



BOURBON
CHICKEN

Chicken



White rice



Scallions



Carrots



Bourbon
sauce



STEP 1

Preheat oven to 425°F (400°F for convection oven). Remove lid and place chicken pieces and place on a parchment lined or a greased sheet pan. Place carrots next to chicken. Place in hot oven for 10-15 minutes. Remove chicken from oven, drizzle bourbon glaze on top and return to oven for 3-5 minutes or until chicken reaches an internal temperature of 165°F.

STEP 2

While the chicken is roasting, transfer rice to a microwave safe dish and heat for 1-2 minutes, stirring when needed. Toss rice with scallions.

STEP 3

To plate your meal, place bourbon chicken next to rice and carrots. Serve immediately.