## Vegan Crab Cake w/Coconut Lemon Caper Sauce

## Nutrition Facts

Serving Size: 2 pieces (170g) Servings Per Container: Varied

Amount per serving	9			
Calories 260	(	Calories from	n Fat 150	
		% Da	aily Value	
Total Fat 16g			25%	
Saturated Fat 6g			30%	
Trans Fat 0g				
Cholesterol 0mg			0%	
Sodium 380mg			16%	
Total Carbohydrat	t <b>e</b> 22g		7%	
Dietary Fiber 3g			12%	
Sugars 3g				
Protein 5g				
Vitamin A 8%	•	Vitan	nin C 15%	
Calcium 4%	•		Iron 15%	
* Percent Daily Values are values may be higher or k			-	
	Calories	2,000	2,500	
Total Fat	Less tha	n 65g	80g	
Sat Fat	Less tha	_	25g	
Cholesterol	Less tha	_	300mg	
Sodium	Less tha	n 2,400mg	2,400mg	
Total carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

INGREDIENTS: HEARTS OF PALM, CANNED, COCONUT MILK (COCONUT EXTRACT, WATER, CITRIC ACID
(AS ANTIOXIDANT), SODIUM METABISULFITE (AS
PRESERVATIVE)), ARTICHOKE (ARTICHOKE HEARTS,
WATER, SALT, CITRIC ACID, ASCORBIC ACID),
PANKO CRUMBS (WHEAT FLOUR. <2% OF SUGAR
YEAST. SOYBEAN OIL, SALT). WHITE WINE. ONION.
CELERY, VEGAN MAYO, LEMON JUICE, DRIED
SEAWEED, CORNSTARCH, GARLIC, OLD BAY SEASONING (CELERY SALT (SALT, CELERY SEED), SPICES
(INCLUDING RED PEPPER AND BLACK PEPPER) AND
PAPRIKA)

CONTAINS: COCONUT