriander, Cayenne

Case size: 12

Dietary: Gluten Free, Vegan

Shelf life: 9 months

Location: Freezer



Sweet Potato & Turmeric Falafels



SKU ID 14102 / 8 x 50G

Ingredients: Chickpeas, Sweet potato, White onion, Curry powder, Turmeric, Ginger, Garlic, Salt, Baking soda, Cumin, Coriander

Case size: 12

Dietary: Gluten Free, Vegan

Shelf life: 9 months

Location: Freezer





Mama's Famous Meatballs



SKU ID 12582 / 650G

Ingredients: Tomato sauce (tomatoes, olive oil, garlic, basil), Ground beef, Pork, Panko bread crumbs (wheat flour, yeast, water, salt), Onion, Egg, Kosher salt, Parsley, Garlic, Black pepper, Spices, Chili flakes, Zerto grana padano, Baking soda

Case size: 12

Shelf life: 9 months

Location: Freezer



Chicken & Vegetable Bolognese



SKU ID 12548 / 700G

Ingredients: Tomatoes, Chicken, Celery, Carrots, Onion, Parsley, Garlic, Red wine, Grapeseed oil, Salt, Spices

Case size: 12

Dietary: Gluten Free, Dairy Free

Shelf life: 9 months

Location: Freezer



Handcrafted Macaroni & Cheese



SKU ID 12754 / 650G

Ingredients: Macaroni (flour, water, salt), Cream cheese, Milk, Cheddar (milk, cultures, salt, enzymes, annatto (colour)), Swiss cheese (pasteurized milk, bacterial culture, salt, calcium chloride, microbial enzyme), Mozzarella, Flour, Butter, Black pepper

Case size: 12

Dietary: Vegetarian

Shelf life: 9 month

Location: Freezer



Pulled Pork Macaroni & Cheese



SKU ID 12895 / 650G

Ingredients: Macaroni (flour, water, salt), Pork, Cream cheese, Milk, Cheddar (milk, cultures, salt, enzymes, annatto (colour)), Swiss cheese (pasteurized milk, bacterial culture, salt, calcium chloride, microbial enzyme), Mozzarella, Onion, Flour, Butter, Oranges, Garlic, Brown sugar, Spices, Chipotle in adobo (chipotle peppers, vinegar, tomatoes, onions, sugar, soybean oil), Black pepper

Case size: 12

Shelf life: 9 months

Location: Freezer



Chocolate Chunk Cookie Dough



SKU ID 12658 / 8 X 50 G

Ingredients: Flour, Dark chocolate, Brown sugar, Soft butter, White sugar, Eggs, Vanilla paste, Kosher salt, Baking soda

Case size: 12

Dietary: Vegetarian

Shelf life: 9 months

Location: Freezer



Salted Caramel Cookie Dough



SKU ID 12658 / 8 X 50 G

Ingredients: Flour, Caramel chips (sugar, skim milk, palm kernel oil, natural flavour, sea salt, corn starch, lecithin), Butter, Brown sugar, Cornflakes (corn, sugar, salt, barley malt extract, vitamins (vitamin E, niacin, vitamin B6, riboflavin, folate), minerals (iron, zinc oxide)), White sugar, Eggs, Baking soda, Baking powder, Kosher salt, Vanilla extract

Case size: 12

Dietary: Vegetarian

Shelf life: 9 months

Location: Freezer





little *leisure* bites

flakey & delicious



Pork & Leek Sausage Roll Bites



SKU ID 12756 / 10 x 40G

Ingredients: Enriched wheat flour,Pork,
Butter, Oats, Leek, Spices,Vinegar, Egg

Case size: 12

Shelf life: 9 months

Location: Freezer



Spinach & Feta Bites



SKU ID 12698 / 10 x 40G

Ingredients: Enriched wheat flour, Butter, Cream
cheese (milk ingredients, salt, bacterial culture,
carob bean gum, sorbic acid), Rolled oats, Canola
oil, Feta cheese (pasteurized milk, cream, milk
protein concentrate, microbial enzyme, calcium
chloride, lipase, bacterial culture, salt), Spinach,
Spices, Corn starch, Potato flakes, Vinegar

Case size: 12

Dietary: Vegetarian

Shelf life: 9 months

Location: Freezer





WOOZAS

What's a Wooza?

Woozas are traditional handcrafted Italian Pinsa crusts. The original recipe was invented during the Ancient Roman Empire. They are low in gluten, easy to digest, light & crispy with a soft inside. A fun, fresh, 'woo' worthy alternative to everyday pizzas.





WOOZAS

Margherita Wooza



SKU ID 13914 / 500G

Ingredients: Wheat flour, Pomodoro sauce (tomatoes, olive oil, basil, garlic, chili flakes, salt), Fresh mozzarella (boconcini), Tomatoes, Rice flour, Soy flour, Olive oil, Sourdough starter (flour, water), Salt, Yeast, Basil

Case size: 6

Shelf life: 12 months

Location: Freezer



Pepperoni Classico! Wooza



SKU ID 13915 / 625G

Ingredients: Wheat flour, Pomodoro sauce (tomatoes, olive oil, basil, garlic, chili flakes, salt), Fresh mozzarella (boconcini), Pepperoni (pork, beef, salt, water, spices, sugars (dextrose, turbinado sugar), cultured celery powder, lactic acid culture, paprika, cherry powder, sea salt, smoke flavour), Rice flour, Soy flour, Olive oil, Sourdough starter (flour, water), Yeast, Oregano, Salt

Case size: 6

Shelf life: 1 year

Location: Freezer



Lemon Zucchini Wooza



SKU ID 13913 / 700G

Ingredients: Wheat flour, Zucchini, Lemons, Mozzarella (cultured pasteurized part-skim milk, salt, enzymes, potato starch), Chimichurri (garlic, parsley, olive oil, shallots, sherry vinegar, chili flakes, salt), Onions, Olive oil, Cream cheese, Sourdough starter (flour, water), Butter, Garlic, Salt, Yeast, Milk, Rice Flour, Soy flour

