

Nutrition Facts

Servings Per Container: Varied

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: HEARTS OF PALM, CANNED, COCONUT MILK (COCONUT EXTRACT, WATER, CITRIC ACID (AS ANTIOXIDANT), SODIUM METABISULFITE (AS PRESERVATIVE)), ARTICHOKE (ARTICHOKE HEARTS, WATER, SALT, CITRIC ACID, ASCORBIC ACID), PANKO CRUMBS (WHEAT FLOUR. <2% OF SUGAR YEAST. SOYBEAN OIL, SALT). WHITE WINE. ONION. CELERY, VEGAN MAYO, LEMON JUICE, DRIED SEAWEED, CORNSTARCH, GARLIC, OLD BAY SEASONING (CELERY SALT (SALT, CELERY SEED), SPICES (INCLUDING RED PEPPER AND BLACK PEPPER) AND PAPRIKA)
CONTAINS: COCONUT