

SplitFast[™] Athlete Timing System

1. QUICK START GUIDE

- 1.1 Congratulations on your purchase of the SplitFast training and measurement timing system!
- 1.2 The SplitFast System measures your start time, reaction time, sprint and finish time and intermediate split times. Distance athletes and cyclists can use the SplitFast System to measure their lap times. The SplitFast System analyses your results to find your strong and weak areas, then provides training suggestions to help you focus and improve.
- 1.3 Information recorded on the SplitFast Devices is loaded onto our Application which is then recorded and analysed. The Application will then provide an individualised training program for you.

WARNING! The Laser Timing Gate contains a laser emitter to detect athlete motion. The emitter produces LASER RADIATION. Do not stare into the beam or view directly with optical instruments.

For more information about the SplitFast System, including Video User Guides, please visit our Site at: <u>www.splitfast.com/getstarted</u>.

2. INCLUDED IN THE GATE BOX

- 2.1 The Laser Timing Gate pack includes the Gate Module, an adjustable tripod, a battery compartment cover with tripod mount and a reflective armband. Please read the instructions below to learn how to configure and get started with the SplitFast Device.
- 2.2 Insert 4 x AA batteries (not included) in the gate timing module The batteries are oriented with the (-) terminal at the spring end and the (+) terminal at the tab end of the battery enclosure. All 4 batteries are oriented the same way.
- 2.3 **Turn the gate on** by pressing and holding the On/Off button on the side of the gate until the Status light begins to blink. Turn the Gate Off by pressing the On/Off button on the side of the timing module and holding it pressed until the status light turns off.
- 2.4 Attach the battery cover The battery cover snaps into place over the batter compartment.
- 2.5 **Connect the tripod** Fit the timing module to the tripod by screwing the mounting point on the back of the battery cover onto the threaded section at the top of the tripod. The tripod can now be adjusted so the laser sensor aims at your upper torso in the area you are wearing the reflective band.
- 2.6 **Connect to the Gate** Go to the Apple App Store on your iPhone device and download the Application.
- 2.7 **Configure the Gate** Once connected you can configure the Gate according to your needs. Please refer to the quick start videos on our Site at: <u>www.splitfast.com/getstarted</u> for instructions.
- 2.8 Aim the Gate laser beam The Gate uses a laser emitter with an optical filter that projects a narrow, vertical beam pattern that will reflect off the wearable reflective armband included with the Gate. The reflected beam is received by the Gate laser receiver to detect when you cross the beam. The beam pattern can be aimed by tilting the adjustable tripod mount to direct the beam towards the track at chest height. The chart below shows how the height of the beam changes based on the distance between the wearable reflector target and the Gate. 3 meters works well in most cases.
- 2.9 The reflector only needs to cross somewhere in the vertical beam area, which makes it easy to aim the beam to reliably detect the reflector. Because the beam is very narrow in the horizontal plane, the Gate provides high precision at the distance it is placed on the track. The best way to aim the beam is to connect to the Gate with the Application and monitor the beam status as you walk past the Gate. Adjust the angle of the Gate Timing Module on the tripod until it reliably detects you as you cross the beam.

2.10 **Status lights** – The STATUS light on the Gate module will blink slowly when the Gate is powered On and operating normally. The MOTION light blinks quickly when the laser sensor detects the presence of an athlete wearing a reflective armband.



3. INCLUDED IN THE WRISTBAND TAG BOX

- 3.1 The Wristband Tag box includes the Tag module, a wristband case, and a USB charging cable. To charge the Tag, remove the Tag module from the wristband and connect the **magnetic** charging cable to the back of the Tag. The Tag can be charged with any 5V USB charging adapter.
- 3.2 You are now ready to run a trial! Now that your system is up and running, we recommend you watch the training videos on our Site to learn how to use your new SplitFast Device, to measure your performance and analyse your results.
- 3.3 Understanding how the SplitFast System works The Application runs on Bluetooth. The Tag contains a digital stopwatch to measure and record your results, and an accelerometer to detect your starting motion. As you run down the track, the Gates communicate with the Tag over Bluetooth to record the time that each Gate laser sensor was broken. These results are saved in the Tag and synced to the Application. You don't have to carry your iPhone when you are running, you only need it to configure a Trial, view your Results and view the Training recommendations. For added convenience, the Application for Apple Watch can be used to view your results during a Trial.

