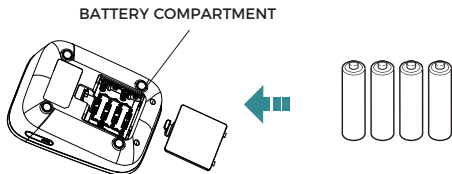


Quick Start Guide

1 Insert batteries.



2 Download Meraw Health App.

(Scan below QR code)



3 Pair blood pressure monitor with the App.

1. Make sure you have authorized Bluetooth permission and activate Bluetooth function on your phone.
2. The monitor needs to be at OFF status before connection;
3. Long press Bluetooth button in the monitor until the "Bluetooth" symbol blinks on the screen;
4. Click "Start connection" button in the App and wait for pairing complete.

(Scan QR code for instruction)

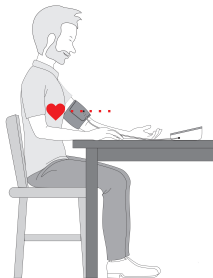


4 Prepare to measure.



5 Sit correctly and take measurement.

- Avoid bathing, drinking alcohol or caffeine, smoking, exercising or eating 30 minutes before taking a measurement.
- Sit in a chair with your legs uncrossed and feet flat on the floor.
- Sit with your back and arm supported.
- The arm cuff should be placed on your arm at the same level as your heart, with the arm resting comfortably on a table.



◆ Contact our customer support team ◆



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