Case size: 6

Shelf life: 1 year

Location: Freezer



Bacon Béchamel Wooza



SKU ID 13912 / 575G

Ingredients: Wheat flour, Bacon (pork, salt, sugar, celery extract, garlic, thyme), Mozzarella (cultured pasteurized part-skim milk, salt, enzymes, potato starch), Peas, Olive oil, Cream cheese, Sourdough starter (flour, water), Butter, Garlic, Parmesan, Salt, Yeast, Milk, Rice flour, Soy flour, Black pepper

Case size: 6

Shelf life: 1 year

Location: Freezer





CHÂTEAU

WATER

DRINK CANADIAN WATER

Canada is home to one of the largest renewable supplies of freshwater in the world. It has access to upwards of 20% of the world's surface freshwater and 7% of the world's renewable water flow. So why on earth are we shipping in water from Europe, the United States, and Fiji?

1% OF PROCEEDS OF CHÂTEAU ARE DONATED TO WATER FIRST. A CANADIAN CHARITY THAT WORKS WITH TRIBAL COUNCILS TO IMPLEMENT CLEAN DRINKING WATER PROGRAMS FOR INDIGENOUS NATIONS IN NEED.

Sparkling Water



SKU ID 13973 / 355ML

Ingredients: Canadian Water

Case size: 24

Dietary: GF, DF, Canadian

Location: Dry



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LEGACY **Hills** MEATS

In 2019, Legends Haul Supply Co. acquired Hills Foods - a long time Certified Organic facility and leader in ethical meat for 30+ years. Today Hills has been rebranded to one of the Legends Haul retail protein lines called Hills Legacy Meats. This line still consists [and also includes reworked recipes] of products that are true to the company's ethos: wholesome ingredients, consciously sourced meat, and good for you and the planet products.

Our products are all handcrafted in small batches at our facility in Coquitlam, BC. Our ever expanding line consists of sausages, burgers, grinds, spatchcock chickens, and more. We use a variety of great quality meat, fresh ingredients, and spices for each recipe. Our meat products all includes one or more of the following characteristics: Certified Organic, Antibiotic Free, Hormone Free, Non GMO, Pasture Raised, Free Range, Grass Fed, Free Run and all of the Hills products are free from preservatives.



Teriyaki Spatchcock Chicken



SKU ID 13958 / ~3LB

Ingredients: Whole chicken (backbone removed), Gluten free tamari, Brown sugar, Sesame oil, Ginger, Garlic, Rice wine vinegar, Dried chives, Chili flakes, Cornstarch

Case size: 6

Dietary: HALAL, GF, DF, Canadian

Shelf life: 1 year frozen, 3-4 weeks fresh*

Location: Fridge or Freezer



Peri-Peri Spatchcock Chicken



SKU ID 13035 / ~3LB

Ingredients: Whole chicken (backbone removed), Tomatoes, Worcestershire, Tamari, Cayenne, Chili flakes, Black pepper, Brown sugar, Apple cider vinegar, Onions, Garlic

Case size: 6

Dietary: HALAL, GF, DF, Canadian

Shelf life: 1 year frozen, 3-4 weeks fresh*

Location: Fridge or Freezer



Lemon & Herb Spatchcock Chicken



SKU ID 13037 / ~3LB

Ingredients: Whole chicken (backbone removed), Lemon juice, Lemon zest, Garlic, Onion, Grapeseed oil, Fennel seed, Parsley, Rosemary, Thyme, Oregano, Salt, Pepper, Smoked paprika

Case size: 6

Dietary: HALAL, GF, DF, Canadian

Shelf life: 1 year frozen, 3-4 weeks fresh*

Location: Fridge or Freezer



Chimichurri Spatchcock Chicken



SKU ID 13036 / ~3LB

Ingredients: Whole chicken (backbone removed), Parsley, Oregano, Garlic, Lemon juice, Grapeseed oil, Salt, Pepper, Chili flakes

Case size: 6

Dietary: HALAL, GF, DF, Canadian

Shelf life: 1 year 3-4 weeks*

Location: Fridge or Freezer



LOCAL BC HALAL CHICKEN TUMBLED WITH IN-HOUSE MARINADES.





SAUSAGES

Hills

LEGACY MEATS

Chicken Breakfast Sausage



SKU ID 10785 / 213G

Ingredients: Chicken, Sea salt, Spices (includes mustard), Black pepper, Garlic, Soy protein, Beef collagen casing

Case size: 12

Dietary: GF, DF, Non GMO, Canadian

Shelf life: 1 year

Location: Freezer



Sundried Tomatos & Chicken Sausage



SKU ID 10784 / 344G

Ingredients: Chicken, Sea salt, Spices (Includes mustard), Sundried tomatoes, Black pepper, Basil, Garlic, (Beef collagen casing)

Case size: 8

Dietary: GF, DF, Non GMO, Canadian

Shelf life: 1 year

Location: Freezer



Salt & Pepper Turkey Sausage



SKU ID 10786 / 344G

Ingredients: Turkey, Sea salt, Spices (includes mustard), Garlic, (Beef collagen casing)

Case size: 8

Dietary: GF, DF, Canadian

Shelf life: 1 year

Location: Freezer



Mediterranean Turkey Sausage



SKU ID 10771 / 344G

Ingredients: Turkey, Sundried tomatoes, Sea salt, Spices (includes mustard), Black pepper, Basil, Garlic, (Beef collagen casing)

