



ATHLETE GUIDE Sunday February 11, 2024

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Event Schedule

Friday February 9, 2024		
Sunrise 7:07am Sunset 6:10pm		
Time	Activity	Location
4:00 - 7:00 PM	Registration & Packet Pick Up	ONEDAYTONA- The Retreat
4:00 - 7:00 PM	CLASH Expo & Merch Open	ONEDAYTONA- The Retreat

Saturday February 10, 2024		
Sunrise 7:06am Sunset 6:11pm		
Time	Activity	Location
12:00 - 4:00 PM	Registration & Packet Pick Up	ONEDAYTONA- The Retreat
12:00 - 4:00 PM	CLASH Expo & Merch Open	ONEDAYTONA- The Retreat

Sunday February 11, 2024 Sunrise 7:06am Sunset 6:11pm		
5:30 - 6:30 AM	Late Packet Pick Up/Gear Check	ONEDAYTONA- The Retreat
7:15 AM	Half Marathon Race Start	Daytona Intl Speedway
7:15 AM	5K Race Start	Daytona Intl Speedway
7:30 - 11:00 AM	CLASH Expo & Merch Open	ONEDAYTONA- Victory Circle
8:15 AM	5K Awards	ONEDAYTONA- Victory Circle
10:15 AM	Half Marathon Awards	ONEDAYTONA- Victory Circle

Introduction and Rules

Minimum Age

CLASH Endurance is committed to providing a safe experience for all participants at our events. We have taken into consideration the recommendations of exercise physiologists, reviewed current research in long-term athlete development and USA Track & Field (USATF) guidelines in creating our age policies regarding our 5k and 1/2 marathon run events. Please review the table below for our most up to date guidelines.

Race Distance	Minimum Age	Suggested Maximum Frequency
5k	8	3 times per year until age 14
½ Marathon	12	1 time per year until age 18

Anyone under the age of 8 may participate in a 5k race, free of charge, however, they are not eligible for awards, finisher medals or athlete items.

Course Cut-Off Times

The 5K does not have a course cut off but everyone will be required to start on time. We cannot allow 5K athletes to start late.

The cutoff for the half marathon will be approximately 3 hours and 45 minutes, which is around a 17:10 pace. Easily a walk-run or fast walk. We will do what we can to accommodate slower runners, but due to traffic control we reserve the right to call the cutoff time.

*CLASH Endurance staff reserve the right to remove any athlete from the course. This includes removing athletes if it is not possible to complete the discipline in the allotted time. Athletes may also be removed from the course if CLASH Endurance staff determine it is no longer safe for the athlete to continue.

Event Information

Accommodations

In the vicinity of ONEDAYTONA you will find plenty of accommodation options, including hotels, bed & breakfasts, and vacation rental apartments. Our host hotels are listed below. The Fairfield Inn and The Daytona are most conveniently located options, located on ONEDAYTONA property.

Host Hotels

Fairfield Inn and Suites Daytona Beach Speedway/ Airport

1820 Checkered Flag Blvd. Daytona Beach, FL 32114 <u>https://www.marriott.com/event-reservations/reservation-link.mi?id=1667568476578&key=GRP&app=r</u> <u>esvlink</u>

The Daytona, Autograph Collection

1870 Victory Circle Daytona Beach, FL 31114 <u>https://www.marriott.com/event-reservations/reservation-link.mi?id=1667568476578&key=GRP&app=r</u> <u>esvlink</u>

Courtyard Daytona Beach Speedway

1605 Richard Petty Blvd. Daytona Beach, Florida 32114 https://www.marriott.com/event-reservations/reservation-link.mi?id=1703000870365&key=GRP&app=r esvlink

Getting to ONEDAYTONA

Travel by Air

The most convenient airport is **Daytona Beach International Airport**, just a few minutes from ONEDAYTONA. Another option is Orlando International Airport, a one-hour drive away.

Travel by Road

From the North (Jacksonville)

I-95 South to US-92, exit 260 C Keep left to US 92E Turn left onto Daytona Blvd. From there, signs and volunteers will show the way.

From the South (Melbourne)

I-95 to I4/ US 92 Keep left to US 92/ International Speedway Blvd. Exit 260C, merge right on US 92 Turn left onto Daytona Blvd. From there, signs and volunteers will show the way.

Travel by Road

From the East (Daytona Beach Area)

From A1A take any one of the area's bridges to US-1 US-1 to US-92/ W. International Speedway Blvd. Turn right onto Daytona Blvd. From there, signs and volunteers will show the

From the West (Orlando)

I-4 East to I-95N Follow signs for US 92 Exit 260C, merge right on US 92 Turn left onto Daytona Blvd From there, signs and volunteers will show the way.

The address of ONEDAYTONA is One Daytona Blvd., Daytona Beach, FL, 32114.

Parking

way.

Free parking is provided throughout the ONEDAYTONA property. Please see the map below for specific information. Signs and volunteers will show the way.

Once you park, please use the pedestrian bridges to walk towards the race Start near Gate 7 (Sunoco Sign) of Daytona International Speedway.



Ехро

The Expo is situated at Victory Circle in ONEDAYTONA directly after the race Sunday. Additionally, CLASH Endurance Merch Tent will be open in The Retreat at ONEDAYTONA during packet pickup hours and in Victory Circle on Sunday. Opening hours:

 Friday
 4:00pm – 7:00pm

 Saturday
 12:00pm – 4:00pm

 Sunday
 7:30am – 11:00am

Food and Drinks

Athlete Food will be provided after the race in our Finish Line/Expo area at Victory Circle in ONEDAYTONA. In addition, ONEDAYTONA offers a wide variety of food options and we invite you to support their restaurants, shops and activities.

