



SoulBaby®

MANUAL

for Families (up to 4 Hands)

HANDPRINT SET

from the Black Forest



Scan the QR code and go directly
to the video tutorial





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Questions? Call us on 0 76 55 90 99 99 9.

We are happy to help you!

Midcosta GmbH · Sägebühlweg 4 · 79868 Feldberg · info@soulbaby.de

CONTENT OF THE KIT

The SoulBaby® Handprint set contains following components:

- **Bucket**
- **2 kg of cast (2 Bag)**
- **750 G of Alginate**
- **Disposable gloves**
- **Wooden spatula**
- **Wooden skewer**
- **Sandpaper**

Material required

In addition to the content of the kit, prepare the following materials so that you have everything at hand:

- **Kitchen scale or measuring cup**
- **Hand mixer or Whisk**
- **Bowl**
- **Tablespoon**

INTRODUCTION

These instructions will help you quickly and safely create your own individual artwork in 10 easy steps. We'll show you everything step by step so that everything goes according to the plan and you can enjoy a beautiful handprint for a long time. Follow the instructions carefully to achieve a perfect result.



Is this your first time making a handprint?

No problem, we've thought of everything. First read through the entire instructions and only then start implementing the individual steps.

If you still have questions despite the detailed instructions, we will be happy to help you. If you have any questions, ideas or suggestions, you can contact us by email at info@soulbaby.de or by phone at on **0 76 55 90 99 99 9. We look forward to any honest feedback.**



In addition to the operating instructions, we have also produced a video instruction for you. Simply scan the QR code and you will be taken directly to the video instructions.



Have fun!

Warm greetings from the Black Forest. The SoulBaby® team®

A NOTICE

The operating instructions are part of the SoulBaby® handprint set. It contains important information about the procedure and handling.



Read the instruction manual carefully, especially the safety instructions, before you start using the handprint kit. Failure to follow these instructions may result in injury or incorrect use of the handprint kit and may adversely affect your results.

Follow our instructions exactly. This is the only way we can promise you a perfect result. No liability is accepted for incorrect use.





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EXPLANATION OF SYMBOLS

The following symbols and signal words are used in these operating instructions.

DANGER - This signal word indicates an imminent danger. If it is not avoided, serious injuries will result.

WARNING - This signal word indicates a hazard with a medium level of risk that can result in serious injury.

CAUTION - This signal word indicates a potentially imminent danger. If it is not avoided, minor or slight injuries may result.

A NOTICE - This signal word warns of possible damage to property.



This symbol gives you useful additional information on operation or handling.

Copyrights

No part of this document may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopying, recording or otherwise, without prior written permission.

SAFETY

Intended use

The Handprint Set is intended solely for molding hands to create a plaster handprint. It is intended for private use only and is not suitable for commercial use.

Only use the handprint set as described in this instruction manual. Any other use is considered improper and may result in damage to property or even personal injury.

The manufacturer accepts no liability for damage caused by improper or incorrect use.



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Safety instructions

WARNING - Risk of poisoning



Plaster and alginate are not suitable for consumption. Ingestion may cause damage to health. If plaster and / or alginate are swallowed. If plaster and / or alginate are swallowed, consult a doctor immediately.

WARNING - Irritation the Respiratory tract/ Eyes



Take care when decanting plaster and alginate. Inhalation of dust may irritate the respiratory tract and/or cause severe eye damage. In case of emergency, rinse eyes under running water and seek medical attention immediately.

CAUTION – Material damage



Remains of alginate and gypsum must not be flushed down the drain. Alginate and gypsum residues in the drain can lead to blockage of the pipes. Material residues must be disposed of in the residual waste.

DANGER – for children



The SoulBaby® Handprint Set is not a toy. Not suitable for children. Keep out of the reach of children. Use only under adult supervision.



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PREPARATION

Open your kit and take out all the components supplied. Find a stable place for the bucket (e.g. a table, a chair or on the floor) where you can later sit comfortably with your hands in the bucket for up to 10 minutes. Wash your hands thoroughly and apply hand cream, this will make your imprint even more detailed (rings will also be reproduced in detail).

NOTE



Alginate sets much faster in tap water with a high lime content. We therefore recommend using distilled water to mix the alginate if the tap water contains a lot of lime. The lime content of tap water can be determined quickly and easily by location using the following link:

<https://bit.ly/kalk-check>





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10 STEPS TO THE PERFECT HANDPRINT

In this step you will need:

- 1 Bucket (Please only use the bucket provided. The amount of alginate and plaster are exactly measured for this).
- 2 Bag labelled "STEP ONE ALGINATE"
- 3 mixer or whisk

1. CHOOSE POSE

First, decide what you want your artwork to look like. Once the alginate is mixed, you won't have time to think about a nice position for your hands.

Tip: You can find lots of inspiration for beautiful poses on Pinterest.

Try out your favourite position(s) in the empty bucket to find your favourite pose. Put your hands together in the desired pose and hold them in the empty bucket. For a perfect result, you should have a distance of about 1 cm from the sides of the bucket and the bottom in your desired position.

A NOTICE



Liquid alginate can stain clothing. We therefore recommend that you wear old clothes.

A NOTICE



Alginate can cause stains on the floor.
We therefore recommend spreading a dirt-resistant pad under the bucket.



