

oils for PETS

SAFETY, BEST OILS TO USE, RECIPES AND MORE

You may ask yourself, which kind of pets can benefit from essential oils? The common ones are dogs and cats. But did you know that horses, birds, reptiles, amphibians, rabbits and more can benefit from these gifts of the earth?



PRECAUTIONS

Dilution: Always dilute essential oils when using them on or around pets, especially cats and smaller animals. A little goes a long way.

Avoid Sensitive Areas: Never apply essential oils near their eyes, ears, nose, or sensitive areas. Always use oils in a well-ventilated area.

Diffusing Safely: When diffusing oils, ensure your pet can leave the room if they want to. Use pet-safe essential oils and start with a low dilution.

Monitoring: Pay close attention to your pet's reactions. If you notice discomfort, sneezing, coughing, or unusual behavior, discontinue use immediately.

Consult Your Vet: If you have any concerns or questions about using essential oils with your pet, consult your veterinarian.

DILUTION

Just like applying oils to your babies, we want to always dilute our oils with our pets. Based on information by Dr. Janet Roark, here is a simple dilution percentage to follow.

Cats: 0.5% - 2% (1- 4 drops per 10ml of carrier oil)

Dogs: 0.5% for hot oils and for dogs under 20 lbs/ 9 kg, use up to 3% for gentle oils with larger dogs (1- 6 drops per 10ml of carrier oil)

Horses: 5%-10% for hot oils with sensitive-skinned horses, otherwise undiluted (10- 20 drops per 10ml of carrier oil)

Rabbits and other small Rodents and Reptiles:
0.5% - 1% (1-2 drops per 10ml of carrier oil)

Goats or Sheep: 2% - 10% for hot oils - gentle oils may be used undiluted (1- 20 drops per 10ml of carrier oil)

best oils FOR DOGS



Lavender: calming properties

Copaiba: use it for everything!

Frankincense: minor skin irritations

Helichrysum: minor skin irritations

Roman Chamomile: anxious feelings and sleep

Ginger: support digestive health & nausea

Cardamom: digestive and respiratory support

Peppermint: respiratory and cooling support

Cedarwood: keep pests away and calming

Balance®: grounding and relaxation

Lemongrass: keep pests away

Myrrh: skin health and minor irritations

Turmeric: joint and mobility issues

Marjoram: muscle tension

joint SPRAY

FOR DOGS



As our dogs age, their joints may get a little stiff, so here is a top blend that supports them:

Combine 1-5 drops each (depending on the weight of the dog) of Myrrh, Helichrysum, and Copaiba topped with carrier oil and apply directly to the joints as needed.

CALM spray



Help your pet stay calm during a storm

Mix 10-12 drops of Lavender, Serenity® or Balance®, with Fractionated Coconut Oil or water in a two-ounce spray bottle. Spray on a blanket, bed, or even on your hand for comforting tummy scratches before a scary thunderstorm or other stressful event. Shake before each use.

best oils FOR CATS



Here are the top six essential oils that can be used safely for cats when diluted and applied appropriately: **Lavender, Copaiba, Cardamom, Fennel, Frankincense and Helichrysum.** Always remember that cats are more sensitive to essential oils than some other animals, so proper dilution and cautious use are crucial.

Consult with a veterinarian before introducing any new essential oils to your cat's routine, especially if your cat has preexisting health conditions or is pregnant.