Case size: 8

Dietary: GF, DF, Non GMO, Canadian

Shelf life: 1 year

Location: Freezer



Butter Chicken Sausage



SKU ID 10792 / 344G

Ingredients: Chicken, Tomato, Cream, Yogurt, Salt, Butter, Pepper, Garlic, Coriander, Cloves, Spices (Beef collagen casing)

Case size: 8

Dietary: GF, Non GMO, Canadian

Shelf life: 1 year

Location: Freezer



Canadian Maple Breakfast Sausage



SKU ID 10793 / 213G

Ingredients: Pork, 100% Maple syrup, Whipping cream, Soy protein, Salt, Black pepper, Sage, Dry mustard, Nutmeg

Case size: 12

Dietary: GF, Canadian

Shelf life: 1 year

Location: Freezer





Savoury Pork with Leek Sausage



SKU ID 10791 / 344G

Ingredients: Pork, Leeks, Salt, Pepper

Case size: 8

Dietary: GF, DF, Canadian

Shelf life: 1 year

Location: Freezer



Bacon & Pork Sausage with Herbs



SKU ID 10798 / 344G

Ingredients: Pork, Smoked pork bacon, Salt, Pepper, Parsley, Spices

Case size: 8

Dietary: GF, DF, Canadian

Shelf life: 1 year

Location: Freezer



Chorizo Verde Sausage



SKU ID 12075 / 344G

Ingredients: Pork, Fresh cilantro, Fresh parsley, Tomatillos, Jalapeños, Garlic, Black pepper, Spices, Kosher salt, Brown sugar

Case size: 8

Dietary: GF, Non GMO, Canadian

Shelf life: 1 year

Location: Freezer



Espelette Chorizo Sausage



SKU ID 11929 / 344G

Ingredients: Pork, Pepper paste, Water, White Vinegar, Garlic, Paprika, Cayenne pepper, Milk powder, Black pepper, Curing salt, Golden yellow sugar, Course salt, Cinnamon, Espelette pepper, Parsley

Case size: 8

Dietary: GF, Canadian

Shelf life: 1 year

Location: Freezer



Garlic Venison & Pork Sausage



SKU ID 10790 / 344G

Ingredients: Venison, Pork, Salt, Pepper, Garlic, (Beef collagen casing)

Case size: 8

Dietary: GF, DF

Shelf life: 1 year

Location: Freezer



Duck & Pork Sausage with Grand Marnier



SKU ID 10797 / 344G

Ingredients: Duck, Pork, Orange, Salt, Triple Sec, Grand Marnier, Brown sugar, Black pepper, Cayenne pepper, Cloves, Garlic, Dried cherries

Case size: 8

Dietary: GF, DF

Shelf life: 1 year

Location: Freezer



Lamb & Rosemary Sausage



SKU ID 10787 / 344G

Ingredients: Lamb, Salt, Garlic, Rosemary, Black Pepper, Oregano, (Beef collagen casing)

Case size: 8

Dietary: GF, DF, Halal

Shelf life: 1 year

Location: Freezer





BURGERS

Hills

Fresh Herb Chicken Burgers



SKU ID 10804 / 2 x 40Z

Ingredients: Chicken, Salt, Pepper, Spices

Case size: 12

Dietary: GF, DF, Non GMO, Canadian

Shelf life: 1 year

Location: Freezer



Cranberry & Herb Turkey Burger



SKU ID 10806 / 2 x 40Z

Ingredients: Turkey, Sweetened dried cranberries, Cranberry sauce, Salt, Pepper, Herbs