Medical Information

Our Medical Tent will be located near the finish line. Additionally, we will provide basic first kits alongside the nutrition aid stations on course, and EMS as needed throughout the race course.

Safety

The safety of our athletes is of the utmost importance. Our course will have traffic controlled intersections and closures of certain vehicle lanes to accommodate runners. We will have a dedicated lead and tail vehicle, as well as vehicles to transport runners who may have to abandon the course.

Registration/Packet Pickup Process

Registration and Packet Pickup are open at the following times and locations:

Friday, February 9, 2024

Time	Activity	Location
4:00pm -7:00pm	Registration/ Packet Pick Up	ONEDAYTONA - The Retreat

Saturday, February 10, 2024

Time	Activity	Location
12:00pm - 4:00pm	Registration/ Packet Pick Up	ONEDAYTONA - The Retreat

Sunday, February 11, 2024

Time	Activity	Location
5:30am - 6:30am	Late Packet Pick Up/	ONEDAYTONA - The Retreat
	Gear Check	

Race Gear Information

During the Registration Process you will receive all your race gear that you need for the race. Every participant receives a Daytona 2 Beach Race bag filled with various items you'll need for the race.

- 1. Race number to be worn in front of you during the run. This is also your timing chip!
- 2. Some awesome athlete swag!

Please check to ensure that all these items are present. In case of deviations, please report this to Registration.

Gear Check

There will be a Gear Check area located at the entrance to The Retreat at ONEDAYTONA, on the morning of the race. Gear Check will be available from 5:30am-6:30am.

Timing

The progress of your race is tracked by a disposable transponder attached to the back of your bib number. Your bib number should be worn on the front of your torso.

5K Course

The 5k will start promptly at 7:15am. Due to the logistics of this race we cannot allow athletes to start late.

The 5k Course will start at Gate 7 of the infamous Daytona International Speedway, with athletes running through the speedway and on the track, out and over the pedestrian bridge crossing International Speedway Blvd, finishing at Victory Circle at ONEDAYTONA!



Half Marathon Course

The Half Marathon will start promptly at 7:15am. Due to the logistics of this race we cannot allow athletes to start late.

The course will start at Gate 7 of the infamous Daytona International Speedway, with athletes running through the speedway and on the track, then out International Speedway Blvd., towards Beach Street through Bethune Cookman College. Runners will head through the NEW Riverfront Esplanade, under International Speedway Bridge, continuing along the Halifax River, behind Jackie Robinson Park, back over Beach Street through historic neighborhoods finishing at Victory Circle at ONEDAYTONA!



***Course changes due to the construction at the base of International Speedway bridge, and traffic patterns at Orange Ave.

Both 5K and Half Marathon Course Maps are both available online to be downloaded at

clashendurance.com

*All Courses Subject to Change

Aid Stations

5K

There will be one aid station available on the 5k course. The on-course nutrition will include:

- Water
- Gatorade

Half Marathon

There will be 7 aid stations available on the half marathon course. The on-course nutrition will include:

- Water
- Gatorade
- Energy gels
- Bananas

Trash Zone

Please note that littering along the course is forbidden. You are allowed to throw away your trash only in the designated areas 100 meters before and after each aid station.

After the Race

Finish Line support

Our volunteers are ready to assist you after you finish. First, you'll receive your medal! If you require immediate medical assistance, our volunteers/staff will help you get to the medical tent nearest the Finish Line. In the Finish Line/Victory Circle area, athlete refreshments will be available.

ONEDaytona Offers

Visit any of the ONEDaytona shoppes that have a Daytona 2 Beach window sign and show your medal to receive the offer on their sign!

Dropouts

In case you have failed to complete the race for any reason, please notify someone from the organization or an official as soon as possible.

Award Ceremony

Award Ceremonies are scheduled as such; please be available to receive your award during this ceremony.

Sunday February 11, 2024		
Sunrise 7:06am Sunset 6:11pm		
Time	Activity	Location
8:15 AM	5K Awards	ONEDAYTONA- Victory Circle
10:15 AM	Half Marathon Awards	ONEDAYTONA- Victory Circle

5K

Medals will be awarded to all finishers. Awards will be given 3-deep in each male and female age category as follows:

Overall, 12-15, 16-19, 20-24, 26-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+, PC (physically challenged).

Half Marathon

Medals will be awarded to all finishers. Top 10 Male and Top 10 Female finishers will receive a special recognition swag item.

Awards will be given 3-deep in each male and female age category as follows: 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+, PC (physically challenged).

For Supporters

There is no fee for spectators to park at the Daytona 2 Beach Half Marathon and 5K weekend. We encourage you to visit the Start Line to see your athlete off and then use the pedestrian tunnels to return to Victory Circle in ONEDAYTONA to cheer on your athletes as they cross the Finish Line.

Due to additional events happening at Daytona International Speedway, spectators are not available to be in the stands.

LIVE results

Download our CLASH Endurance app for Live Results and Tracking!





For Apple Products

For Android

Or visit - https://www.sportstats.us

The CLASH Endurance team would like to wish all the athletes a fantastic race! See you at the finish line!

For any additional questions please contact info@clash-usa.com