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2. MIXING THE ALGINATE

Note: Depending on the lime content of your tap water, you have a maximum of 120 seconds to mix the alginate completely with the water. After that, the alginate begins to harden.

Fill the bucket with 3.3 litres of cold tap water. Set the mixer to level 1 (=slow) and dip the stirring rod into the water. Then gradually add the entire contents of the two bags labelled "STEP ONE ALGINATE" to the bucket and immediately start to mix the alginate in circular motions with the hand mixer. Smaller lumps will dissolve by themselves later and are not a problem.

Make sure that no powder remains on the inside of the bucket. As soon as the color of the alginate changes from purple to light pink, the alginate begins to harden and you must quickly move on to the next step.

3. DIP YOUR HANDS

Now speed is the essence. Put the hand mixer aside and dip your hands to the bottom in the desired pose. Immediately pull your hands up again to wet them completely with alginate up to the wrist and dip them in again immediately. For a perfect result, make sure not to touch the sides or the bottom of the bucket when dipping again. Now position yourself about 1 cm above the bottom of the bucket. Keep distance of about 1 cm all around, as touching the bucket can lead to dents and inaccurate molding.





4. MAKING THE MOLD

Now hold your hands in position for about 3 - 10 minutes until the alginate is firm. To test whether the mixture is firm enough, you can press lightly on the surface with a finger. As soon as it feels firm and no more residue remains on your finger, you can carefully loosen your hands with light back and forth movements and pull them out one by one.

5. RINSING THE BUCKET

Place the bucket in the sink and fill it with cold tap water. Carefully rinse the impression in the bucket by swirling it to loosen any loose alginate residue. Carefully pour off the water over the washbasin. Make sure that the imprint does not come out of the bucket when you tip or turn the bucket over.

In this step you will need:

- 1 Bowl with a capacity of approx. 2.5 litres.
(Ideally with a spout, this makes it easier to pour out the plaster)
- 2 Bag labelled "STEP TWO PLASTER"
- 3 Bucket with the molded hands
- 4 Disposable gloves

6. MIXING THE MASS

Pour 800 ml of cold tap water into the bowl. Next, sprinkle the entire contents of the "STEP TWO GIPS" bag evenly over the bowl. Allow the plaster to sink into the water for 15-20 seconds. Put on the disposable gloves and start massaging the plaster in slowly and evenly. Massage and knead the plaster until there are no more lumps.



7. POURING THE CAST

Slowly pour about one third of the plaster mixture into the bucket (pouring quickly can cause unwanted bubbles). Slowly turn the bucket in gentle large circular motions until the plaster just barely spills over the edge to wet the entire inside surface of the impression with plaster. Repeat these circular motions about 10 times.

The circular motion is very important so that the plaster is optimally spread and all the desired details are visible on the impression later.

Pour approximately $\frac{1}{3}$ of the plaster. Turn the bucket again several times in gentle large circular motions. Then tap the outside of the bucket with the heel of your hand to lift any air bubbles that sometimes appear during pouring.

Pour the last third of the plaster and again tap the outside of the bucket with the palm of your hand to lift the last air bubbles.

8. LET THE HANDPRINT HARDEN

Leave the handprint to harden for 45 minutes at room temperature. After 1 hour at the latest, you must go to step 9, otherwise yellow areas may form on your handprint. Place the bucket in a place without sunlight or heat to dry. Clean all the materials used (spoon, hand mixer, bowl, etc.)

CAUTION – Material damage



Alginate and plaster residues must not be flushed down the drain. Alginate and plaster residues in the drain can lead to blockage of the pipes. Material residues must be disposed of in the residual waste.



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In this step you will need:

- 1** Bucket with hardened Handprint
- 2** Wooden skewer
- 3** Wooden spatula

9. UNMOLDING

After 1 hour at the latest, you must remove your artwork from the alginate. To do this, carefully run the wooden spatula along the inner edge of the bucket to loosen the alginate from the bucket.

Then carefully turn the bucket upside down to remove the contents from the bucket. If the print does not come out of the bucket, press gently against the bottom of the bucket from above.

As soon as you have removed the imprint from the bucket, take the wooden spatula and use it to carefully cut the alginate mass all around so that you can carefully remove individual pieces of alginate with your fingers.

Step by step, remove all the alginate from your plaster handprint. Be very careful not to damage the handprint and accidentally break off a finger. The wooden skewer helps you to remove even the smallest pieces of alginate from the spaces between the individual fingers.



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In this step you will need:

- 1 Handprint**
- 2 Sandpaper**

10. FINE-TUNING

After 5 days your plaster handprint is completely hardened. If there are still some bubbles on your handprint, you can carefully remove them with the sandpaper or the wooden skewer.

Be careful not to accidentally sand away the detailed skin wrinkles. It is best to try out the sandpaper on an inconspicuous area first.

DONE!

Congratulations!

We wish you much joy with your unique Handprint.

Best wishes from Black Forest.

SoulBaby® team



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HELP

Your handprint didn't work, even though you followed the steps and instructions exactly?

We are very sorry! If you are not satisfied with the result, please send us a photo by email or WhatsApp.

- a photo
- your order number
- a short description

to info@soulbaby.de or 0156 78 42 01 93

We will get back to you as soon as possible!

Best wishes from Black Forest.

SoulBaby® team





WE LOVE FEEDBACK

**Are you totally happy with your handprint set and would like
to help others with their decision?**

We appreciate your feedback and every honest review!



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