4. DEFINITIONS

4.1 In this Quick Start Guide ('**Guide**') the following terms have the corresponding meanings, unless the contrary intention appears:

Application means the SplitFast device software known as 'SplitFast Timing';

Site means our website, found at: https://splitfast.com;

SplitFast means SplitFast Pty Ltd ACN 627 997 022 and its related entities (referred to in this document as 'we', 'us' or 'our');

SplitFast Devices means includes one or more of the following:

(a) Bluetooth laser timing Gate ('Laser Timing Gate');

(b) SplitFast Wristband Tag ('Wristband Tag')

SplitFast System means the SplitFast Devices and the Application;

You, means the user of the SplitFast System, having acknowledged and agreed to these Terms; Terms means this Guide, SplitFast, the Application, and our Site and any information or content provided through these means, as amended from time to time.

5. DISCLAIMER

- 5.1 The SplitFast System is provided "as-is", without warranty of any kind, except as required by law. Without limiting the foregoing or any other terms or agreements you have with us, we explicitly disclaim all express or implied warranties arising out of or related to these Terms, including any warranties of merchantability, fitness for a particular purpose, quiet enjoyment, or non-infringement, and any warranties arising out of the course of dealing or usage of trade. We make no warranty that any of the features of the SplitFast System will meet your requirements or be available on an uninterrupted, secure or error-free basis.
- 5.2 This means that while the SplitFast System and any other services or information offered or provided by SplitFast from time to time is intended to help you pursue your personal health, fitness and wellness goals, we do not guarantee that you will achieve your goals. We make no endorsement, representation or warranty of any kind about any information on the SplitFast System offered by SplitFast, provided to you by any means. We are not responsible for the accuracy, reliability, availability, effectiveness or correct use of information you receive via the SplitFast System and we are not responsible for any health problems that may result from your reliance on these matters. If you engage in any health, fitness or wellness program or activities that you learn about through the SplitFast System, you agree that you do so voluntarily and at your own risk. If you experience a medical emergency while using the SplitFast System, consult with a medical professional immediately.

6. RELEASE AND INDEMNITY

6.1 To the maximum extent permitted by Law, you (in your own right or as guardian of you, as the case may be):

(a) release SplitFast from any claims whatsoever against SplitFast in respect of injury or death; or (b) waive and exclude all rights that you may have against SplitFast in respect of any claim against SplitFast;

(c) without excluding, restricting or modifying the rights afforded to you by virtue of any consumer guarantees or warranties applicable to you under the Australian Consumer Law, from any claims whatsoever in respect of any loss suffered or incurred by you arising from or in connection with the SplitFast System.

6.2 You (in your own right or as guardian of you, as the case may be) indemnify SplitFast and will keep indemnified, SplitFast against any liability suffered whatsoever or incurred by SplitFast as a result of or in connection with:

(a) your breach of these Terms or failure to comply with directions of use of the SplitFast System;
(b) without excluding, restricting or modifying the rights afforded to you by virtue of any consumer guarantees or warranties applicable to you under the Australian Consumer Law, loss suffered or incurred by you through arising from or in connection with the SplitFast System;

(c) your use of and participation with the SplitFast System including without limitation, injury, death or loss suffered or incurred by you.

