

Vegetable Lasagna

Heating Instructions: Remove plastic lid.
Heat at 350° for 25-30 minutes or until warm.

Nutrition Facts

Serving Size: 12 oz (411g)

Servings Per Container: Varied

Amount per serving

Calories 560

Calories from Fat 240

% Daily Value*

Total Fat 26g **40%**

Saturated Fat 14g **70%**

Trans Fat 0.5g

Cholesterol 130mg **43%**

Sodium 1030mg **9%**

Total Carbohydrate 40g **13%**

Dietary Fiber 5g **20%**

Sugars 8g

Protein 40g

Vitamin A 25% • Vitamin C 30%

Calcium 90% • Iron 15%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: RICOTTA (MILK PASTEURIZED, MILK NONFAT, VINEGAR, MILK FAT, GUAR GUM, CARRAGEENAN, XANTHAN GUM). MARINARA SAUCE ANGELA MIA, MOZZARELLA (CULTURED PASTEURIZED PART-SKIM MILK, SALT, ENZYMES, ANTICAKING BLEND (POTATO STARCH, CELLULOSE, NATAMYCIN (NATURAL MOLD INHIBITOR))). ENRICHED DURUM FLOUR (NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PASTEURIZED WHOLE EGGS, BETA CAROTENE, ZUCCHINI, EGGPLANT, EGG, PARMESAN (MILK, CHEESE CULTURES, SALT, ENZYMES), EGG YOLK, GARLIC, ITALIAN SEASONING (MARJORAM, THYME, ROSEMARY, SAVORY, SAGE, OREGANO, BASIL)

CONTAINS: MILK. EGG. WHEAT