

# INTRODUCING REMplenish Jr FOR AIRWAY HEALTH



## SIGNS OF A RESTRICTED AIRWAY:

- Snoring
- Mouth Breathing
- Restless Sleep
- Chronic Fatigue
- Depression and Anxiety
- Brain Fog or Headaches
- Dark Under-eye Circles
- Night Time Bathroom Visits
- Bed Wetting in Children
- Enlarged Tonsils or Adenoids
- Ear or Upper Airway Infections

## WHAT IS A REMplenish Myo-Nozzle?

It's an ingenious nozzle that provides targeted myofunctional exercises that strengthen the tongue and upper airway muscles, while you drink water. This can reduce snoring, improve breathing and sleeping!

**IT'S AS EASY AS  
DRINKING WATER!**



LEARN MORE AT  
[www.REMasteredsleep.com](http://www.REMasteredsleep.com)