



All Natural

MASK SPRAY RECIPES

INSTRUCTIONS FOR 2 OZ. SPRAY BOTTLE
ADD INGREDIENTS, SHAKE AND SPRAY

RESPIRATORY

- 1 OZ WITCH HAZEL
- 1 OZ DISTILLED WATER
- 20 DROPS BREATHE RESPIRATORY BLEND

SEASONAL THREATS

- 1 OZ WITCH HAZEL
- 1 OZ DISTILLED WATER
- 10 DROPS EACH LEMON, LAVENDER & PEPPERMINT ESSENTIAL OILS

SKIN SOOTHER

- 1 OZ WITCH HAZEL
- 1 OZ DISTILLED WATER
- 20 DROPS TEA TREE ESSENTIAL OIL

CALMING

- 1 OZ WITCH HAZEL
- 1 OZ DISTILLED WATER
- 20 DROPS LAVENDER ESSENTIAL OIL



BREAKOUTS

To address blemishes and breakouts, spray Skin Soother onto a cotton ball and dab on clean skin

HEALTHY

- 1 OZ WITCH HAZEL
- 1 OZ DISTILLED WATER
- 20 DROPS ON GUARD IMMUNITY BLEND

ENERGIZING

- 1 OZ WITCH HAZEL
- 1 OZ DISTILLED WATER
- 10 DROPS PEPPERMINT
- 10 DROPS WILD ORANGE ESSENTIAL OIL

COOLING

- 1 OZ WITCH HAZEL
- 1 OZ DISTILLED WATER
- 10 DROPS PEPPERMINT
- 10 DROPS LEMON ESSENTIAL OIL