Case size: 12

Dietary: GF, DF, Non GMO, Canadian

Shelf life: 1 year

Location: Freezer



Organic Beef Burger



SKU ID 10803 / 2 x 40Z

Ingredients: Certified Organic Beef

Case size: 12

Dietary: GF, DF, Certified Organic, Canadian

Shelf life: 1 year

Location: Freezer



Bison Burger



SKU ID 10801 / 2 x 40Z

Ingredients: Free Range bison

Case size: 12

Dietary: GF, DF, Free Range, Canadian

Shelf life: 1 year

Location: Freezer



Wagyu Burger



SKU ID 12348 / 2 x 50Z

Ingredients: Wagyu beef

Case size: 7

Dietary: GF, DF

Shelf life: 1 year

Location: Freezer





Non GMO Ground Chicken



SKU ID 10825 / 454G

Ingredients: Chicken

Case size: 9

Dietary: GF, DF, Non GMO

Shelf life: 1 year

Location: Freezer



Non GMO Ground Turkey



SKU ID 10824 / 454G

Ingredients: Turkey

Case size: 9

Dietary: GF, DF, Grass Fed

Shelf life: 1 year

Location: Freezer



Fresh Organic Lean Ground Beef



SKU ID 10922 / 454G

Ingredients: Certified Organic beef

Case size: 9

Dietary: GF, DF, Certified , Canadian

Shelf life: 7 days

Location: Fridge



Organic Lean Ground Beef



SKU ID 10930 / 454G

Ingredients: Certified Organic beef

Case size: 9

Dietary: GF, DF, Certified Organic, Canadian

Shelf life: 1 year

Location: Freezer



Lean Ground PEI Beef



SKU ID 11375 / 454G

Ingredients: Beef

Case size: 9

Dietary: GF, DF, Canadian

Shelf life: 1 year

Location: Freezer



Organic Extra Lean Ground Beef



SKU ID 10931 / 454G

Ingredients: Certified Organic beef

Case size: 9

Dietary: GF, DF, Certified Organic

Shelf life: 1 year

Location: Freezer





Ground Bison



SKU ID 11088 / 454G

Ingredients: Free Range bison

Case size: 9

Dietary: GF, DF, Free Range, Canadian

Shelf life: 1 year

Location: Freezer



Grass Fed Ground Lamb



SKU ID 10941 / 454G

Ingredients: Grass fed lamb

Case size: 9

Dietary: GF, DF, Grass Fed

Shelf life: 1 year

Location: Freezer



Ground Lamb



SKU ID 10822 / 454G

Ingredients: Lamb

Case size: 9

Dietary: GF, DF, Halal, Canadian

Shelf life: 1 year

Location: Freezer



Ground Elk



SKU ID 10926 / 454G

Ingredients: Free range elk

Case size: 9

Dietary: GF, DF, Free Range

Shelf life: 1 year

Location: Freezer



Ground Kangaroo



SKU ID 10819 / 454G

Ingredients: Kangaroo

Case size: 9

Dietary: GF, DF, Free Range

Shelf life: 1 year

Location: Freezer



Ground Venison



SKU ID 10820 / 454G

Ingredients: Free range venison

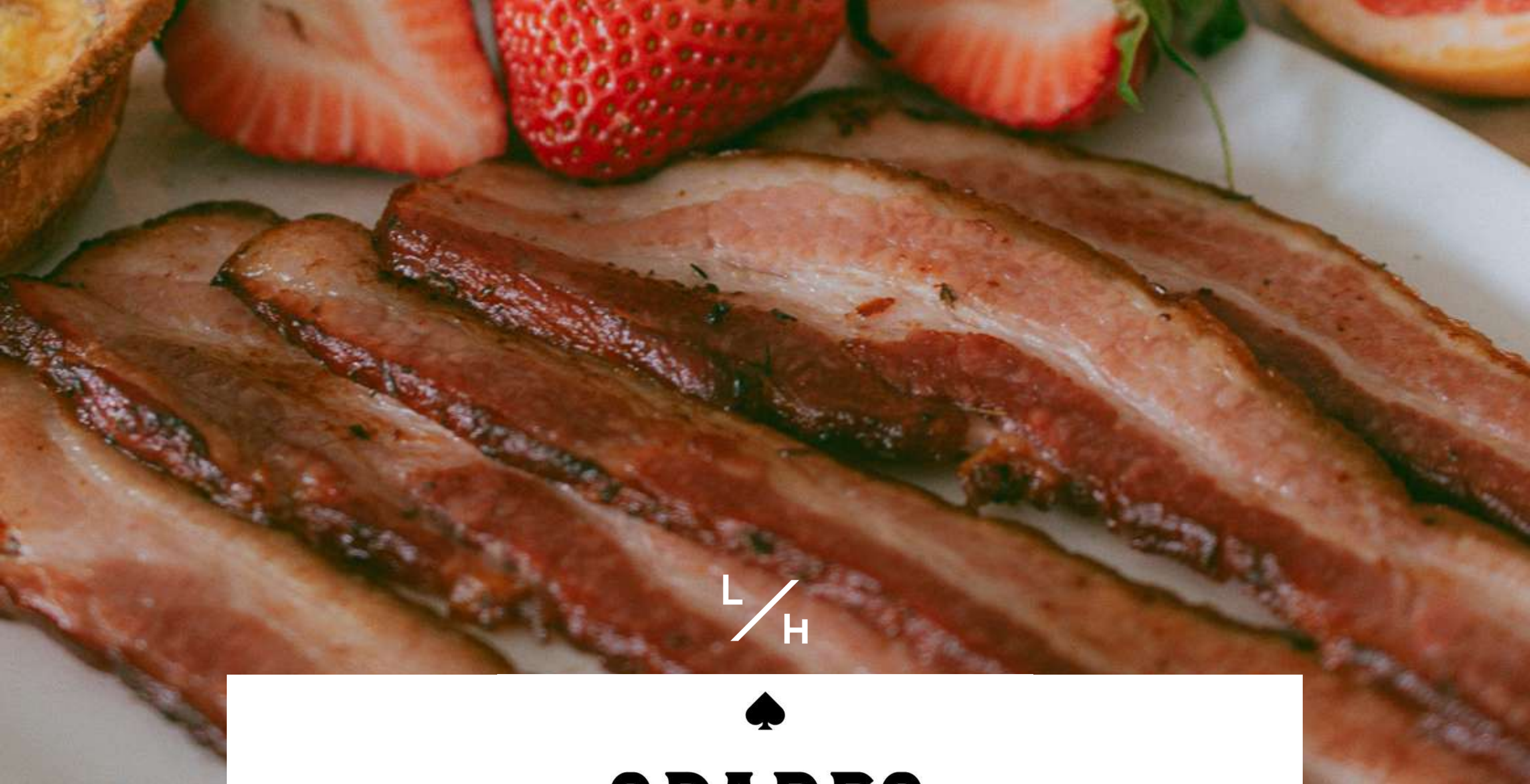
Case size: 9

Dietary: GF, DF, Free Range

Shelf life: 1 year

Location: Freezer





SPADES

We've taken bacon back to the basics. Stripped it of its over processed chemicals and brought it back to its glory, the way it's meant to be enjoyed. Spades is small batch, thick sliced bacon, handcrafted in our Coquitlam facility.

We hand rub the product, dry cure it for 7 days, then use a real hickory wood smoke. There is no water or nitrates added only all natural ingredients and it's of course made with Free Range premium quality pork. Tip when cooking: cook low & slow. It's always a good thyme to enjoy Spades.

