

REMplenish™ FOR AIRWAY HEALTH



SIGNS OF A WEAK AIRWAY:

- Snoring
- Mouth Breathing
- Restless Sleep
- Chronic Fatigue
- Depression and Anxiety
- Brain Fog or Headaches
- Dark Under-eye Circles
- Night Time Bathroom Visits
- Bed Wetting in Children
- Ear or Upper Airway Infections

WHAT IS REMplenish?

REMplenish is a water bottle or straw with an ingenious nozzle that provides targeted myofunctional exercises that strengthen the tongue and upper airway muscles to improve airway health.

IT'S AS EASY AS DRINKING WATER!



LEARN MORE AT www.REMasteredsleep.com