7. WAIVER

- 7.1 **Waiver** means the terms set out in this clause 7, as amended from time to time.
- 7.2 **Risk Warning** means the risk warning given under these Terms or the SplitFast System and any verbal or other warning of risks associated or in connection with the SplitFast System or associated activities given by or on behalf of SplitFast from time to time, and that by utilizing the SplitFast System, you agree that: (a) you are bound by these Terms; and

- (b) where you are a minor, you:
 - (i) agree to these Terms as guardian on behalf of you, and to the extent permitted by Law, you are bound to these Terms;
 - (ii) warrant that you agree to be bound by these Terms; and
 - (iii) are responsible for the actions, omissions or any breach of these Terms as if you were you.

8. OBVIOUS RISK

8.1 You acknowledge and accept that under the Civil Liability Act 2003, SplitFast may not be liable for any harm suffered by you due to failure to comply with these Terms.

9. RISK WARNING

9.1 You acknowledge that you:

(a) have been provided with the disclaimer under clause 5 of these Terms;

(b) by participating in the SplitFast System, you accept all risks, including but not limited to those associated with the SplitFast System;

(c) The assumption of risk under clause 7.2 or elsewhere under these Terms, constitutes a 'risk warning' in accordance with the relevant laws.

(d) Without limiting SplitFast's rights at law or under these Terms, you accept and warrant that you utilize the SplitFast System at your own free will and at your own risk.

10. FITNESS TO PARTICIPATE AND MEDICAL INFORMATION

10.1 You acknowledge and accept that SplitFast is not qualified or required, and is unable, to assess and make any determination for the suitability of your use of the SplitFast System, including but not limited to: (a) your fitness level or health;

(b) your physical or mental ability to engage with or utilise the SplitFast System; and

(c) information presented on the SplitFast System is for informational purposes only and does not replace the advice of a health care professional. It is your responsibility to seek a professional medical assessment and advice before beginning any new physical activity or training program.

11. RISKS OF PARTICIPATION

11.1 Without limiting any other provision of these Terms or under any law (including without limitation the Civil Liability Act 2003), you acknowledge and accept that you are aware of and accepts all risks associated with or in connection with your use of the SplitFast System including but not limited to those associated with:

(a) undertaking physical activities;

(b) the safety of any personal equipment used in conjunction with the SplitFast System;

(c) to the extent permitted by law, defaults, acts and omissions including negligent defaults, acts and omissions of SplitFast.

12. BAR TO PROCEEDINGS

- 12.1 You acknowledge that SplitFast may plead the releases in these Terms generally as a bar to proceedings commenced by you (whether in your own right or as guardian, and on behalf of, you) in connection with your use of the SplitFast System.
- 12.2 Any provision of these Terms which is prohibited or unenforceable in the jurisdiction specified in in these Terms will be ineffective in that jurisdiction to the extent of the prohibition or unenforceability. That will not invalidate the remaining provisions of these Terms nor affect the validity or enforceability of that provision in any other jurisdiction.

13. WAIVERS

13.1 A party does not waive a right, power or remedy if it fails to exercise or delays in exercising the right, power or remedy. A single or partial exercise of a right, power or remedy does not prevent another or further exercise of that or another right, power or remedy. A waiver of a right, power or remedy must be in writing and signed by the party giving the waiver.

14. SURVIVAL

14.1 Any indemnity or any obligation of confidence under these Terms is independent and survives termination or cessation of the SplitFast System. Any other Terms, by their nature are intended to survive termination or cessation of your use of the SplitFast System and survives its termination.

15. RADIO TRANSMITTER COMPLIANCE

15.1 The SplitFast Timing Gate contains a Bluetooth radio transmitter qualified by Bluetooth SIG with design ID 101625. The module has been assigned the following international approvals:

USA FCC Part 15: Contains FCC ID: 2AA9B04
AUS/NZ RCM: Complies with AS/NZS 4268:2017
Mexico IFETEL IFT:NYCE/CT/0146/17/TS
Canada IESD RSS-247: Contains IC: 12208A-04
Japan MIC: Certificate R210-106799
Brazil ANATEL Approval: 0315418-11156
EU Radio Equipment Directive: 2014/53/EU
South Korea KCC Certificate: R-CRM-RgdBMD-300