Good Thyming Bacon



SKU ID 14233 / 454G

Ingredients: Pork, Kosher salt, Brown sugar, Thyme, Garlic powder, Celery salt

Case size: 10

Dietary: GF, DF, Canadian

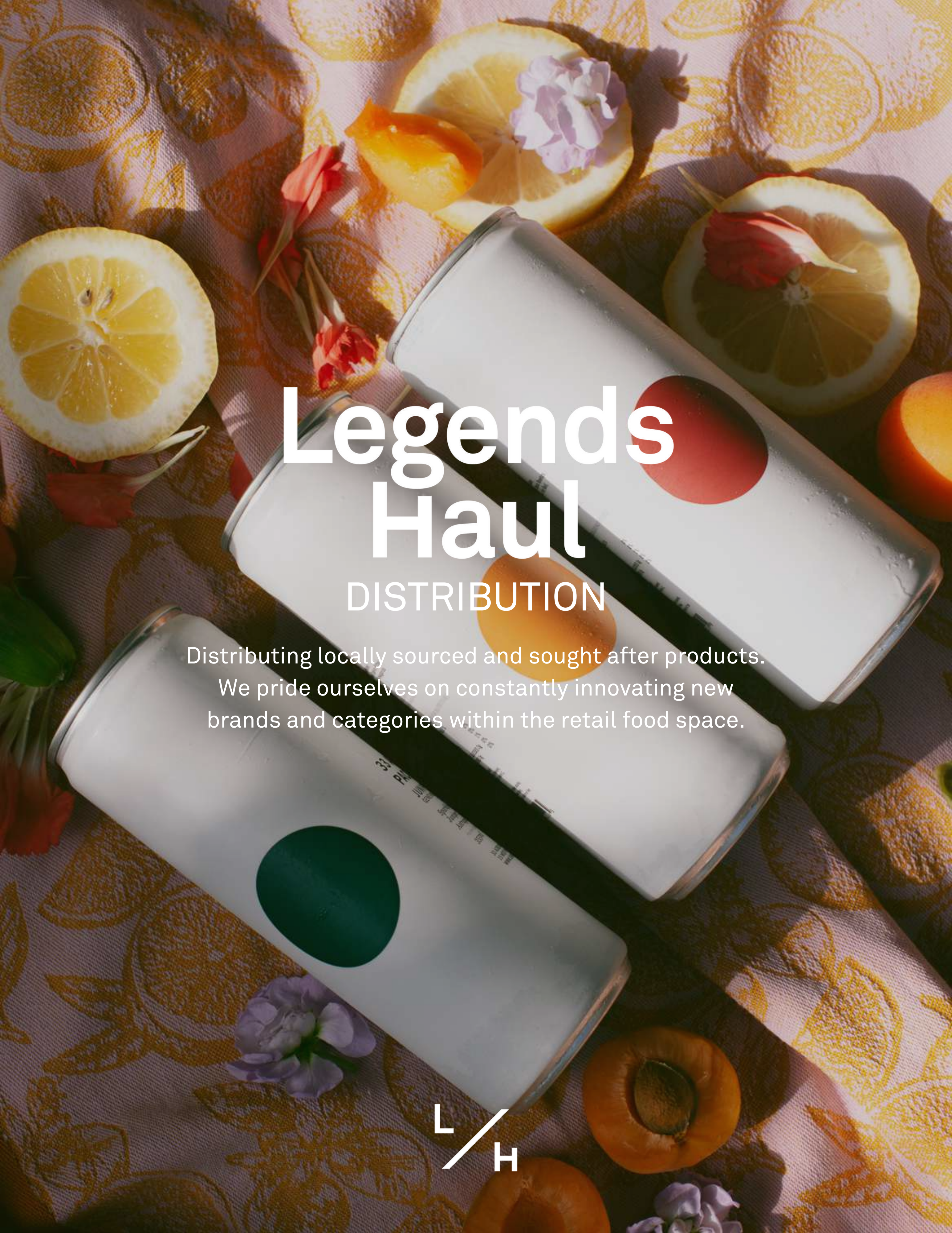
Shelf life: 21 days

Location: Fridge



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Legends Haul

DISTRIBUTION

Distributing locally sourced and sought after products.
We pride ourselves on constantly innovating new
brands and categories within the retail food space.





Pacific - Juniper & Bitter Orange Sparkling Water



Ingredients: Sparkling water, Juniper, Sage, Bitter orange, Astragalus root

Case size: 6 x 4pc

Dietary: GF, Canadian

Shelf life: 1 year

Location: Dry



SKU ID 12236 / 4 x 330ML

Heart - Rosehip & Hibiscus Sparkling Water



Ingredients: Rosehip, Hibiscus, Lemon zest, Grains of paradise, Holy basil

Case size: 6 x 4pc

Dietary: GF, Canadian

Shelf life: 1 year

Location: Dry



SKU ID 12238 / 4 x 330ML

Sunrise - Citrus & Blossom Sparkling Water



Ingredients: Sparkling water, Chamomile, Orange zest, Orange blossom, Vitamin D, Ashwaghandha

Case size: 6 x 4pc

Dietary: GF, Canadian

Shelf life: 1 year

Location: Dry



SKU ID 12235 / 4 x 330ML

ADAPTOGENIC SPARKLING WATERS
INFUSED WITH 33 ACRES NATURAL TINCTURES & REAL WORLD ORGANIC ADAPTOGENS

WWW.33ACRESBREWING.COM





Chicken Ramen



SKU ID 13559 / 500G

NOODLE: Wheat flour (Flour, Niacin, Iron, Thiamine mononitrate, Riboflavin and Folic acid), Water, Salt, Alkaline water (Water, Potassium carbonate, Sodium carbonate, Propylene glycol), Tartrazine, Corn starch
SOUP: Water, Chicken bone, Chicken, Chilli, Kelp, Bonito, Onion, Shiitake, Mackerel, Kelp extract, (Sorbitol, Maltitol, Hydrogenated starch hydrolysates, Corn, Potato, Sweet potato, cassava), Shio koji, Yeast extract (Yeast extract, Dextrin, Ethyl alcohol, Xanthan gum), Salted mirin, Soy sauce.
GARNISH: Chicken (Soy sauce, Sugar, Water, Vinegar), Bamboo shoot (Salted bamboo shoots, Vegetable oil, Soy sauce, Salted Sake, Ginger, Mirin), Green onion, Wood ear mushroom

