

MEDITERRANEAN CHICKEN

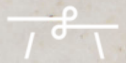


TABLE & TWINE

Chicken



Orzo



Contains Gluten

Asparagus



Tarragon
Cream



Contains Dairy

- STEP 1** Preheat oven to 425°F (400°F for convection oven). Unwrap brown parchment paper and lay flat on a baking sheet. Remove chicken from plastic and place on parchment paper. Place chicken in hot oven for 10 minutes.
- STEP 2** After 10 minutes have passed, add asparagus to the baking sheet with chicken. Return chicken and asparagus to oven for an additional 5 minutes, or until chicken reaches an internal temperature of 165°F and the asparagus is heated through.
- STEP 3** While the chicken and asparagus are heating, transfer the creamy orzo to a microwave safe bowl and microwave for 1-2 minutes, stirring halfway through, until heated through.
- STEP 4** Transfer tarragon cream sauce to a microwave safe bowl and microwave for 30-60 seconds, stirring occasionally until heated through. Top chicken with warm tarragon cream sauce and serve immediately.