

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
BREAKFAST	Strawberry Protein Mix Cosmic Cacao	Cherry Cacao Protein Mix Cosmic Cacao	Blueberry Protein Mix Cosmic Cacao	Apple Protein Mix Cosmic Cacao	Raspberry Protein Mix Cosmic Cacao
LUNCH	Curry Cauliflower Bowl	Blueberry Beetroot Bowl	Harissa Bean Stew	Broccoli Herb Quinoa Bowl	Spring Greens Risotto
SNACKS	Tamari Almonds	Crunchy Pumpkin Seeds	Salted Popcorn	Roasted Edamame	Curried Cashews
DINNER	Sun-dried Tomato with Chickpea Casarecce Pasta 2x Relaxation Tablets	Kimchi Fried Brown Rice 2x Relaxation Tablets	Green Thai Curry with Buckwheat Ramen Noodles 2x Relaxation Tablets	Coconut Chickpea Curry 2x Relaxation Tablets	Sweet Potato Chili 2x Relaxation Tablets