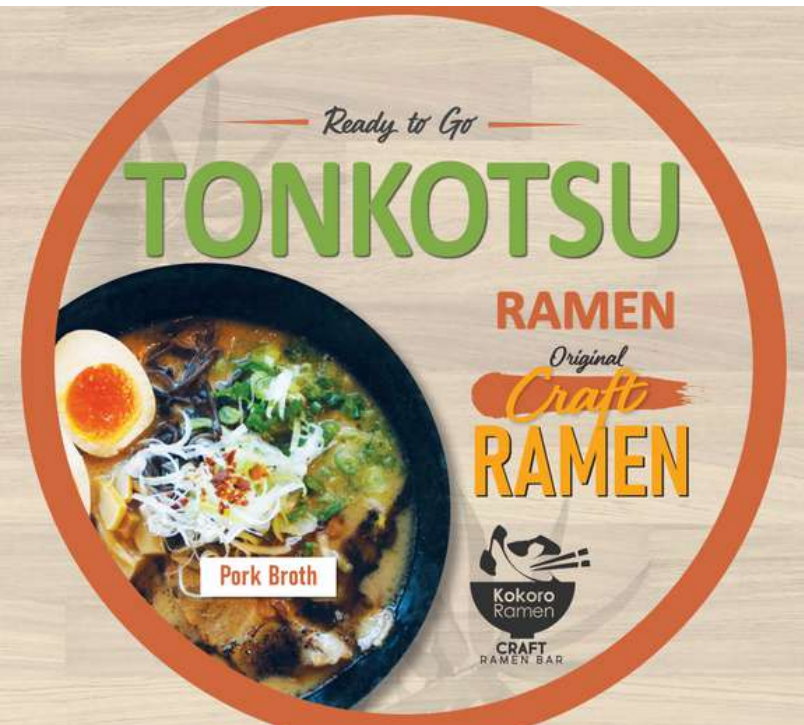
Case size: 18

Shelf life: 6 months

Location: Freezer



Tonkotsu [Pork] Ramen



SKU ID 13560 / 500G

NOODLE: Wheat flour, (flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Salt, Alkaline water (water, potassium carbonate, sodium carbonate, propylene glycol), Tartrazine, Corn starch
SOUP: Water, Pork bone, Chilli, Soy sauce, Kelp, Bonito, Mackerel, Kelp extract (Sorbitol, Maltitol, Hydrogenated starch hydrolysates, Corn, Potato, Sweet potato, cassava),Yeast extract (yeast extract, dextrin, Ethyl alcohol, Xanthan gum), Salted mirin
GARNISH: Pork (Pork, soy sauce, sugar, water, Vinegar),Bamboo shoot (salted bamboo shoots), Vegetable oil, Soy sauce, Salted Sake, Ginger, Mirin), Green onion, Wood ear mushroom

Case size: 18

Shelf life: 6 months

Location: Freezer



Spicy Paitan Chicken Ramen



SKU ID 13561 / 500G

NOODLE: Wheat flour,(Flour, Niacin, Iron, Thiamine mononitrate, Riboflavin, Folic acid), Water, Salt, Alkaline water (Water, Potassium carbonate, Sodium carbonate, Propylene glycol), Tartrazine, Corn starch
SOUP: Water, Chicken bone, Chicken, Chilli, Kelp, Bonito, Onion, Shiitake, Mackerel, Kelp extract (Sorbitol, Maltitol, Hydrogenated starch hydrolysates, corn, potato, sweet potato, cassava), Shio Koji, Yeast extract (yeast extract, dextrin, Ethyl alcohol, Xanthan gum), Salted Mirin, Sweet pea paste, water, Wheat flour, Soybean, Salt, sugar, Sesame paste, monosodium glutamate, Acetylated distract adipate, Disodium inosinate Potassium sorbate, surcralosem, Salted Chili pepper, Fermented soybean paste, Water, Salt, Sugar, Dehydrated garlic, Soybean oil, Miso (water, soybeans, rice, salt)
GARNISH: Chicken (Soy sauce, Sugar, Water, Vinegar), Bamboo shoot, (Salted bamboo shoots, vegetable oil, soy sauce, Salted Sake, ginger, Mirin), Green onion, Wood ear mushroom

Case size: 18

Shelf life: 6 months

Location: Freezer



Spicy Tonkotsu [Pork] Ramen



SKU ID 13562 / 500G

NOODLE: Wheat flour,(Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Salt, Alkaline water (Water, Potassium carbonate, Sodium Carbonate, Propylene Glycol), Tartrazine, Corn starch
SOUP: Water, Pork bone, Chilli, Soy sauce, Kelp, Bonito, Mackerel, Kelp extract (Sorbitol, Maltitol, Hydrogenated starch hydrolysates, corn, potato, sweet potato, cassava), Yeast extract (yeast extract, dextrin,Ethyl alcohol, Xanthan gum), salted Mirin, Sweet bean paste water, Wheat flour, Soybean, Salt, Sugar, Sesame paste, Monosodium glutamate, Acetylated distract adipate, Disodium inosinate potassium sorbate, Surcralosem salted chili pepper, Fermented soybean paste, Water, Salt, Sugar, Dehydrated garlic, Soybean oil, Miso (water, soybeans, rice, salt, alcohol)
GARNISH: Pork (Pork, Soy sauce, Sugar, Water, Vinegar), Bamboo shoot, (Salted bamboo shoots, Vegetable oil, Soy sauce, Salted Sake, ginger, Mirin), Green onion, wood ear mushroom

Case size: 18

Shelf life: 6 months

Location: Freezer



FROZEN, READY TO GO RAMEN
READY IN LESS THAN 10 MINUTES. JUST ADD HEAT

WWW.KOKORORAMEN.CA



Culture

Strawberry Mojito



SKU ID 13890 / 355ML

Ingredients: Filtered Water, Green Tea, Kombucha Culture, Cane Sugar, Strawberry, Lime, Mint

Case size: 12

Dietary: GF, DF, Vegan

Shelf life: 6 months

Location: Fridge



Peach Basil



SKU ID 13887 / 355ML

Ingredients: Filtered Water, Green Tea, Rooibos Tea, Kombucha Culture, Cane Sugar, Peach, Basil

Case size: 12

Dietary: GF, DF, Vegan

Shelf life: 6 months

Location: Fridge



Lavender Lemonade



SKU ID 13888 / 355ML

Ingredients: Filtered Water, Green Tea, Kombucha Culture, Cane Sugar, Lavender, Lemon

Case size: 12

Dietary: GF, DF, Vegan

Shelf life: 6 months

Location: Fridge



Cherry Cream Soda



SKU ID 13886 / 355ML

Ingredients: Filtered Water, Green Tea, Kombucha Culture, Cane Sugar, Sour Cherry, Vanilla, Marshmallow Root

Case size: 12

Dietary: GF, DF, Vegan

Shelf life: 6 months

Location: Fridge



Blueberry Ginger



SKU ID 13889 / 355ML

Ingredients: Filtered Water, Green Tea, Kombucha Culture, Cane Sugar, Blueberries, Ginger

Case size: 12

Dietary: GF, DF, Vegan

Shelf life: 6 months

Location: Fridge



MADE WITH LOCALLY GROWN FRUITS,
FLOWERS + HERBS

CULTURECRAFTKOMBUCHA.COM





Maple Blueberry Bison Jerky



Ingredients: Bison, Blueberries, Maple syrup, Sea salt, Pepper, Smoke

Case Size: 108 x 23G

Dietary: GF, DF, CANADIAN

Shelf life: 1 year

Location: Dry



SKU ID 13881 / 108 x 23G
18 packs per display box
6 boxes per case

Maple Saskatoon Berry Bison Jerky



Ingredients: Bison, Saskatoon berry, Maple syrup, Sea salt, Pepper, Smoke

Case Size: 108 x 23G

Dietary: GF, DF, CANADIAN

Shelf life: 1 year

Location: Dry



SKU ID 13882 / 108 x 23G
18 packs per display box
6 boxes per case

MITSOH ('EAT' IN CREE NEHIYAW)
FOUNDED IN 2018 BY IAN GLADUE OF WABASCA'S BIGSTONE CREE NATION IN ALBERTA, CANADA
(TREATY 8 TERRITORY). A PASSIONATE CHEF, IAN AWS INSPIRED BY HIS MOTHER TO SHARE
TRADITIONAL INDIGENOUS FOODS WITH THE WORLD.

USING ONLY CLEAN, NATURAL, LOCAL INGREDIENTS ENSURING THE HIGHEST QUALITY, NUTRITIONALLY
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Wagyu Beef Frankfurter Hot Dogs



Ingredients: Wagyu beef, Dextrose, Spices, Sugar, Salt, Diphosphate, Ascorbix acid, Soduim ascorbate, Sodium nitrite, Spice extracts, Liquid smoke

Case size: 16

Dietary: GF, DF

Shelf life: 1 year

Location: Freezer



SKU ID 10323 / 4 LINKS - 375G

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BC Mushroom Chili



SKU ID 12344 / 650G

Ingredients: Tomato (Tomato, Water, Salt, Citric acid), Black beans, Lentils, BC mushrooms (May include Shiitake, Oyster, Cremini, Portobello, Velvet oyster, King oyster, Yellowfoot), Water, Smoked onion, Corn, Coffee, Carrot, Sunflower oil, Jalapeño, Garlic, Salt, Spices

Case size: 12

Dietary: GF, DF, Vegan, Nut Free, Canadian

Shelf life: 1 year

Location: Freezer



100% BC Beef Chili



SKU ID 12343 / 650G

Ingredients: Grass fed BC beef, Tomato (Tomato, Salt, Citric acid), Smoked onion, Black beans, Corn, Coffee, Carrot, Jalapeño, Garlic, Salt, Spices

Case size: 12

Dietary: GF, DF, Grass Fed, Raised Without Antibiotics, Nut Free, Canadian

Shelf life: 1 year

Location: Freezer



West Coast Seafood Chowder



SKU ID 12342 / 600G

Ingredients: Oyster stock, Milk, Smoked salmon (Salmon, Natural wood smoke, Salt), Onion, Pemberton potato, Carrot, Beach oysters, Cream, Butter, Wheat flour, Kale, Garlic, Salt, Black pepper

Case size: 12

Dietary: Nut Free, Canadian

Shelf life: 1 year

Location: Freezer



Roasted Chicken & Smoked Corn Pie



SKU ID 12614 / 365G

Ingredients: Filling: BC specialty chicken thigh, Chicken stock (Water, Chicken bones, Onion, Carrots, Garlic, Olive oil, Spices), Pemberton potato, Butter, Milk, Carrot, Armstrong extra old white cheddar, Smoked corn, Scallions, Salt, Mustard, Garlic, Spices, Herbs. Crust: Wheat flour, Butter, Water, Sugar, Salt, Egg (Liquid whole egg, Citric acid)

Case size: 20

Dietary: Non GMO, Raised Without Antibiotics, Canadian

Shelf life: 1 year

Location: Freezer



Steak and Mushroom Pie



SKU ID 12431 / 365G

Ingredients: Filling: Grass fed BC beef, Onion, Mushroom stock (water, mushroom, onion, carrot, spices), Carrot, Tomato (tomato, water, salt, citric acid), BC mushrooms (may include shiitake, oyster, cremini, portobello, velvet oyster, king oyster, yellowfoot), Canola oil, Salt, Cider vinegar, Garlic, Thyme, Spices. Crust: Wheat flour, Butter, Water, Sugar, Salt, Egg (liquid whole egg, citric acid)

Case size: 20

Dietary: Grass Fed, Raised Without Antibiotics, Nut Free, Canadian

Shelf life: 1 year

Location: Freezer



Jamaican Beef Pie



SKU ID 12432 / 365G

Ingredients: Filling: Grass fed BC ranch beef, Onion, Water, Scallions, Panko breadcrumbs (Wheat flour, Sugar, Yeast, Salt), Spinach, Salt, Garlic, Spices. Crust: Wheat flour, Butter, Water, Sugar, Salt, Egg (Liquid whole egg, Citric acid)

Case size: 20

Dietary: Grass Fed, Raised Without Antibiotics, Nut Free, Canadian

Shelf life: 1 year

Location: Freezer





Potato Lentil Curry Pie



SKU ID 12615 / 365G

Ingredients: Filling: Mushroom stock (Water, Mushroom, Onion, Carrot, Spices), Pemberton potato, Onion, Carrot, Lentils, Spinach, Garlic, Salt, Olive oil, Spices. Crust: Wheat flour, Butter, Water, Sugar, Salt, Egg (liquid whole egg, citric acid)

Case size: 20

Dietary: Vegetarian, Nut Free, Canadian

Shelf life: 1 year

Location: Freezer



Apple Pie



SKU ID 13093 / 415G

Ingredients: Filling: Grannysmith apple, Golden yellow sugar, Sugar, Cornstarch, Spices. Crust: Wheat flour, Butter, Water, Sugar, Salt, Egg (Liquid whole egg, Citric acid)

Case size: 20

Dietary: Vegetarian, Nut Free, Canadian

Shelf life: 1 year

Location: Freezer



Rancher Pie [Grass Fed Beef and Molten Cheese]



SKU ID 13745 / 365G

Ingredients: Filling: Grass finished BC ranch beef, mushroom stock (water, mushroom, onion, carrot, spices), onion, carrot, Pemberton potato, corn, Armstrong extra old white cheddar (pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, may contain color), tomato (tomato, water, salt, citric acid), garlic, scallion, wheat flour, sugar, thyme, rosemary, salt, pepper Crust: Wheat flour, butter, water, sugar, salt, egg (liquid whole egg, citric acid)

Case size: 20

Dietary: Nut Free, Canadian

Shelf life: 1 year

Location: Freezer



Blueberry Pie



SKU ID 13094 / 345G

Ingredients: Filling: Blueberries, Sugar, Cornstarch, Wheat flour, Apple cider vinegar, Salt, Spices. Crust: Wheat flour, Butter, Water, Sugar, Salt, Egg (liquid whole egg, citric acid)

Case size: 20

Dietary: Vegetarian, Nut Free, Canadian

Shelf life: 1 year

Location: Freezer



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Duck, Pork & Hazelnut Terrine



SKU ID 12541 / 215G

Ingredients: Pork, Duck, Back fat, Duck confit, Caramelized onions, Hazelnuts, Brandy, Kosher salt, Pate spice (black pepper, nutmeg, cinnamon, cloves), Orange zest, Curing salt, Garlic, Juniper berries

Case size: 12

Dietary: GF, DF

Shelf life: 6 weeks

Location: Fridge



Pork, Fig & Pistachio Country Terrine



SKU ID 12544 / 215G

Ingredients: Pork, Back fat, Pistachios, Chicken liver, Dried figs, Eggs, Brandy, Kosher salt, Garlic, Black pepper, Pate spice (black pepper, nutmeg, cinnamon, cloves), Curing salt, Thyme

Case size: 12

Dietary: GF, DF

Shelf life: 6 weeks

Location: Fridge



Chicken with Burnt Honey & Apple Geleé



SKU ID 11987 / 125G

Ingredients: Chicken liver, Butter (cream, natural flavour), Eggs, Onion, Brandy, Red wine, Apple juice, Honey, Apple cider vinegar, Black pepper, Kosher salt, Curing salt, Gelatin

Case size: 12

Dietary: GF

Shelf life: 8 weeks

Location: Fridge



Duck with Cranberry & Port Geleé



SKU ID 11986 / 125G

Ingredients: Duck liver, Butte (cream, natural flavour), Eggs, Onion, Brandy, Red wine, Port, Unsweetened cranberry juice, Pate spice (black pepper, nutmeg, cinnamon, cloves), Kosher salt, Sugar, Curing salt, Gelatin

Case size: 12

Dietary: GF

Shelf life: 8 weeks

Location: Fridge



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Original Coconut Yogurt



SKU ID 13667 / 3.5KG

Ingredients: Organic Coconut Cream, Agar, Non-Dairy Probiotic Cultures (Contains 1 billion cfu of probiotics per 125 g serving: L. acidophilus, L. paracasei)

Case size: 1

Dietary: GF, DF, Vegan

Shelf life: 65 days

Location: Fridge



Vanilla Coconut Yogurt



SKU ID 77101 / 3.5KG

Ingredients: Organic Coconut Cream, Water, Organic Coconut Nectar, Vanilla Extract, Non-Dairy Probiotic Cultures (Contains 1 billion cfu of probiotics per 125 g serving: L. acidophilus, L. paracasei)

Case size: 1

Dietary: GF, DF, Vegan

Shelf life: 65 days

Location: Fridge



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Beef Demi-Glace Cubes



SKU ID 11925 / 180G

Ingredients: Water, Veal bone, Carrot, Onion, Celery, Tomato paste, Parsley, Thyme, Bay leaf, Black pepper

Case size: 12

Dietary: GF, DF, Canadian

Shelf life: 1 year

Location: Freezer



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